



Visit the following website address:

<https://gymnasticscanada.respectgroupinc.com/start.jsp>

Respect in Sport (RIS) is a one-time course that can be done from the comfort of your own home. It will only take three hours of your time to complete. All coaches wishing to coach in Saskatchewan as a CIT, trained or certified coach are now required to complete Respect in Sport. Coaches who are just beginning the process toward becoming a coach are required to complete this course as part of their Gymnastics Foundations training. Already certified coaches must complete this course independently to maintain their certified status within the province.

This is a guide to help you through the process of signing up and completing the course.

Once at the website

- 1) Please select your language.
- 2) Go to 'Register your Profile Click HERE'.
- 3) To register a new user click 'Register'. If you think you have already completed a different version of RIS click 'Look up'.
- 4) Put in your registration information. Make sure your Association is set to Gymnastics Canada and click on the '+' to expand the selection, put a check mark beside 'Saskatchewan.' Complete your account information and security captcha and then 'submit registration.'
- 5) Read the instructions that will follow.
- 6) Click the 'Program Access' tab to complete the Modules of the course.
- 7) **Print off confirmation certificate for proof of completion.** You should show this to your club to acknowledge you have completed the program. You do not need to notify Gymnastics Saskatchewan; they are able to access the records of completion.
- 8) Take a look at the 'Handouts' tab for some great resources.



If you have questions please contact
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