



GYMNASTICS SASKATCHEWAN

2016-2017 ANNUAL REPORT

2016-2017 ANNUAL REPORT - YEAR IN REVIEW

MEMBER CLUBS AND INDIVIDUAL MEMBERS AS OF MAY 31

31	Adamo Rhythmic Gymnastics	Regina
18	Allan Gymnastics Club	Allan
2838	Amazing Adventure	Regina
75	Asquith Gymnastics Club	Asquith
81	Assiniboia Gymnastics Club	Assiniboia
365	Battlefords Gymnastics Club	Battlefords
78	Biggar Gymnastics Club	Biggar
58	Bohemka Rhythmic Gymnastics Club	Estevan
271	Calico Gym Club	Humboldt
2007	Can-Am Gymnastics Club	Saskatoon
128	Carnduff Gymnastics Club	Carnduff
46	Carrot River Gymnastics Club Carrot	River
17	Elrose Gymnastics Club E	lrose
202	Esterhazy Energizers Gym Club	Esterhazy
348	Estevan Gymnastics Club	Estevan
223	Gelico Gymnastics Club	Swift Current
90	Grenfell Gymnastics Club	Grenfell
60	Gymnastics Adventure Inc.	Regina
561	Gymtastiks of Moose Jaw	Moose Jaw
67	Hanley Gymnastics Inc.	Hanley
55	J&M Linklater Gymnastics Ltd.	Saskatoon
136	Kindersley Gymnastics Club	Kindersley
60	Kyle Gymnastics Club	Kyle
49	Lashburn Gymnastics Club	Lashburn
110	Leaps & Bounds Gymnastics Club	Melville
34	Line 19 Gymnastics Club	Loreburn
58	Luseland Gymnastics Club	Luseland
39	Maidstone Gymnastics Club	Maidstone
67	Maple Creek Gymnastics Club	Maple Creek
107	Marian Gymnastics Club	Saskatoon
1032	Marian Recreational Gymnastics	Saskatoon
37	Martensville Rhythmic Gymnastics Club	Martensville
236	Meadow Lake Gymnastics Club	Meadow Lake
116	Moose Mountain Jumpers Gym Club	Arcola
190	Nipawin Tumblers	Nipawin
20	North Valley Rhythmic Gymnastics Club	Neudorf
16	Northeast Rhythms Rhythmic Gymnastics	Melfort
119	Outlook Gymnastics Club	Outlook
77	Paradise Hill Dance and Gym Club	Paradise Hill
31	Pense Gymnastics	Pense
61	Perfect Balance Gymnastics Club	Hudson Bay
77	Prairie Ribbons Rhythmics Gym Club	Warman
797	Prince Albert Aerials	Prince Albert
1040	Queen City Gymnastics	Regina
136	Regina Rhythmic Gym Club	Regina
47	Ritmo Gymnastics	Saskatoon
27	Rocanville Gym Club	Rocanville
110	Rosetown Gym Club	Rosetown
164	Ross Gym & Fit	Wawota, Maryfield, Moosomin
17	Spices Fitness & Lifestyle	Buena Vista
44	Stockholm Gymnastics Club	Stockholm
87	Swift Current Rhythmic Gymnastics Club	Swift Current
41	T & T Adventure	Regina
1438	Taiso Gymnastics Club	Saskatoon
51	Tisdale Twisters Gymnastics Club	Tisdale
345	Tumblers Gymnastics	Martensville
99	Turn-A- Row Gymnastics Club	Wadena
76	Unity Gymnastics Club	Unity
144	Valley Gymnastics Centre	Waldheim
51	Wapella Gymnastics Club	Wapella
315	Wascana Rhythmic Gymnastics Club	Regina

357	Weyburn Gymnastics Club	Weyburn
59	Whitewood Gymnastics Club	Weyburn
53	Wymark Gymnastics Club	Wymark
383	Yorkton Shamrock Springers	Yorkton
39	Zero Gravity Gymnastics Club	Gull Lake

16211 Unique Club Members

MEMBERSHIP STATS

10353	Recreational Female
4042	Recreational Male
745	Competitive WAG
91	Competitive MAG
112	Competitive TG
124	Competitive RG
539	Coaches
164	Judges
222	Volunteers



NCCP Coaching Course	Discipline	Location	Date	Total # of Participants	Total # of Clubs
GF Intro	GFA	Gelico, Swift Current	Sept 3-5	6	2
GF Intro	GFA	Marian, Saskatoon	Sept 23-25	11	6
GF Intro	GFA	Estevan	Nov 26-27	9	3
GF Intro	GFA	GA, Regina	Dec 29-31	17	9
GF Intro	GFA	Marian, Saskatoon	Jan 20-22	7	3
GF Intro	GFA	GA, Regina	Mar 17-19	10	2
GF Intro	GFA	Tumblers, Martensville	Apr 21-23	12	8
GF Intro	GFA	Regina	Aug 18-20	TBD	
GF Theory	GFA	GA, Regina	Mar 17-19	10	2
GF Theory	GFA	Tumblers, Martensville	Apr 21-23	13	9
GF Theory	GFA	Regina	Aug 18-20	TBD	
GF Artistic	WAG/MAG	Gelico, Swift Current	Sept 3-5	6	2
GF Artistic	WAG/MAG	Marian, Saskatoon	Sept 23-25	12	6
GF Artistic	WAG/MAG	Estevan	Dec 10	6	3
GF Artistic	WAG/MAG	GA, Regina	Dec 29-31	17	9
GF Artistic	WAG/MAG	Marian, Saskatoon	Jan 20-22	8	4
GF Artistic	WAG/MAG	GA, Regina	Mar 17-19	11	2
GF Artistic	WAG/MAG	Tumblers, Martensville	Apr 21-23	13	9
GF Artistic	GFA	Regina	Aug 18-20	TBD	
GF Trampoline	TG	Tumblers, Martensville	May 7	10	3
GF Active Start	GFA	Tumblers, Martensville	Nov 27	12	4
GF Active Start	GFA	Gymtastiks, Moose Jaw	March 5	11	8
GF Active Start	GFA	Tumblers, Martensville	June 11-17	14	
GF Rhythmic	RG	Wascana, Regina	May 7	6	5
Level 2 Tramp Technical	TG	Prince Albert	Nov 11-13	7	4
Level 2 RG Technical	RG	Lakeview United Church, Regina	Sept 3-5	14	8
Level 3 WAG Practical	WAG	Taiso, Saskatoon	Feb 3	2	2
Competition 1	WAG/MAG	Saskatoon	Aug 10-13	TBD	

COACH DEVELOPERS

Thank you to our experts, who facilitate clinics, teach, mentor, evaluate and support coaching development in Saskatchewan.

Mark Kurmey, Julie Levasseur, Alynn Brischuk, Kara Thorpe, Jamie Benson, Lisa Pattison, Dexter Tantardini, James Goulet, Patti Greenley, Jen Fehr, Doug Hillis and Keith Russell.

HOSTING SUCCESS

The 2017 Western Rhythmic Championships were held in Saskatchewan for the first time since 2004. The University of Regina Gym 3 was a perfect setting for this event that showcased the top National and Provincial athletes in individual and group competition from across western Canada. We welcomed 249 athletes, 41 coaches, 28 managers, as well as family, friends and spectators. RG Westerns was hosted by Gym Sask and the Wascana RG Gym Club. Kudos to our sponsors, supporters, and thank you to all our volunteers and the local organizing committee for hosting yet another memorable event in Saskatchewan.

Gym Sask continues to host four-discipline Provincial Championships, and has done so every year for more than a decade. Only in Saskatchewan do we consistently run very successful joint Provincials, where all our athletes compete together under one roof. Congratulations to the Marian Gymnastics Club, under the direction of their President Cheryl Walker, for hosting an amazing Provincial Championship in May at the Saskatoon Fieldhouse. Even though Marian had not hosted Provincials for a few decades, and certainly had never hosted a multi-discipline event, they made it look easy! Congratulations Marian Gym Club volunteers and staff, and thanks for hosting our 383 athletes, 62 coaches, 58 judges, and stands full of spectators!

Congratulations also go out to our many clubs who hosted countless invitational competitions, events, performances, displays, clinics, workshops during the year.

TOWN HALL MEETING

As part of our Board of Directors' Strategic Plan to engage our members in planning for and implementing key strategies, clubs and members were invited to our first-even "Town Hall" meeting and social, held during Provincial Championships weekend. There was great attendance by coaches, parents, club administrators, judges and event organizers, and lots of exchanges of ideas and information on hosting strategies for future national events.

What's in store for our vision of hosting events - "SASKATCHEWAN IS THE PLACE TO BE"?

Confirmed events in the works:

2018 four-discipline Provincial Championships - Prince Albert

2018 TG Western Canada Cup - Regina Fieldhouse

2019 four-discipline Provincial Championships - Saskatoon

2019 MAG/WAG Western Championships - Saskatoon

2020 Canadian Championship for all disciplines - bid will be submitted to Gym Canada

2020 four-discipline Provincial Championships - Yorkton Gallagher Centre

2021 four-discipline Provincial Championships - Moose Jaw

GYM SASK BOARD OF DIRECTORS

Kelly Lang Chairperson

Dale Reed Director

Todd Stone Director

Brian Nestman Director

Paula Hesselink Director

Adrienne Gagnon Director

Sheralynn Steele Director

Doug Hillis Director

Donna Turner Director

Klara Miller CEO

GYM SASK STAFF

Klara Miller Chief Executive Officer

Cheryl Russell Operations Manager/TG Technical Coordinator

Kristi Mandzuk WAG Technical Coordinator/Events Coordinator

Jamie Benson Program Manager GFA, Coaching, Membership

Dalena Juarez RG Technical Coordinator

James Goulet MAG Technical Coordinator

TECHNICAL COMMITTEES

GFA GYMNASTICS FOR ALL

Jamie Benson

Kara Thorpe



Dalena Juarez
Julie Levasseur
Megan Bialowas
Victoria Flores
Lori Morphy

MAG MEN'S TECHNICAL

James Goulet
Dexter Tantardini
Markos Baikas (Gym Sask HP Coach)
Bryce Elliot
Jon Blazeiko

WAG WOMEN'S TECHNICAL

Kristi Mandzuk
Alynn Brischuk
Chris Baraniuk (Gym Sask HP Coach)
Amanda Brodner
Toni Hansen
Dana Brass
Jessica Ronn

TG TRAMPOLINE/TUMBLING TECHNICAL

Cheryl Russell
Armand Lavoie
Traci House
Danielle Roy
Kim Donald
Sam Anderson
Kelly Donald

RG RHYTHMIC TECHNICAL

Dalena Juarez
Danielle Veikle
Julie Levasseur
Anya Patlosova
Keeley Whittle

WAG PROGRAM HIGHLIGHTS

BY THE NUMBERS

WAG athletes - JO 1-5 (508), JO 6-10 (100), Aspire (12), HP (3).
WAG Clubs - 18 competitive, 3 Pre competitive only, 37 recreational only
WAG Judges - Provincial (44), National (10), FIG (1).
JO competitions (9), HP competitions (4), Aspire competitions (4).
Provincial Championships - 233 WAG athletes.

ATHLETE AND COACH DEVELOPMENT

We held our annual WAG Sask First testing in October, 32 athletes attending the testing. Selected 3 tiers of Sask First athletes: 3 selected to Tier 1, 13 selected to tier 2, and 9 selected to tier 3. Held two training camps this year for Sask First athletes; one for Tier 1 & 2 athletes with Joe Stouffer, Lorie Henderson & Isabella Onyshko. The second camp was for all 3 tiers with Joe Stouffer in Saskatoon.

Sask First athletes attended Gymnix (Tier 1 & 2) & UCIC (Tier 3) as a team. Funding for these athletes to out of Province competitions is 50%. Coaches were funded to Gymnix, UCIC, Westerns & Canadians. Ran a JO 3-5 camp this year with guest coach Deanna Critchley from Alberta - 85 athletes and 14 coaches attended.

Three coaches were accepting into WAG Competition 4.

JUDGE DEVELOPMENT

We held 8 JO 1 & 2 judging courses in smaller communities around the province in hopes of getting those judges to take JO 3-5 next year. We currently have 100 judges who can judge JO 1-2.

Held 2 JO 3-5 and 2 JO 6-10 judges courses in Regina & Saskatoon.

Toni Hanson became a Brevet judge this year.

Saskatchewan funded the following judges to out of province competitions:



1 judge to Elite Canada
2 judges to Gymnix
1 judge to UCIC
4 judges to Westerns
2 judges to Canadians

Saskatchewan has also started a Women's Judging Committee which was elected at our Provincial Championships.

HEALTH CARE/SPORT SCIENCE

Working with the Sports Medicine Council of Saskatchewan, Sask First athletes have attended nutrition seminars, mental training and strength and conditioning training throughout the year. We plan to do more athlete assessments and have ongoing individual monitoring and injury prevention. All Sask First coaches attended a concussion seminar this year

MAG PROGRAM HIGHLIGHTS

Gym Sask has maintained steady numbers with significant growth at the lower levels this year. We have had finalists and medalists in the Junior and Senior categories at Elite Canada and UCIC. Joel Gagnon performed a new element on parallel bars at a World Cup in Hungary and it is now recognized as a Gagnon in the FIG code of points. Four judges successfully completed the international judges course this year and maintained their FIG certification.

BY THE NUMBERS

Total MAG boys – 57
Provincial Pathways – P1 (21), P2 (11), P3 (2), P4 (2), P5 (4), Open (5)
Elite Pathways – E3 (2), E4 (2), Junior (2), Senior (6)
5 active MAG clubs in Saskatchewan
20 active judges in the province - 15 Provincial, 1 National, 4 FIG
4 MAG competitions were held in Saskatchewan this year - 3 invitationals (provincial and elite) and provincials (provincial and elite)
45 boys in total participated at Provincial Championships in Saskatoon on May 13 th and 14th, 2017

ATHLETE AND COACH DEVELOPMENT

Gym Sask provided several opportunities for coach and athlete development through camps and competitions. Training Camps for those athletes selected to be on the Sask First Team (those gymnasts with Elite and HP potential and those identified to potential contribute to the 2019 CWG team) were prioritized. Three of these camps were held at Taiso Gymnastics Club over several weekends throughout the year with focus on both athlete and coach development. There is also a one week, planned training camp to Toronto in mid-August. Three competitions were funded by Gym Sask for selected athletes from this Sask First pool for development; the Liukin Invitational in Dallas, UCIC in Calgary and Twisters Invitational in Abbotsford. There were no clinics for competitive MAG coaches in the province this year due to low numbers of new coaches. The goal is to host a C2 course at some point next year.

Each club in the province runs our provincial pre-competitive program, though numbers and participation is low. We are currently looking at new alternatives to be implemented for next season to increase numbers. There is a pool of money set aside by Sask Sport to help with travel and development of HP athletes in the province. This money was distributed and used on our highest potential gymnasts which were selected by the MAG HP Coach and the MTC. These athletes were selected to be on the Sask First Team. This money helps with travel to identified competitions (including Elite Canada and Canadian Championships), training camps (including GCG camps such as 2020 hopeful camps) and sport science programs (including nutrition seminars, sport psychology and sport specific condition programs).

JUDGE DEVELOPMENT

Two judging courses were held in Saskatchewan this year. One entry level course with 8 judges (3 new judges) and one advanced course with 7 judges (no new judges attended this course). Four judges attended International FIG judging courses (3 in Toronto, 1 in Croatia). All participating judges passed and we now have 2 FIG Cat 3 and 2 FIG Cat 4 judges in the province.

We have 2-3 judging courses planned for the upcoming season. 1-2 entry level course (depending on interest) and 1 advanced course. We are also planning on hopefully sending 4 new judges to a National Course this year to get certified.

There has been a slight increase in entry level judging numbers, but interest has remained relatively stable. There is always problem at events like Provincial Championships trying to find qualified judges for the HP session because most of the more experienced judges in the province are also athletes.

As stated, a National Course for our more experienced judges will be helpful in hopefully alleviating some of our higher level judging concerns at competitions in province.

ATHLETE RESULTS HIGHLIGHTS

Anderson Loran	4 th HB at Elite Canada, 1 st HB at UCIC
Joel Gagnon	11 th PB, 15 th HB at World Challenge Cup Szombathely, Hungary
Jesse Tyndall	1 st Team at Olympic Hopes Cup in Czech Republic
Noah Royer	2 nd AA in Elite 4 at Western Canadian Gymnastics Championships
Brody Benson	3 rd AA in Elite 3 at Western Canadian Gymnastics Championships
Jordan Carroll	4 th AA in Elite 3 at Western Canadian Gymnastics Championships

HEALTH CARE/SPORT SCIENCE

Sask Sport has funding through the HP/Sask First program for Sport Science sessions throughout the year. We partner with Sask Sport to provide nutrition and sport psychology seminars at most training camps through the year. We also have sport specific conditioning sessions throughout the season for these Sask First athletes. Individual athlete physiotherapy is not included with this funding.

SUMMARY OF SUCCESSES

Good results already highlighted at Elite Canada and at International events as well the results of the judges at the international FIG courses. A sizable increase in lower level boys is a success for the province as this will hopefully translate into more participation at higher levels in the future.

SUMMARY OF CHALLENGES

The small population and limited number of clubs is a big challenge in Saskatchewan. More than 60% of the MAG gymnasts in the province come from one club (Taiso Gymnastics Club in Saskatoon). The challenge is to find ways to educate or bring in qualified coaches to other clubs in the province to increase numbers and competition.

OFFICE RELOCATION

As of April 1 st , Gym Sask moved, with thirteen other provincial sport federations, to a beautiful and spacious new home in the recently opened Mosaic Stadium. We have our own Board room and plenty of space to host small meetings or clinics. Please come and visit us, 3 rd floor, Admin Centre for Sport, entrance on 10 th Avenue. Note our mailing address will remain at 1870 Lorne Street, Regina, S4P 2L7 until Canada Post makes some decisions on mail delivery.



SOCIAL MEDIA REPORT AND STATS

Daily posts are on-going on Facebook, Twitter & Instagram. Throwback Thursday posts are posted on each social media platform at different times to engage followers. We have received lots of follower engagement on these posts. Ayden Creative has set up Hootsuite for our social media platforms so we can schedule posts to automatically post.

- In December we did a 12 Days of Christmas Giveaways contest with outstanding results; lots of engagement from our followers.
- Canadian Gymnastics Week contest also engagement tons of followers, we had lots of videos and pictures submitted to our Facebook & Instagram contest and picked 7 gymnastics clubs as winners.
- We also have a Snapchat account where we use at events. We created two Geo filters for Rhythmic
- Westerns and one at Provincials (stats are below).
- We also have been doing "athlete take overs" on the Gym Sask snapchat account; athletes have taken over and shown us a behind the scenes look at the events they attend.
- The Skyriders Trampoline Training Camp, TG Competition in Kingston, TG Canada Cup, Artistic Canadian Championships & Western Canada Cup are a few events we have done this.
- Staff members also run the account at in Province hosted events.

SNAPCHAT

RG Westerns Snapchat Geo Filters

1.4K impressions (occurs when people see the filter when swiping through their filters)

1000 conversions (occurs when people use the filter)

21.7K views (occurs when friends see the snap chat with the filter on it)

Provincials Snapchat Geo Filter

700 Impressions (occurs when people see the filter when swiping through their filters)

500 Conversations (occurs when people use the filter)

20.4K views (occurs when friends see the snap chat with the filter on it)

FACEBOOK

12 Days of Christmas Giveaways

Started with 959 page likes, ended our 12 Day contest with 1432 page likes.

Contest produced 2065 picture likes, 1395 picture comments, 2127 picture shares, & 163,534 people reached.

Currently we have 1470 page likes on Facebook.

Ongoing daily posts when away at events, average reach is 1000 people per post & average engagement (comments, likes, shares) on posts per week is 450.

INSTAGRAM

Currently have 1,113 follows

Average weekly impressions (total times posts were seen) is 20,000



Average weekly reach (number of people who saw the posts) is 1,500 people
Average weekly profile views is 300

TWITTER

471 Followers on Twitter
Average monthly activity:
2,000 impressions
200 Profile views

TG PROGRAM HIGHLIGHTS

TG continues to grow in our province with significant increases in the L2-L3 provincial level athletes. Our national level athletes continue to improve with many of them mobilizing to L6 and two on the verge of mobilizing to the junior and senior levels.

BY THE NUMBERS

Fast Cat : 34
Provincial L1-L4: 65
National L5: 3
National L6: 3

4 active clubs in the province.
14 active judges - 2 FIG, 4 National, 8 Provincial

ATHLETE DEVELOPMENT

A Sask First talent ID camp was held in November with 14 athletes being selected to the L4/National team and 11 to the Provincial developmental team.

A SF training camp was held in January with guest coach Jamie Atkin from Aidrie Edge attending. The provincial developmental team was funded 50% by Gym Sask to attend the Alberta 2 nd Cup competition in Airdrie, Alberta.

The L4/National team was funded 50% to attend the Alberta 2 nd Cup as well as the Ontario 2 nd Cup in Kingston, ON. The athletes also attended sports science sessions on nutrition and mental training.

A team of 10 athletes was selected based on performances at the AB 2 nd Cup, Can-Am and Gym Adventure meets to attend Canada Cup with 50% funding by Gym Sask.

A team of 10 athletes was selected based on their performances at Provincial Championships to attend Western Canada Cup in Vancouver in June.

There will be 13 athletes attending the Canadian Championships in Oshawa in July.

ATHLETE HIGHLIGHTS

Alberta 2 nd Cup:	8 gold, 6 silver, 3 bronze, numerous 4 th - 6 th placings.
ON 2 nd Cup:	5 gold, 2 silver, 2 bronze, numerous 4 th - 6 th placings
Canada Cup:	4 gold, 1 bronze, 3 X 4 th place
Western Canada Cup:	7 silver, 3 bronze, numerous 4 th - 6 th placings

Danielle Grieve and Haley Nakonechni achieved the World Age Groups qualifying score at Canada Cup and are ranked 3 rd and 5 th respectively to qualify for Team Canada for this competition in Bulgaria in November.

JUDGE HIGHLIGHTS

Due to the new code, we were not allowed to run a full certification course for new judges however we did recertify 12 judges. Traci House recertified as a FIG judge and Nicole Templeton became a new FIG judge.

CHALLENGES

Due to the fact that we only have 3 in-province meets, only 2 with national level, our higher level athletes must travel out of province frequently to have good competition experience. This is quite costly and, this year, it was very hard to find meets to attend since most of the provincial cups in other provinces conflicted with our own in province meets. It is also difficult to grow the discipline with so few clubs participating in the program. The challenge for clubs to start a TG program is lack of equipment and coaches.

GFA PROGRAM HIGHLIGHTS

Mass Routine workshop was held in October, new Mass Wide Ribbon for specialization stage was introduced. Rhythmics Special Olympics competition was held, in partnership with Special O, and athletes qualified to Special O Provincial Championships. Special O programs are starting up in 1-3 clubs.

Team Sask Gymnaestrada program manual was developed, Head Coach and Assistant Coach selected, and tryouts will be held over the summer. Website designed and is live at www.saskgymnaestrada.com



Collecting data on Outside User Group participation in clubs. Currently over 14,000 non-registered members are taking part in these types of programs (school groups, special needs, day cares, cross training, etc.). Target Group Grants allocated to special needs agencies and low income families. General policies on transgender members developed and included in Membership Policy.

RG PROGRAM HIGHLIGHTS

BY THE NUMBERS:

19 athletes in provincial levels 1-5, ineligible to qualify for Westerns

15 athletes in provincial levels 3B-6C, eligible for Westerns

3 provincial level groups levels 3-5

2 senior open athletes

69 athletes in pre-competitive/interclub levels

RG clubs: 2 with interclub, provincial, and national level athletes. 1 with interclub and provincial athletes. 4 with interclub athletes only.

RG judges: 14 interclub and 9 provincial level judges active this season (with some overlap)

ATHLETE AND COACH DEVELOPMENT

Majority of athletes who could qualify for Western Championships did. Team Sask training camp held for these athletes (24) as well as their coaches (5). Coaches and athletes received funding to attend the competition.

Two coaches funded to attend Elite Canada and Canadian Championships with their national level athletes.

Growing number of Interclub athletes shows great potential for more provincial level athletes in the future. Gym Sask sanctioned inter-club invitationals throughout the season, some in conjunction with provincial level invitationals, fostered further development and competition experience for these athletes.

JUDGE/OFFICIALS DEVELOPMENT

Pathways program introduced and brought in some new judges to the pre-competitive levels.

Introduction to Judging course well received for new and existing judges.

Provincial level judging courses were scarce. One provincial judge funded to attend partial course in Alberta. Others were given opportunities to meet as a group to discuss the new COP, as well as Skype into other courses and discussions with judges in the surrounding provinces. Hopeful that with the first year of the new COP finished, there will be more opportunities including a National level course judges will be able to attend.

Scoring workshop held with various competition opportunities throughout the season, resulting in at least 5 new volunteers comfortable being the scoring technician at a competition (as opposed to only one last season).

6 judges funded to Westerns (provincial and national level).

ATHLETE HIGHLIGHTS

Western Championships: Four 1 st place AA rankings, four 2 nd place, three 3 rd place, one 4 th , one 5 th , two 8 th. Total of 15 top eight AA rankings at Western Championships.

Canadian Championships: Top 8 event ranking (hoop) and top 10 AA ranking at Canadian Championships for senior open athlete Tara Czemerer.

HEALTH CARE/SPORT SCIENCE

Concussion awareness and mental training at the Team Sask training camp for Westerns. Mental training continues to be very important and popular training for these RG athletes.

GRANTS AND FUNDING

Gym Sask recently completed Sask Sport's Annual Funding Assessment, a comprehensive and detailed review of all facets of our organization. This review is required of all sport federations, every three years. With once again the highest points placing of all sports, Gym Sask was rewarded with increases to our Annual Funding and other grants. Audited financial statements will be prepared in the fall and circulated to members prior to the November Annual Meeting.

CONGRATULATIONS PROVINCIAL CHAMPIONS AND MEDALISTS!

Event	Discipline	First Name	Last Name	Club	Category	Event	Placing
PROVINCIALS	WAG	Mollie	Willick	Can am	JO 3 (2008-2009)	1st AA	
		Surrie	McDonals	PA	JO 3 (2007)	1st AA	
		Jade	Tran	Taiso	JO 3 (2005-2006)	1st AA	
		Sherice	Penner	PA	JO 3 (2004 & before)	1st AA	
		Torie	Vandenhurk	Can Am	JO 4 (2005-2006)	1st AA	

		Ryan	Jacobson	Marian	JO 4 (2005-2006)	1st AA	
		Brooke	Cuthbert	Mariasn	JO 4 (2004 & before)	1st AA	
		Shaine	Closs	Gymtastiks	JO 5 (2005-2008)	1st AA	
		Avery	Swanson	Gymtastiks	JO 5 (2004 & Before)	1st AA	
		Drew	Wilson	Can am	JO 6 (2006-2008)	1st AA	
		Lexi	Wehage	Can am	JO 6 (2004-2005)	1st AA	
		Amy	Pippin	QCK	JO 6 (2003 & before)	1st AA	
		Marie	Millet	Calico	JO 7 (2005-2007)	1st AA	
		Paige	Wuchner	Calico	JO 7 (2004 & before)	1st AA	
		Jai Li	Harvey	PA	JO 8 (2005-2007)	1st AA	
		Makenzie	Chamberlin	QCK	JO 8 (2004 & before)	1st AA	
		Aley	Chrunik	Marian	JO 9 (2004-2006)	1st AA	
		Meissa	Marpole	QCK	JO 9 (2002 & before)	1st AA	
		Serra	Gillis	PA	JO 10 (2002-2005)	1st AA	
		Alix	Pierce	Marian	JO 10 (2001 & before)	1st AA	
		Elise	Law	QCK	Aspire 1	1st AA	
		Rylee	Miller	Can Am	High Performance Novice	1st AA	
		Emily	Walker	Marian	High Performance Junior	1st AA	
	MAG	Tanner	Richard	Taiso	Provincial 1 (8-10 years)	1st AA	
		Lamar	Henry	Taiso	Provincial 1 (10 years +)	1st AA	
		Nicholas	Boutin	Taiso	Provincial 2	1st AA	
		Josh	lonce	Taiso	Provincial 3	1st AA	
		Brian	Digneau	Taiso	Provincial 4	1st AA	
		Jessie	Georget	PA	Provincial 5	1st AA	
		Jordan	Carroll	Taiso	Elite 3	1st AA	
		Noah	Royer	Taiso	Elite 4	1st AA	
		Jace	Pippin	QCK	National Open	1st AA	
		Ashton	Kotlar	Taiso	Junior	1st AA	
		Mitch	Tyndall	Taiso	Senior	1st AA	
	RG	Kai	Ulmer	Wascana	2B	1st AA	
		Dylan	Cruise-Elsner	Wascana	3A	1st AA	
		Karlee	Czemerer	Wascana	3C	1st AA	
		Dania	Meng	Wascana	4A	1st AA	
		Rossana	Toth	Wascana	4B	1st AA	
		Sasha	Buckberger	Wascana	4C	1st AA	
		Aliya	Lui	Wascana	5A	1st AA	
		Kaitlad	Fior	Ritmo	5B	1st AA	

		Emilienne	Hamel	Wascana	6B	1st AA	
		Rene	Czemerer	Wascana	6C	1st AA	
		Tara	Czemerer	Wascana	Senior Open	1st AA	
		Dylan Cruise Elsner, Harlow Kerr, Holland Neiszner			Wascana	Level 3 Group of 3/4	1st AA
		Dania Meng, Rasanna toth, Makaya Ulmer			Wascana	Level 4 group of 3/4	1st AA
		Daquiri Benko, Laila Lingelbach, Aliya Lui			Wascana	Level 5 Group of 3/4	1st AA
	TG	Alena	Bergeron	Can Am	Level 1	Tumbling	1st
		Relan	Meeks	PA	Level 1	DMT	1st
		Greyson	Helperl	Can Am	Level 1	Trampoline	1st
		Morgan Buhler/ Payton Schell		Can Am	Level 1	Synchro	1st
		Lina	Reschke	GA	Level 2	Tumbling	1st
		Meghan	Weibe	Can Am	Level 2	DMT	1st
		Kendra	Haider	GA	Level 2	Trampoline	1st
		Elizabeth Campbell/ Dempsie Cowan		PA	Level 2	Synchro	1st
		Kirsten	Stanek	Can Am	Level 3	Tumbling	1st
		Dilynn	Bell	PA	Level 3	DMT	1st
		Lina	Reschke	GA	Level 3	Trampoline	1st
		Nicole Doige/ Nyla Thackery		GA	Level 3	Synchro	1st
		Victoria	Spurr	Can Am	Level 4	Tumbling	1st
		Victoria	Spurr	Can Am	Level 4	DMT	1st
		Kirsten	Stanek	Can Am	Level 4	Trampoline	1st
		Danielle	Grieve	GA	Level 5	Tumbling	1st
		Hannah	Metheral	GA	Level 5	DMT	1st
		Ashley	Anaka	Can Am	Level 5	Trampoline	1st
		Ashley Anaka/ Danielle Robin		Can Am	Level 5	Synchro	1st
		Danielle	Grieve	GA	Level 6	DMT	1st
		Haley	Nakonechni	GA	Level 6	Trampoline	1st
WESTERNS	WAG	Avery	Tillmanns	Can am	JO 8	Bars	3rd
		Meissa	Marpole	QCK	JO 9	Beam	3rd
		Kadance	Scott	Can Am	JO 10	Bars	1st
		Alix	Pierce	Marian	JO 10	Vault	3rd
						Bars	1st
						All Around	1st
	MAG	Jessie	Georget	PA	Level 5	Rings	1st
						Vault	1st
						Pbars	2nd
						High Bar	3rd
						All Around	3rd
		Josiah	Besler	Taiso	Level 5	Floor	1st
						Rings	2nd
		Elliot	Mack	Taiso	Level 5	Vault	2nd
		Riley	Benson	Taiso	Level 5	Pommel Horse	3rd

		Jessie Georget, Josiah Besler, Elliot Mack, Riley Benson			Level 5	TEAM AWARD	2nd
		Brody	Benson	Taiso	Elite 3	All Around	3rd
						Pommel Horse	3rd
						Rings	3rd
						Vault	1st
						Pbars	2nd
		Jordan	Carroll	Taiso	Elite 3	Pommel Horse	1st
						Rings	2nd
		Noah	Royer	Taiso	Elite 4	Floor	1st
						Pbars	3rd
		Hudson	Miller	Taiso	Elite 4	Vault	2nd
	RG	Karlee	Czemereres	Wascana	3C	Free	3rd
						Ball	1st
		Katherine	Lui	Wascana	4D	All Around	1st
						Free	2nd
						Rope	2nd
						Ball	3rd
						Clubs	1st
		Jena	Czemereres	Wascana	4D	All Around	3rd
						Free	3rd
						Rope	1st
						Ball	1st
		Rossana	Toth	Wascana	4B	Hoop	3rd
		Sasha	Buckberger	Wascana	4C	All Around	1st
						Hoop	1st
						Ribbon	1st
						Choice	1st
		Rene	Czemereres	Wascana	6C	All Around	1st
						Ribbon	1st
						Hoop	1st
						Choice	3rd
		Adeena	Cox	Wascana	6C	All Around	2nd
						Ribbon	3rd
						Hoop	3rd
		Emilienne	Hamel	Wascana	6B	All Around	2nd
						Choice	1st
		Abby	Bailey	Wascana	6B	All Around	3rd
						Clubs	3rd
		Dylan Cruise Elsner, Harlow Kerr, Holland Neiszner			Wascana	Level 3 Group of 3/4	2nd
		Dania Meng, Rasanna toth, Makaya Ulmer			Wascana	Level 4 group of 3/4	1st
		Daquiri Benko, Laila Lingelbach, Aliya Lui			Wascana	Level 5 Group of 3/4	2nd
	TG	Gabrielle	Flaman	Can Am	Level 2	DMT	3rd
		Halle	Pipko	GA	Level 3	DMT	2nd
		Dilynn	Bell	PA	Level 3	DMT	3rd

						Tumbling	3rd
		Kirsten	Stanek	Can Am	Level 3	DMT	2nd
						Tumbling	2nd
						All Around	2nd
		Kate Pepper/ Lina Rescke		GA	Level 3	Synchro	2nd
		Halle Pipko, Marly Loeffler, Kirsten Stanek, Victoria Spurr			Can Am/GA	Team Tumbling	2nd
CANADIANS	MAG	Jesse	Tyndall	Taiso	Junior	Rings	3rd
	WAG	Aley	Chrunik	Marian	JO 9	Bars	3rd
						Beam	2nd
		Denelle	Pedrick	QCK	JO 10	Vault	2nd
						Beam	3rd
						Floor	1st
						All Around	1st
ELITE CANADA	WAG	Nya	Kraus	QCK	High Performance Novie	Bars	3rd
CANADA CUP	TG	Erin	Callum	Can Am	Level 5	DMT	1st
		Danielle	Grieve	GA	Level 6	DMT	1st
					Level 5	Tumbling	1st
		Haley	Nakonechni	GA	Level 6	DMT	3rd
		Brent	Ertman	PA	Level 6	DMT	1st

AWARDS & RECOGNITION

2016 Life Members Inducted
Patti Sebestyen; Tom Lightfoot

Patti Sebestyen

Patti's gymnastics career began in 1957 under Head Coach Mike Matich, and his assistant, Chuck Sebestyen, at the St. Mary's Gym Club in Saskatoon. Patti quickly progressed from recreational to competitive gymnastics, and attended the first Western Championships in 1959 where she placed 2nd All Around as a Junior. In 1960 she qualified for the Canadian Championships, where the St. Mary's team won a Bronze medal and Patti placed 14 th All Around. Patti and the St. Mary's gymnasts continued to be dominant on the Provincial, Western and National scene, regularly earning podium finishes. In 1961, Saskatoon, Saskatchewan hosted its first ever national meet - the Canadian Championships, where Patti placed 4 th All Around in front of a home crowd.

In 1963, Patti earned the title of Canadian Champion, placing 1 st All Around as a Junior with a score of 35.90 just edging out her sister Glenna who came 2nd with 35.50. The 1964 season saw Patti tackle some international competitions, placing 1 st All Around at the Pacific Northwest Championships and 14 th All Around at the North American Championships. Patti's father Chuck took over as Head Coach of the newly named Marian Gym Club in 1963, and the former St. Mary's gymnasts continued to excel. In 1967, Patti was named to the team representing Saskatchewan at the inaugural Canada Winter Games, where the team won Silver, Patti placed 5 th All Around and made three event finals.

In 1968, Patti retired from competition. To complete her competitive career, that year she won the Canadian Title at the Senior B level. In 1968 she also attended her first of countless national judging courses; her extensive judging career was launched and Patti soon became Saskatchewan's first international/Brevet WAG judge. She judged most every annual Provincial, Western and National Championship throughout her judging career and also was selected for several international competitions by Gymnastics Canada.

From 1968 until her retirement from gymnastics over a decade ago, Patti was the heart and soul of women's judging in Saskatchewan. She taught courses, she recruited and mentored volunteer judges with a passion - anyone who had even a glimmer of interest was given a Code book, and expected to quickly learn the contents and be available to judge any and all events under Patti's supervision.

Not only was Patti the judging chair and Head Judge for Saskatchewan for decades, she also acted as Women's Technical Chair, Board member, committee member, part-time coach, meet director - or anything else that needed an expert and dedicated volunteer. Though best known for her judging and technical expertise in high performance gymnastics, Patti was also a builder and mentor for the development of the sport at all levels in Saskatchewan. In 1978, Patti was part of a Saskatchewan Gymnastics Association committee to help launch a new tiered competition program for women in the province, to help provide a place for all gymnasts to compete, and the "Level B" program was created.

Patti spent countless hours as a volunteer leader in the province, all the while managing the time constraints of a busy full time

teaching job and raising four children, all of whom became competitive gymnasts. She was inducted into the Saskatoon Sports Hall of Fame in 1995 as an athlete. Patti continues to remain interested in gymnastics and helps to ensure that her father Chuck's legacy lives on as growing Sebestyen family members continue to take up competitive gymnastics. Patti's athletic achievements as a gymnast and her influence on the development of gymnastics in Saskatchewan are immeasurable, and very deserving of a Lifetime Achievement Award.

Tom Lightfoot

Tom Lightfoot's involvement in gymnastics in Saskatchewan began in the early to mid 1970's when his daughters joined the YWCA Limberettes Gym Club in Regina. As a parent of provincially competitive athletes, Tom was recruited to volunteer for the Board of Directors of the club, and spent countless hours supporting the club's development, setting up and tearing down equipment, and attending many events or competitions as a parent and club representative. This was all in addition to his busy job as an RCMP officer and volunteer for other sports and activities that his children were involved in.

In 1975, Tom retired from the RCMP and he and his family made a big decision to relocate to the small community of Bjorkdale, Saskatchewan, where they purchased a farm. Not wanting his daughters to be without the sport they loved, Tom decided that Bjorkdale, with a population of about 250, should have a competitive gymnastics club. He proceeded to find a facility, equipment, availed himself of NCCP certification coaching courses, and opened a gym club first in the local school, then in a permanent facility. With no gymnastics coaching background to speak of, Tom became a certified Level 2 coach, and a leader in the development of competitive gymnastics in Saskatchewan at the Provincial Stream level. Within a few short years, Tom had a team of competitive athletes and developing coaches from Bjorkdale and the surrounding area. Not only did he coach his own local athletes, but assisted in starting up competitive clubs in Tisdale, Melfort and countless other small communities in Zone 8.

After attending the inaugural 1978 Saskatchewan Winter Games in North Battleford as the Head Coach for the Zone 8 team, Tom was determined that there needed to be a tiered level of competition in the province for rural gymnasts who did not have access to full time coaches and facilities. He began work with the Sask Gymnastics Association technical committees on the development of a Level B competitive program. Working together with Patti Sebestyen (program designer), Jill Wood and other coaches from Saskatoon, Watrous, Allan, Clavet, Moose Jaw and Yorkton, Tom was instrumental in the Level B program coming to fruition. The first Gym Sask/SGA Level B Technical Commission was soon formed under his leadership, and the first B Provincials were held in Watrous in the spring of 1978.

Tom spent several years as a member of this Gym Sask/SGA technical committee, never losing sight of the need for accessibility and promotion of gymnastics to all levels of competitors. Since 1978 and to this day, there has been tiered competitive gymnastics available in Saskatchewan (and Canada) for developing athletes, and Tom played a key role in ensuring that these programs were viable and beneficial to the athletes. Tom also was a supporter, advisor and developer of rural gymnastics in Zone 8, and was always there as a leader, mentor and advocate for upcoming coaches and athletes. Tom single-handedly increased the membership in gymnastics in this province by hundreds....now into thousands, by promoting recreational and competitive gymnastics for all levels. Not only did he talk about and endorse Level B gymnastics, he "walked the talk" by being fully immersed as a coach and volunteer. Long after his children were retired from competing, Tom continued to make his contribution to our sport. His legacy still lives on in the 50 plus clubs still running in our rural communities, and in the thousands of gymnasts and coaches who continue to be involved in tiered provincial stream programming.

**GYM SASK
VOLUNTEER OF THE YEAR**

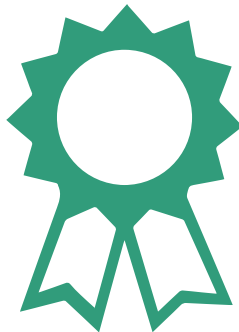
Jessica Ronn -Yorkton Springers

Chair, 2016 Provincial Gymnastics Championships

**GYM SASK
LEADERSHIP AWARD**

Cheryl Russell - Gym Sask

Team Manager Gym Sask Events
Operations Manager and TG Technical Coordinator



ATHLETES OF THE YEAR

Provincial Stream

RG	Angelina Messina
MAG L 1-3	Taylor Possberg
MAG L4-5 & E3-4	Jessie Georget
TG	Hannah Metheral
WAG	JO 3-5 Charley Jones
WAG JO 6-9 & Aspire	Rylee Miller

Prairie Ribbons Gym Club, Warman
Calico Gym Club, Humboldt
PA Aerials Gym Club, Prince Albert
T&T Adventure, Regina
PA Aerials Gym Club, Prince Albert
Can Am Gym Club, Saskatoon

ATHLETES OF THE YEAR

National Stream

RG	Tara Czemerers	Wascana RG Gym Club, Regina
MAG	Jesse Tyndall	Taiso Gym Club, Saskatoon
TG	Brent Ertman	PA Aerials Gym Club, Prince Albert
WAG	Alix Pierce	Marian Gym Club, Saskatoon