



PROVINCIAL  
GYMNAESTRADA

***Hosted by:***

***Gymnastics Saskatchewan***

***Team Saskatchewan Gymnaestrada***



# PROVINCIAL GYMNAESTRADA

## Information Bulletin #1

### Date and Format:

May 26<sup>th</sup>, 2018

Bishop James Mahoney (231 Primrose Dr, Saskatoon)

2PM Show/Adjudication begins

Group practices/dress rehearsals will be scheduled in the morning before adjudication.

### Eligibility:

Provincial Gymnaestrada is a gymnastics-for-all, performance based event that is open to ALL general gymnastics performance gymnasts!

Routines are encouraged to be mass/collaborative in nature, however groups as small as 5 are eligible to participate.

### Registration:

Registration fee: \$70 per group of 5 or more.

Intent to participate is due by Feb 1<sup>st</sup>, 2018 by online submission [here](#).

Definitive registration forms will be circulated shortly afterwards and will be due by April 26<sup>th</sup>, 2018.

### Extra Notes:

There will be no equipment provided for this event.

As per the Gym Sask GFA tech regulations, club teams who are attending Canadian Gymnaestrada must attend provincial Gymnaestrada.

Adjudication will be provided to teams to facilitate feedback and development for our coaches, as well as introduce a small level of competition to the event. Teams will not be ranked, and scores will not be flashed, but there will be several special category awards presented after the program. The template, based off the Canadian Gymnaestrada feedback template, is attached.



## Evaluation Criteria for the 2018 Provincial Gymnaestrada

Group Name: \_\_\_\_\_ Evaluator: \_\_\_\_\_

Group Category: \_\_\_\_\_ Time: \_\_\_\_\_ Costume: \_\_\_\_\_

	<i>Poor.....Excellent</i>				
<b>Gymnastics Elements and Technique</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
Gymnastics technique and quality of execution including form, posture and fitness					
Quality and variety of gymnastics elements from one or more gymnastics disciplines					
Technical difficulty of gymnastics elements presented including single elements, series & combinations of elements					
<b>Choreography</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
Entertainment value and appeal for general public					
Creativity and originality including exploring new ideas, new movement themes, and new apparatus					
Interaction working together or in relation to one another & synchronization of sequential or simultaneous movements					
Quality and difficulty of formation work including quantity, variety and precision					
<b>Music</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
Choice of music including composition, musicality and appropriateness					
Fit between the music and choreography including rhythm, style and theme					
<b>Presentation</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
Costumes, hair and make-up support the choreography and are appropriate for the gymnasts					
Organization and behavior of the gymnasts and support staff					
Overall impression based on knowledge of choreography, gymnastics and/or performing arts					
<b>Overall</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>

Final score (out of 60): \_\_\_\_\_