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**BE INCREDIBLE! Invitational 2018**

**Date:** April 21 & 22, 2018

**Location:** Gymtastiks of Moose Jaw

Hillcrest Sports Centre

1599 Main Street N. Moose Jaw, SK.S6J 1L5

**Entry Fee:** $90.00 J.O. 3-7

$60.00 J.O. 1 & 2

$40.00 for Recreational

Payment can be made by one cheque, made payable to **Gymtastiks of Moose Jaw.** Please send a hard copy of your registration with all waivers and T Shirt Size for athletes & coaches. Each athlete registered by the deadline will receive a T Shirt. Late registrations will not be guaranteed a T Shirt. Please submit registrations via e-mail.

Registrations are due **Wednesday, March 14, 2018**. Registrations received after March 14th will be subject to a $25.00 late fee per athlete. **Space is limited so register early. Spots will be awarded on a first come first serve basis until we are full.**

Refunds for medical reasons will be given, with a doctor’s note, on or before April 17th, 2018. Gymnasts will be registered when both forms and payment have been received.

**Judges**: As per Gymnastics Saskatchewan Policy.

**NOTE:** Fines will be charged as per Gymnastics Saskatchewan policy for missing judges. **Fines *MUST* be paid before start of competition**.

**Deadline**: Deadline is **March 14TH, 2018. Please do not send as PDF.**

**Awards:**  J.O. 1-7 As per Gymnastics Saskatchewan Policy.

Recreational – participation medal.

**Inquiries:** Barb Jesse

Phone: 306-692-2303

E-Mail: [office@gymtastiks.com](mailto:office@gymtastiks.com)

**Music:** Compulsory music will be supplied

**ACCESS TO THE GYM is from Main Street turning East onto Thatcher only!**

**HOTEL DEALS**

Heritage Inn 1-888-888-4374

1 Special Breakfast room $103.50 + taxes

2 double beds – breakfast for up to 4 people

Comfort Inn 1-800-414-6423

$103.00 – reserved to March 20/18

Group Account: 3238284

2 queen size beds

Book 15 rooms – get coach room free

Ramada Inn - $125.00

1 ([800) 854-9517](https://www.wyndhamhotels.com/ramada/contact-us)

2 double beds – breakfast included

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| **GYMTASTIKS OF MOOSE JAW**  [This Photo](https://learnwithitc.wikispaces.com/Comics) by Unknown Author is licensed under [CC BY-SA](https://creativecommons.org/licenses/by-sa/3.0/)  **BE INCREDIBLE! INVITATIONAL**  **APRIL 21 & 22, 2018**  **TENTATIVE SCHEDULE**  **SATURDAY APRIL 21ST, 2018**  SESSION 1 – 8:00-10:30 J.O. 3 2008-2009 & 2007  SESSION 2 – 10:30-1:00 J.O. 3 2004+ & 2005-2006  SESSION 3 –1:30-5:00 J.O. 4-7  SESSION 4 –5:00-8:00 J.O. 2  SUNDAY April 22ND, 2018  SESSION 5 – 8:00-11:00 J.O. 2  SESSION 6 – 11:00-2:30 J.O. 1  SESSION 7 –2:30-6:00 J.O. 1 & RECREATIONAL  **\*\*\*\* J.O. 1 & 2 SESSIONS – PLACEMENT OF CLUBS WILL BE DETERMINED AFTER REGISTRATION DEADLINE.**  We reserve the right to utilize one Session on Friday evening if needed.  **WAIVER** |

Name of Athlete: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_AGE: \_\_\_\_\_\_\_\_\_\_\_\_\_\_

PLEASE PRINT CLEARLY

**GYMTASTIKS OF MOOSE JAW**

**BE INCREDIBLE! Invitational**

**April 21 & 22, 2018**

In consideration of your acceptance of my entry I, intending to be legally bound do hereby, for myself, my heirs, executors and administrators waive and release and forever discharge any and all rights and claims for damage which I may have or may hereafter accrue to me against the Gymnastics Saskatchewan Association, the organizers or their respective officers, agents, representatives and/or assigns for any and all damages which may be sustained and suffered by me in connection with my association with or entry in the above athletic meet or which may arise out of my traveling to or participating in and returning from said athletic meet.

Submission of your registration to the Gymtastiks BE INCREDIBLE! Invitational constitutes your consent to collect, use, disclose and retain your personal information as is reasonable for Gymnastics Saskatchewan and the Gymtastiks Club for the following purposes:

Name, event results, programs, web site results and photo posting.

Athlete’s Signature

(If 18 years of age or over)

Parent/Guardian Date

**GYMTASTIKS OF MOOSE JAW**

**BE INCREDIBLE! Invitational**

**April 21 & 22, 2018**

**RECREATIONAL ROUTINE SHEET**

Please list skills that will be performed; fill out a sheet for each athlete attending.

Please ensure skills are at the athlete’s level.

**ATHLETE NAME: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**VAULT – CHOOSE FROM (Please indicate which one):**

1. Squat on to 60 cm Box
2. Handstand fall to back on crash mat
3. Handspring to back on 110 cm mats, with Mini Tramp

**BARS – 6 skills**

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**BEAM – 6 skills (mount, 1 turn, 2 leaps or jumps, 1 scale or acro, dismount)**

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**Floor – 6 skills (3 acro skills, 1 turn, 2 leaps or jumps)**