

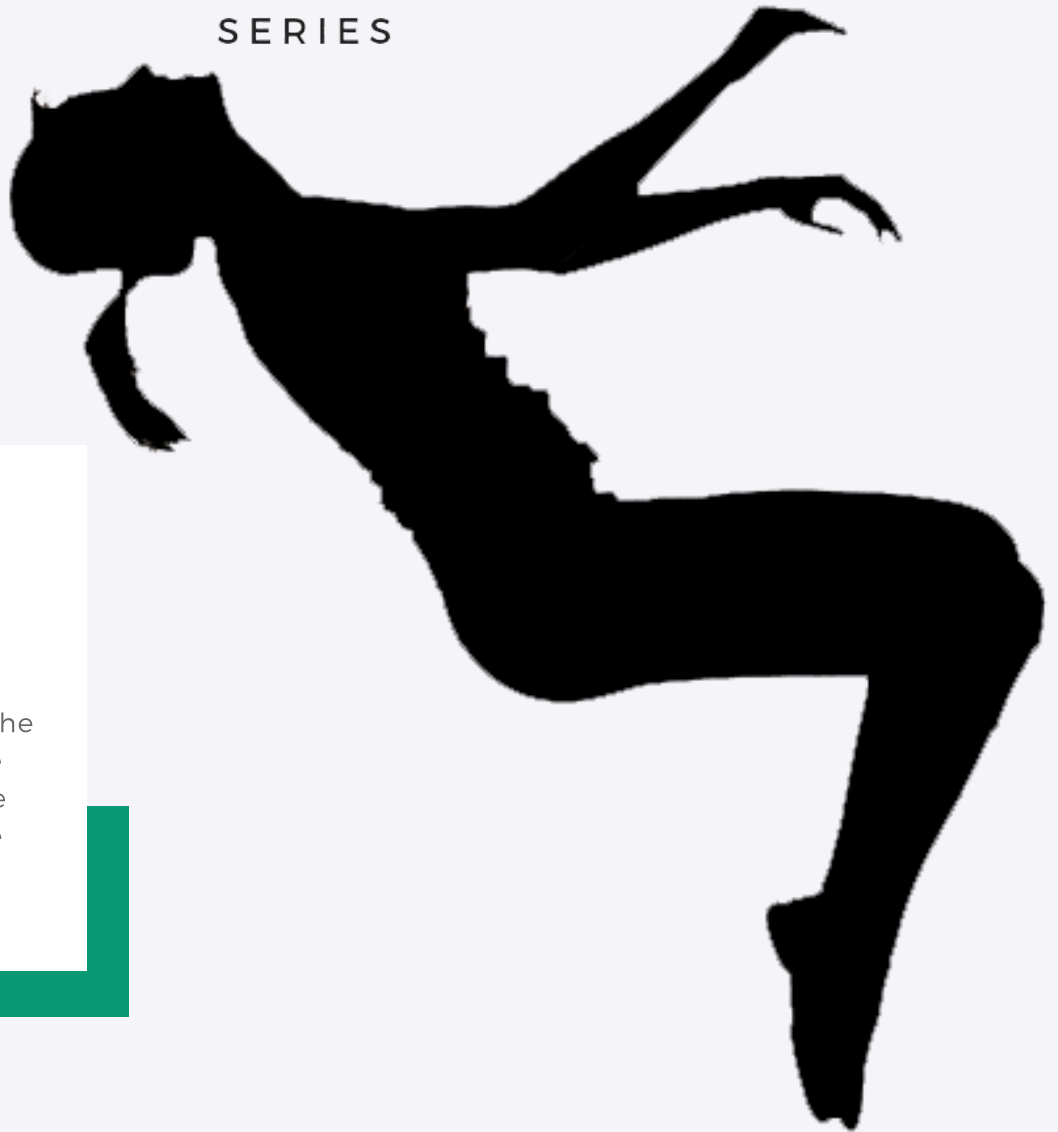
THE

J U M P !

SERIES

WHAT IS THE JUMP SERIES?

Created by Gymnastics Saskatchewan and the Gym for All Committee, the Jump Series is a resource for clubs to help navigate the impending insurance limitation changes to trampoline use.



OUR GOALS:

- Provide information about insurance changes.
- Stimulate ideas and solutions for recreational programming without the use of trampolines.



WHO/WHAT IS COVERED UNDER THE NEW LIMITATIONS?

As of April 1st, 2019, only competitive registered athletes who are participating in competitive trampoline activities (including practices, training, and/or competitions) that take place in a member club facility or sanctioned host facility are covered, provided that:

- The club is a member in good standing with Gym Sask;
- The club is adhering to Gym Sask membership policies and requirements;
- The athletes are registered in a competitive category (Inter-club, Provincial, National)
- There is a Level 2 TG Certified coach in attendance.



IMPORTANT NCCP REQUIREMENTS

Clubs must now ensure that there is a NCCP Level 2 Trampoline Certified coach in attendance at all times during competitive trampoline activities.

What does it take to become NCCP Level 2 Certified in Trampoline Gymnastics?

In order to take the technical training (Level 2 Trampoline Technical Course) coaches must have one of:

- Level 1 Trampoline Certification
- Gymnastics Foundations Trampoline Certified
- Gymnastics Foundations Trampoline Trained (GF Intro, GF Theory, GF Trampoline)

Coaches must also complete the Competition - Introduction Part B Theory course (including the Teaching & Learning, Designing a Basic Sport Program, Basic Mental Skills modules) offered by Coaches Association of Saskatchewan.

Once a coach completes the NCCP Level 2 Technical Trampoline Course (21.5 hrs) and Competition-Introduction Part B Theory course modules, they can choose to become certified in one of two ways:

1. Complete 150 practical trampoline coaching hours under the supervision of a Level 2 Trampoline certified coach and submit the practical hours form to Gym Sask.
2. Submit a Level 2 Trampoline Coach Evaluation Portfolio to Gym Sask and an NCCP coach evaluator as well as completing a lesson observation with that evaluator. All coaches are also required to complete the Make Ethical Decisions exam before they can become certified.



For forms and past newsletters visit:
<http://gymsask.com/coach-resources/the-jump-series/>.