

2018 TRAMPOLINE GYMNASTICS WESTERN CANADA CUP

June 1-3, 2018

DIRECTIVE #3 – May 9, 2018



**REGINA SPORTPLEX
FIELDHOUSE**
1717 Elphinstone Street,
Regina, SK



City of Regina



GYMNASTICS SASKATCHEWAN

GYMNASTICS SASKATCHEWAN

300-1734 Elphinstone Street
Regina, Sask S4T 1K1
(B) 306-780-9229 (F) 306-780-9475

www.gymsask.com

Co-Chairs – Cheryl Russell & Kristi Mandzuk

Phone: 306-780-9229

Email: crussell@gymsask.com & kmandzuk@gymsask.com

Technical Chairs – Traci House & Danielle Roy

Email: tracihouse2015@gmail.com & danni@gymadv.ca

OFFICIAL HOST

Gymnastics Saskatchewan

WEBSITE LINK & SOCIAL MEDIA:

<http://gymsask.com/western-canada-cup/>

Check out the Event Facebook Page: [HERE](#)

Follow Gym Sask on Facebook, Instagram & Twitter @gymsask

Add us on Snapchat: gymsask

Hashtag for the event: #WCCRegina2018

EVENT INFORMATION

COMPETITION DATE	JUNE 1-3, 2018		
VENUE	REGINA SPORTPLEX - FIELDHOUSE 1717 Elphinstone Street, Regina, SK *Free parking at venue		
INVITED MEMBERS	All members who met the eligibility requirements according to the WCC protocol document.		
ELIGIBILITY	Athletes who are in good standing with their Provincial/Territorial Federation/Association are eligible to register. <u>COACHES</u> All registered coaches must be certified Level 2 in Trampoline in order to coach Trampoline or Double Mini Trampoline. Coaches registered to coach Tumbling must be certified Level 2 in either Trampoline or Artistic Gymnastics. If an exemption is required please contact your provincial organization.		
REFUNDS	Refunds will only be issued, provided a medical certificate and the request for refund forms are submitted to Gymnastics Saskatchewan before 4:30 p.m. May 31, 2018. Medical certificates must be received within 14 days of the conclusion of the competition. Refunds will be issued less a \$10 administration fee.		
REGISTRATION FEES and PAYMENT	Registration Fee		Payable to:
	Athletes – May 2-9 with \$20 penalty	\$160 per athlete	GYM SASK
	Coaches – May 2-9 with \$20 penalty	\$65 per coach	GYM SASK
	Managers/Judges	N/C	
	<p>Checklist:</p> <ol style="list-style-type: none"> 1. The completed excel electronic registration form must be submitted ELECTRONICALLY to Gym Sask (crussell@gymsask.com) by the set deadline. 2. 100% of all Registration fees are to be received at the Gym Sask office NO LATER THAN MAY 11, 2018. <p>Please make payment via one club/provincial cheque payable to: Gymnastics Saskatchewan. Mail payment to:</p> <p style="text-align: center;">Gymnastics Saskatchewan #300 – 1734 Elphinstone Street Regina, SK S4T 1K1</p> <ul style="list-style-type: none"> • Payment may also be made by Visa, Mastercard or E-transfer to crussell@gymsask.com • Full payment must be received within 10 days of the close of registration (May 11, 2018) to be considered on-time. Athletes will NOT be considered registered until ALL fees have been paid. • Fees received after MAY 11 will be subject to the applicable late fees 		

	Judge transportation will be provided between the airport and hotel ONLY . Please submit the attached travel form by May 18 th to crussell@gymsask.com .			
PHOTOS	Piper Sports Photography (PSP) will be onsite all weekend taking photos. Photos will only be available for sale on site.			
MEETING SCHEDULE		DATE	TIME	LOCATION
	Coaches/Judges	Friday June 1	8:30-9:00am	Hospitality Room
	Western Canada Cup Forum	Saturday June 2	6:00-8:00pm	Hospitality Room
COMPETITION SCHEDULE	See attached			
JUDGING SCHEDULE	A detailed schedule will be forwarded directly from Kelly Donald. Should you have any questions please contact Kelly directly. skjudgingchair@gmail.com			

TECHNICAL INFORMATION

EVENTS (UPDATED – May 8)	<p>Trampoline Women: L1 / L2 13U / L2 14+ / L3 13U / L3 14+ / L4 Men: L1 / L2 / L3 / L4</p> <p>Double Mini: Women: L1 / L2 12U / L2 13+ / L3 13U / L3 14+ / L4 Men: L1 / L2 / L3 / L4</p> <p>Tumbling: Women: L1 12U / L1 13+ / L2 / L3 / L4 Men: L1 / L2 / L3 / L4</p> <p>Synchro: L1 / L2 / L3 / L4</p> <p>Please note the changes in the women's categories. There are no age splits for the men's competition.</p>
COMPETITION FORMAT	As per the <u>MOST CURRENT</u> GCG 2018 Canadian Competition Rules
EQUIPMENT	<p>4 – full sets of trampoline (2 warm-up / 2 competition)</p> <p>2 – full sets of DMT</p> <p>1 – Tumbling</p>
CHANGES / CORRECTIONS	<p>Please forward all changes/corrections/withdrawals to: Cheryl Russell (crussell@gymsask.com) Deadline: 1-4 days after verification – no fine 5+ days after verification - \$10/change (ie; 1 athlete changed in 3 disciplines = \$30)</p>
DD SHEETS	<p>Only the OFFICIAL WESTERN CANADA CUP DD sheets will be accepted. Master copies can be found at the link below under "DD Sheets".</p> <p>http://gymsask.com/western-canada-cup/</p> <p>ALL routines and passes MUST be completed, in the PROPER FIG CODE on ALL DD SHEETS, including preliminaries and finals. ALL INCOMPLETE SHEETS will be returned to the coach for proper completion.</p> <p>PLEASE NOTE: The master copies will automatically populate. Please choose the appropriate (GCG Category) drop down box to populate your form.</p> <p>Only one DD sheet is needed for each synchro pair. Please be sure to indicate both names on the pair in the space provided.</p> <p>Athletes will NOT be permitted to participate in specific warm-up or competition until ALL DD SHEETS have been submitted.</p> <p>Please submit via EMAIL to: Cheryl Russell (crussell@gymsask.com) by Wednesday May 23, 2018.</p> <p>Deadline: On or before deadline– no fine 1 or more days following the deadline - \$10 per late submission, error or omission (ie; 1 athlete changed in 3 disciplines = \$30)</p>

START LISTS	Start lists will be circulated shortly. Please report any errors or omissions as soon as possible. Copies will be posted in a common area. Coaches are asked to print and bring their own copies.
SCORING	The ISS Scoring program will be used.
TIES	In both the Preliminary and Final round, there will be no ties. Athletes will automatically be ranked according to GCG Regulations.
RESULTS	Results will be posted in a common area. Additional copies will be available at the main score keeping table.
AWARDS and PROTOCOL	<p><u>Individual</u></p> <p>Medals: 1st to 3rd Ribbons: 4th to 10th</p> <p><u>Individual All Around</u> 1st – 6th (NOTE: L1 and L2 athletes will NOT be eligible for the All Around Award)</p> <p><u>Team Awards</u></p> <p>Trampoline 1st – 3rd Double Mini 1st – 3rd Tumbling 1st – 3rd Team All Around 1st (Grand Aggregate Trophy)</p> <p>Dress code on the awards podium will be competitive attire</p>
ATTIRE (Competition Floor)	Warm-up will be conducted in the competition gym. All competitors and coaches must dress in competition attire.
COMPETITION ATTIRE (Athletes)	<p><u>Preliminary Competition:</u> Club/Provincial Team Competition Attire</p> <p>Women: Sleeve or sleeveless bodysuit (no shorts) Unitard could be mid-thigh length</p> <p>Men: Singlet & shorts (or trampoline longs) Shorts: may NOT be longer than mid-thigh.</p> <p>Footwear: White (or uniform) footwear is required for trampoline and DMT</p> <p><u>Finals competition:</u> Athletes choice. Athletes may NOT wear competition attire from another country. The right to wear the current or any past National Team competition attire is reserved for ONLY those athletes that are currently a member of a Canadian Team (Worlds, WAGs other international competitions).</p> <p><u>Team Final:</u> Club/Provincial Team Competition attire</p>

<p>TEAM FINAL COMPETITION FORMAT</p>	<p>Six teams will compete in each event (TR, DMT, TU) of the event team final.</p> <p>The Provincial/Club teams of each participating province/club do not automatically participate in the each event team final. The team event is open to all provincial/club teams at the competition as long as they have at least three (3) athletes in the event.</p> <p>The top three (3) L3 and/or L4 scores, regardless of gender, from the preliminary round will determine the Teams to join each Event Team Final.</p> <p>The six teams will submit their four (4) athletes who will compete in the Event Team Final. Team can choose their four (4) representatives without hindrance, regardless of gender or level.</p> <p>Rules During the Event Team Finals:</p> <ul style="list-style-type: none"> • All the Event Team Finals will be fresh start. • The draw will be by team and not a random draw. • Start order in each round will alternate teams as per FIG. • Competition will consist of one free routine/pass per athlete. FIG rules apply. <p><u>Individual Trampoline Team Final</u> 1-routine of 10 with no bonuses, minimums or maximums. DD is awarded as competed.</p> <p><u>Double Mini-Trampoline Team Final</u> 1-pass of 2 elements with no bonuses, minimums or maximums. DD is awarded as competed.</p> <p><u>Tumbling Team Final</u> 1-pass of 8 elements with no bonuses, minimums or maximums. DD is awarded as competed.</p> <ul style="list-style-type: none"> • In each event, the top 3 individual scores from each team will be added to determine the Team Score. • The Aggregate All-Around Team Awards are decided by summing points achieved for ranking in the Event Team Final. Any ties are broken by identifying the highest points given in a single event. <ul style="list-style-type: none"> • 1st Place = 6 pts. • 2nd Place = 5 pts. • 3rd Place = 4 pts. • 4th Place = 3 pts. • 5th Place = 2 pts. • 6th Place = 1 pt.
<p>GRAND AGGREGATE PERPETUAL TROPHY</p>	<p>Please return the Grand Aggregate Perpetual Trophy to the scorekeeping table upon arrival at the venue Friday June 1.</p>

AND THE 2018 WESTERN CANADA CUP TEAM FINALS THEME IS...



What's that?!

For our Team Finals we would like EVERYONE to be dressed in NEON!! You can be as creative as you want, we would love coaches, judges, parents, volunteers, and non-competing athletes to participate in this fun event.

Competing athletes may also participate in this but please be reminded to wear the proper suit for competition.

Prizes for:

- Best dressed competing team
- Best dressed non-competing athlete
 - Best dressed judge
 - Best dressed coach





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REQUEST FOR REFUND

Refunds will only be issued, provided that a medical certificate and this request for refund form is submitted to Gymnastics Saskatchewan by 4:30 p.m., **Thursday May 31, 2018** (Fax: 306.780.9475).

A \$10 administration fee will be withheld for those withdrawing from the competition after May 31, 2018.

Team / Club: _____ Contact Name: _____

Address: _____ City: _____ Postal: _____

Participant Name	Competition Level(s)	Medical Note
		<input type="checkbox"/> Yes <input type="checkbox"/> No
		<input type="checkbox"/> Yes <input type="checkbox"/> No
		<input type="checkbox"/> Yes <input type="checkbox"/> No
		<input type="checkbox"/> Yes <input type="checkbox"/> No
		<input type="checkbox"/> Yes <input type="checkbox"/> No

Office Use Only

Date Received: _____

Date Processed: _____

Medical Note(s) Received: _____

Registration Paid: _____

Administration Fee: _____

Total Refund: _____



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JUDGE TRANSPORTATION – AIRPORT ONLY

Province: _____ Contact Name: _____

Email: _____ Phone: _____

NAME – Judges ONLY	ARRIVAL DATE	AIRLINE & FLIGHT NUMBER	ARRIVAL TIME	DEPARTURE DATE	AIRLINE & FLIGHT NUMBER	DEPARTURE TIME

Please return to: Cheryl Russell (crussell@gymsask.com)
DEADLINE: Friday May 18, 2018

