

Revised July 2015

JUNIOR OLYMPIC LEVEL 9 & 10

Effective August 1, 2013 – July 31, 2017

Conn. Val.	0.1	0.2	SR	Connection Value	0.1	0.2	SR	Connection Value	0.1	0.2	SR	Content
<p>Level 10 *Turn/flight C+C *For a connection of 2 elements from Gr.3/6/7 - turn/flight is NOT req'd (elements must be different) C no turn/ C+D D+D flight req.) Level 9 (If no turn/ C+C flight – must be different) Turn/flight C+C</p>	<p>Level 10 Min. of 1 C-Flight 2nd diff. flight, min.B Min. of C element w/ LA turn (not in mt/dmt) Dmt- Min. of C Level 9 2 Bar Changes Min. of 1 B-Flight 2nd diff. flight-min C OR min.C element w/ LA turn (not in mt/dmt) Salto/Hecht Dmt – Min. of B</p>	<p>Acro Flight (2 elements, excluding dmt.) B + C* * (excluding mt/dmt- C must be salto at L10 At Lev 9- C must be salto or aerial) Acro flight (3+ elements) 2 Dance/Mix (excluding dmt) Turns All acro elements used for CV must have flight</p>	<p>B+D, B+E C+C, C/D+D B+B+C B+C+C B+B+D A+D B+D B+C C+C C+D A+C (or reverse)</p>	<p>Level 10 Acro Series- 2 flight elements, min. of 1 C; also E (flight) +A (non-flight) Leap or jump w/ 180° cross or side split 360° Turn on one foot Aerial/Salto Dmt. - Min. C or Min. B w/ C conn. Level 9 Acro Series- 2 flight elements Leap or jump w/ 180° cross or side split 360° Turn on one foot Aerial/Salto Dmt. – Min. of B</p>	<p>Acro. Indirect A/B+ A/B +C A/B + A/B +D C+C A/B+D Acro Direct B+B B+C A +C A/B+D A+A+C A+A+D C+C 2 *Dance/Mix B+D C+C C+D D-salto+A-jump (This order only) *No CV for a turn followed by a jump</p>	<p>Level 10 1 Acro series w/ 2 saltos OR 2 directly connected saltos (same or diff.) 3 Diff. Saltos (No aerials) Dance Pass w/ 2 diff. Gr. 1 elements (direct or indirect connection) - one w/ 180° split Dmt. – Min. of C salto Level 9 Same as L10 except Dmt.- Min. of B salto</p>	<p>10 A $\frac{3}{3}$ B 3 4 C 2 1 SV 9.5 9.7 L9: allowable DE's =C Restricted elements = no Value +0.5 deduction from Start Value Award CV & DV unless a fall or spot occurs Missing Spec. Req. = 0.50</p>					

									A	CV	VP
									B	D/E	SR
									C	SV	
									D		FIN
									E		
									A	CV	VP
									B	D/E	SR
									C	SV	
									D		FIN
									E		
									A	CV	VP
									B	D/E	SR
									C	SV	
									D		FIN
									E		