

2017 Block Schedule

TIME TRAMP Warm-Up TRAMP-COMP DMT TUMBLING

FRIDAY JUNE 1

8.00-8.30	COACHES & JUDGES MEETING			
8.30-9.00	RUN & STRETCH			
9:00 - 12:30	INDIVIDUAL PRELIMS	INDIVIDUAL PRELIMS	DMT PRELIMS	TUM PRELIMS (if needed)
12.30-1.00	LUNCH			
1.00-1.30	OPENING CEREMONIES			
1.30-2.00	RUN & STRETCH			
2:00 - 5:30	INDIVIDUAL PRELIMS	INDIVIDUAL PRELIMS	DMT PRELIMS	TUM PRELIMS
5.30-6.00	RUN & STRETCH			
6:00 - 8:00	SYNCHRO	SYNCHRO FINALS		TUM PRELIMS
8.00-8.10	AWARDS - SYNCHRO			

SATURDAY JUNE 2

8.00-8.30	RUN & STRETCH			
8:30 - 12:00	INDIVIDUAL PRELIMS	INDIVIDUAL PRELIMS	DMT PRELIMS	TUM PRELIMS
12.00-12.30	LUNCH			
12.30-1.00	RUN & STRETCH			
1.00-3.30	SYNCHRO	SYNCHRO FINALS		TUM FINALS
3.30-4.00	RUN & STRETCH			
4.00-6.30	INDIVIDUAL FINALS	INDIVIDUAL FINALS	DMT FINALS	
6.30-7.00	AWARDS - TRS + TRI + TUM + DMT			
7.15-8.15	COACHES & JUDGES FORUM			

SUNDAY JUNE 3

8.30-9.00	RUN & STRETCH			
9.00-12.30	INDIVIDUAL FINALS	INDIVIDUAL FINALS	DMT FINALS	TUM FINALS
12.30-1.30	AWARDS - TRI + DMT + TUM			
1.30-2.00	RUN & STRETCH FOR TEAM FINALS			
2.00-3.30		TRI TEAM FINALS	DMT TEAM FINALS	TUM TEAM FINALS
3.30-4.00	AWARDS - TEAM + ALL-AROUND			