



2019-2020

REGISTRATION FORM

Mass Routine Workshop & Gym for Life Workshop

Name:	
Club:	
Email:	
Phone:	
Street Address or Box #:	
City/Town:	
Province:	Postal Code:
Please Print/Type Clearly	

DATE

Sunday, October 6, 2019

Registration deadline is Wed, Sept 26, 2019.

LOCATION

Ritmo Gymnastics

Located at the corner of Highway 16 and Boychuk Drive, inside Scheers Martial Arts in Saskatoon.

SCHEDULE:

Sun 9:00AM-12:30PM – Mass Routine Workshop

Sun 1:30PM-5:30PM – Gym for Life Workshop

All registered member Coaches and Coaches in Training may attend these workshops.

REGISTRATION FEES: (includes tax)

- \$45 for both sessions
 \$25 for one session
 Mass Routine Workshop ONLY
 Active Start Workshop ONLY

Total \$ _____ \$15 Late Fee

METHOD OF PAYMENT:

- Cheque (Payable to Gymnastics Saskatchewan)
 Visa MasterCard

Card Holder's Name			
Card Number			
Expiry Date		CVC #	

- I would like a receipt. (To be received at the event)

The **Mass Routine Workshop** will include a review of the current mass routines and introduce the new routine for the Fundamentals stage, choreographed by Kendra Embury. These routines will be featured at Galas and Gymnaestrada events throughout Saskatchewan for the next few years. Please remember to bring your own apparatus to review the mass routines.

We are also planning a **Gym for Life - Diversity and Inclusion in Foundations** in the afternoon with Kara Thorpe. The topics included in this workshop will be: How to plan a lesson and modify it based on creating a diverse and inclusive environment. It will include key concepts focused on the ideals of Gym for Life and creating programming aimed at engaging all members of our diverse communities.

Send registration to:

Gymnastics Saskatchewan
300-1734 Elphinstone Street; Regina, SK; S4T 1K1
Ph: 306-780-9229 Fax: 306-780-9475
dfowler@gymsask.com www.gymsask.com

IMPORTANT NOTES:

- Registrations must be received at least 10 days prior to the workshop.
- This may be canceled if there are not enough participants registered by the deadline.
- A \$15 late fee will be applied to registrations received after the deadline.
- Participants will only be registered in the workshop after all forms and payments have been received.

REFUND POLICY

- Participants must notify Gymnastics Saskatchewan at least 5 business days prior to the course if they are unable to attend. All refunds are subject to a \$10 administration fee.
- Failure to send notification will result in forfeit of registration fee. NO SHOWS are subject to payment of the full registration fee.
- A full refund will be issued if the workshop is cancelled.