

2019 WESTERN CANADIAN GYMNASTICS CHAMPIONSHIPS

April 25-28, 2019

BULLETIN #1 – December 2018



**SASKATOON
FIELDHOUSE**
2020 College Drive,
Saskatoon, SK



HOST

GYMNASTICS SASKATCHEWAN

300-1734 Elphinstone Street
Regina, Sask S4T 1K1
(B) 306-780-9229 (F) 306-780-9475
www.gymsask.com

Co-Chairs – Kristi Mandzuk & Cheryl Walker
Phone: 306-780-9229
Email: kmandzuk@gymsask.com & adeckwalker@gmail.com

Technical Chairs – Leigh Stoddart WAG & James Goulet (MAG)
Email: skhpcoach@gmail.com & jgoulet@gymsask.com

WEBSITE LINK:

<http://gymsask.com/western-canadian-championships/>

SOCIAL MEDIA:

Check out the Event Facebook Page: [HERE](#)
Follow Gym Sask on Facebook & Instagram @gymsask

EVENT INFORMATION

COMPETITION DATES

APRIL 25-28, 2019

VENUE

Saskatoon Fieldhouse
2020 College Drive
Saskatoon, SK
*Parking is free at the venue

REGISTRATION FEES

A registration fee is required for all athletes, coaches and judges

Received by 16:00 Friday April 5th	\$140.00
Late fee received by 16:00 Thursday April 18th	\$170.00

REGISTRATION PROCESS	<p>Registration will open on Monday March 4th. All registrations must be completed by 16:00 Friday April 5th online with Sportzsoft. Music will only be accepted through Sportzsoft.</p> <p>The Sportzsoft registration link will be included in the next bulletin.</p>						
REFUNDS	<p>Refunds will only be issued provided that a medical certificate and request for refund is submitted to Gymnastics Saskatchewan by 16:00 Thursday April 18th.</p> <p>A \$15.00 administration fee will be withheld for those withdrawing from the competition.</p>						
MEDICAL WAIVER, PARENT CONSENT FORM	<p>All forms can be found on the website under “waivers” http://gymsask.com/western-canadian-championships/</p> <p>Medical form Risk Waiver under 18 Risk waiver over 18 Statutory declaration</p>						
ADDITIONAL DOCUMENTATION	<p>Each PSO and/or Club must submit their Statutory Declaration (for Risk Waivers and Medical Forms) to the Host Organizing committee upon arrival at the competition venue on THURSDAY APRIL 25</p>						
HOST HOTEL	<p>Travelodge Hotel Saskatoon – Team Hotel 106 Circle Drive West, Saskatoon, SK 306-242-8881</p> <p>Booking Name: 2019 Western Canadian Gymnastics Championships Room Availability: Wednesday April 24-Saturday April 27 Booking Deadline: Monday March 25, 2019 Rates include: Internet, local calls, fitness centre, pool, breakfast, parking</p> <table border="1" data-bbox="451 1140 1568 1178"> <tr> <td>Standard Room</td> <td>2-queens</td> <td>\$114 (+ tax)</td> </tr> </table> <p>Holiday Inn Express & Suites East – University – Judges ONLY Hotel 1838 College Drive, Saskatoon, SK</p> <p>Booking Name: 2019 Western Canadian Gymnastics Championships JUDGES Room Availability: Wednesday April 24-Saturday April 27 Booking Deadline: Monday March 25, 2019 Rates include: Internet, local calls, fitness centre, breakfast, parking</p> <table border="1" data-bbox="451 1499 1568 1537"> <tr> <td>Standard Room</td> <td>2-queens</td> <td>\$139 (+ tax)</td> </tr> </table>	Standard Room	2-queens	\$114 (+ tax)	Standard Room	2-queens	\$139 (+ tax)
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Standard Room	2-queens	\$139 (+ tax)					
MEALS	<p>A hospitality room will be provided for coaches and judges at the venue upstairs. Meal times will be based on the competition schedule.</p>						
EVENT TRANSPORTATION	<p>All Provincial teams and clubs are responsible for their own transportation.</p> <p>Driving Distances: Saskatoon Airport to Travelodge Hotel 4 km Travelodge Hotel to Saskatoon Fieldhouse 8.5 km Saskatoon Airport to Holiday Inn Express 11.2 km Holiday Inn Express to Saskatoon Fieldhouse 600 m (walking)</p>						

MEDICAL	The Saskatchewan Sport Science and Medicine Council will provide medical services on site during training and competition. Club managers and/or head coaches may be asked to produce digital or hard copy medical waivers to access medical care for minors on-site.	
EVENT SOCIAL	TBD	
TECHNICAL MEETING	The technical meeting will be held on Thursday April 25 at 16:00 exact location will follow in upcoming bulletins. The meeting is for all coaches, managers, and officials providing an opportunity for discussion on any policy, procedures and concerns.	
ATHLETE NUMBERS	We will not be using athlete numbers this year.	
EQUIPMENT	Equipment will be provided by Spieth Anderson. 1 full set of MAG and 1 full set of WAG equipment will be supplied. Teams are not authorized to bring their personal boards or Yurchenko mats to the event.	
JUDGES ASSIGNMENTS	All Provinces/Territories are required to submit a list of judges to Gym Sask by 16:00 Friday March 15. Should this information be available earlier, please feel free to submit ahead of the deadline. WAG judges – Toni Hansen – tones84@hotmail.com MAG judges – James Goulet – jgoulet@gymsask.com	
ORGANIZING COMMITTEE	Kristi Mandzuk	Event Chair
	Cheryl Walker	Event Vice Chair
	Leigh Stoddart & Sheralynn Steele	WAG Technical Chairs
	James Goulet	MAG Technical Chair
	Terra Wiebe & Heather Chronik	Protocol Chairs
	Heather Sutherland & Debbie Buchan	Delegate Services Chairs
	Kamila Wyzomirski	Marking & Sponsorship Chair
		Logistics Chair
	Danielle Robertson-Boersma	Volunteer Chair
IMPORTANT DATES TO REMEMBER	Registration opens	March 4
	Judge List submission	March 15
	Accommodation Deadline	March 25
	Registration due	April 5
	Late Registration	April 6-18
	Refund with administration fee deadline	April 18

Should you have any questions, please feel free to contact Kristi Mandzuk at kmandzuk@gymsask.com.

Gymnastics Saskatchewan, and our organizing committee, look forward to hosting you in Saskatoon.



**2019 WESTERN CANADIAN
GYMNASTICS CHAMPIONSHIPS
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DAY & TIME	MAG	DAY & TIME	WAG
Thursday April 25 8:00 – 16:00	Training per Province * Elite 3 & Elite 4 Physical Testing	Thursday April 25 8:00 – 16:00	Training per Province JO 9, 10, Aspire 1, 2 only
Thursday April 25 16:00-16:30	Technical Meeting	Thursday April 25 16:00-16:30	Technical Meeting
		Thursday April 25 16:45 – 20:20	JO 8 Team and All Around and Apparatus Finals
Friday April 26 8:00 – 11:00	Elite 3 training – ALL Provinces	Friday April 26 8:00 – 11:05	JO 9 (11-13) Team and All Around
Friday April 26 11:30 – 15:25	Provincial 4 & Elite 4 Team and All Around	Friday April 26 11:30 – 14:35	JO 9 (14 +) Team and All Around
Friday April 26 16:00 – 21:25	Provincial 5 & National Open Team and All Around	Friday April 26 15:00 – 18:05	JO 10 (12-15) Team and All Around
		Friday April 26 18:00 – 21:00	JO 10 (16+) Team and All Around
Saturday April 27 8:05 – 11:35	Elite 3 Team and All Around and Apparatus Finals	Saturday April 27 8:00 – 11:50	Aspire 1 & 2 Team and All Around and Apparatus Finals
Saturday April 27 12:00 – 17:00	Elite 4, Provincial 4, Provincial 5 & National Open Apparatus Finals	Saturday April 27 12:55 – 17:00	JO 9 & JO 10 Apparatus Finals
Saturday April 27 17:30	Post Westerns Debrief	Saturday April 27 17:30	Post Westerns Debrief
Saturday April 27 19:30	CLOSING ATHLETE SOCIAL CLOSING JUDGE & COACH SOCIAL *will be held at separate locations		



2019 WESTERN CANADIAN GYMNASTICS CHAMPIONSHIPS April 25-28, 2019



2019 WESTERN CANADIAN GYMNASTICS CHAMPIONSHIPS – WAG TRAINING SCHEDULE (PROVISIONAL)

Thursday April 25	8:00-10:00	Training – Team SK
	10:00 – 12:00	Training – Team MB/YK/NWT
	12:00 - 14:00	Training – Team AB
	14:00 – 16:00	Training – Team BC
	16:00 – 16:30	Technical Meeting – Location TBD

2019 WESTERN CANADIAN GYMNASTICS CHAMPIONSHIPS – WAG SCHEDULE (PROVISIONAL)

Thursday April 25 Session 1 – JO 8	16:45 – 17:05	General Warm up
	16:45	Judges Meeting
	17:15 – 20:15	Competition
	20:20	Awards

2019 WESTERN CANADIAN GYMNASTICS CHAMPIONSHIPS – WAG SCHEDULE (PROVISIONAL)

Friday April 26 Session 2 – JO 9 (11-13)	8:00 – 8:20	General Warm Up Judges Meeting
	8:30 – 11:00	Competition
	11:05	Awards
Friday April 26 Session 3 – JO 9 (14+)	11:30 – 11:50	General Warm Up Judges Meeting
	12:00 – 14:30	Competition
	14:35	Awards
Friday April 26 Session 4 – JO 10 (12-15)	15:00 – 15:20	General Warm Up Judges Meeting
	15:30 – 18:00	Competition
	18:05	Awards
Friday April 26 Session 5 – JO 10 (16+)	18:00 – 18:20	General Warm Up Judges Meeting
	18:30 – 21:00	Competition
	21:00	Awards

2019 WESTERN CANADIAN GYMNASTICS CHAMPIONSHIPS – WAG SCHEDULE (PROVISIONAL)

Saturday April 27 Session 6 – Aspire 1 & 2	8:30 – 8:50	General Warm Up Judges Meeting
	9:00 – 11:45	Competition
	11:50	Awards
Saturday April 27 Session 7 – JO 9 & JO 10 Apparatus Finals	12:55 – 13:15	General Warm Up Judges Meeting
	13:20 – 17:00	Competition *awards will be included during the competition
Saturday April 27 Post Westerns Debrief	17:30	Location TBD *Each province is required to send one representative
Saturday April 27 Closing Social	19:30-22:30	TBD



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2019 WESTERN CANADIAN GYMNASTICS CHAMPIONSHIPS – MAG TRAINING SCHEDULE (PROVISIONAL)

Thursday April 25	8:00-11:30	Training – Team SK/MB/YK/NWT
*These sessions will include Elite 4 & 4 Physical testing	11:30 – 13:30	Training – Team AB
	13:30 – 16:00	Training – Team BC
	16:00 – 16:30	Technical Meeting – Location TBD

2019 WESTERN CANADIAN GYMNASTICS CHAMPIONSHIPS – MAG SCHEDULE (PROVISIONAL)

Friday April 26 Elite 3 Training	8:00 – 11:00	Elite 3 training – ALL Provinces
Friday April 26 Session 1 – Provincial 4 & Elite 4	11:30 – 12:45	General Warm Up
	12:00	Judges Meeting
	12:50 – 15:20	Competition
	15:25	Awards
Friday April 26 Session 2 Provincial 5 & National Open	16:00 – 17:15	General Warm Up
	17:00	Judges Meeting
	17:20 – 21:20	Competition
	21:25	Awards

2019 WESTERN CANADIAN GYMNASTICS CHAMPIONSHIPS – MAG SCHEDULE (PROVISIONAL)

Saturday April 27 Session 3 – Elite 3	8:05 – 9:20	General Warm Up
	9:00	Judges Meeting
	9:30 – 11:30	Competition
	11:35	Awards
Saturday April 27 Session 4 Apparatus Finals	12:00 – 13:15	General Warm up
	13:00	Judges Meeting
	13:20 – 17:00	Competition *Awards will be during competition
Saturday April 27 Post Westerns Debrief	17:30	Location TBD *Each province is required to send one representative
Saturday April 27 Closing Social	19:30-22:30	TBD