

# Prince Albert Gymnastics Club *Invites you to attend the* 2019



**WERK THE RUNWAY**  
**March 1 – 3, 2019**  
Junior Olympic 1 – 8 Women's Artistic

**Location:** Prince Albert Gymnastics Club  
1150 3<sup>rd</sup> Avenue West  
Prince Albert, Sask.  
S6V 5G3

**Tentative Schedule:**

Friday Evening: JO 6 (limit 44)  
Saturday Morning: JO 7 & 8  
Saturday Early Afternoon: JO 4 (double panel)  
Saturday Afternoon: JO 5 & JO 3A  
Saturday Evening: JO 3 (double panel)  
Sunday Morning: JO 2 (double panel)  
Sunday Late Morning: JO 1 (double panel)

Prince Albert Gymnastics Club  
1150 3<sup>rd</sup> Avenue W.  
Prince Albert, Sask. S6V 5G3



Phone:(306) 922-4812  
Fax: (306) 763-3419  
aerials@sasktel.net

**Map** – to Competition can be found at [www.paaerials.ca](http://www.paaerials.ca)

**Inquiries:** Tel: (306) 922-4812 Fax: (306) 763-3419  
Meet Directors – Tammy Gillis & Staci Hayes – [aerials@sasktel.net](mailto:aerials@sasktel.net)  
Head Coach/Executive Director – Mike Amouri – [headcoachpa@gmail.com](mailto:headcoachpa@gmail.com)  
Administration – Karen Larden – [karen.pag@sasktel.net](mailto:karen.pag@sasktel.net)  
Judging – Alex Philibert – [alexphilibert.pag@gmail.com](mailto:alexphilibert.pag@gmail.com)

**Cost:**            **JO 1 & 2: \$80.00**  
                         **JO 3 – 8: \$110.00**

A \$20.00 per entry late fee will be charged for ALL entries received after **February 15, 2019**. \*\*Late entries will only be accepted if there is room.

**Entry Deadline: February 15, 2019**

Athletes will be considered registered when summary, entry form and payment have been received.

Coaches/athletes wishing to change athlete level(s) AFTER February 18, 2019 will have to pay \$25 level change fee before level is changed. NO changes accepted at the meet!

Refunds for medical reasons only will be accepted with **a signed doctor's note before February 19 2019**. No refunds will be granted after this date. There will be a \$10.00 administration fee.

Please send only one cheque per club payable to P.A Gymnastics Club

**Judges:** As per the Gymnastics Saskatchewan Policy

Please note: Fines will be charged as per Gymnastics Saskatchewan policy for missing judges.

**Equipment:** As per Women's Gymnastics Saskatchewan Technical Regulations

Clubs are welcome to bring their own beat board. All WAG equipment is Spieth or AAI and fully adjustable.

**Music:** MP3 will only be accepted and used on the Prince Albert Aerials audio equipment. Email all music within 10 days of entry deadline to [headcoachpa@gmail.com](mailto:headcoachpa@gmail.com) label each file:

- 1) Gymnast name & club name
- 2) Gymnasts competitive level

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# ATHLETE WAIVER

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Name of Event: **Prince Albert Gymnastics Club**

Werk The Runway

Invitational

March 1 - 3, 2019

Name of Athlete: \_\_\_\_\_

PLEASE PRINT CLEARLY

Date of Birth (d/m/y): \_\_\_\_\_ Age (as of Dec 31, 2018): \_\_\_\_\_

Home phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Emergency Contact during event: \_\_\_\_\_ Phone: \_\_\_\_\_

In consideration of your acceptance of my entry I, intending to be legally bound do hereby, for myself, my heirs, executors and administrators waive and release and forever discharge any and all rights and claims for damage which I may have or may hereafter accrue to me against the Gymnastics Saskatchewan Association, the organizers or their respective officers, agents, representatives and/or assigns for any and all damages which may be sustained and suffered by me in connection with my association with or entry in the above athletic meet or which may arise out of my traveling to or participating in and returning from said athletic meet.

Submission of your registration to the P.A. Gymnastics Club Invitational constitutes your consent to collect, use, disclose and retain your personal information as is reasonable for Gymnastics Saskatchewan and the P.A. Gymnastics Club for the following purposes:

Name, address, photos, event results, phone number, and e-mail address for the purpose of communicating about programs, events and activities.

\_\_\_\_\_  
Athlete's Signature (If 18 years of age or over)

\_\_\_\_\_  
Parent/Guardian

\_\_\_\_\_  
Date