



# Judging Orientation Package JO 6 - 7 2019 - 2020

Judges play a critical role in establishing the environment at all competitions. This document will provide you with general information regarding:

- Understanding the basics of judging the Junior Olympic (JO) program
- The expectations that will be required of you once you become a certified judge
- How to access judging resources to become successful and proficient as a judge
- What is requested of you prior to attending a clinic

## What is the Junior Olympic (JO) Program?

Gymnastics Canada had adopted the JO program to provide direction and foster competition for different age groups of young women of various levels of ability and commitment. Gymnastics Saskatchewan uses this tool as a guide to provide programming for female gymnasts in Saskatchewan. The JO program has pre-competitive, compulsory and optional-routine competitive levels. In the Junior Olympic Optional Program (JO 6 - 10), athletes must complete skills with a certain level of difficulty and meet certain level specific requirements in any combination they choose. The requirements for JO 6 – 7 judges are:

- Must be 16 years old as of December 31, 2019.
- Must have met the mobility requirements from JO 3 - 5 or be a current or former athlete or coach.

During a gymnast's routine, judges are trained to write down two things, scripting and deductions. Scripting is using symbols for each skill the gymnast performs. All gymnastic skills have a shorthand symbol associated with them. Deductions are values subtracted from the score for errors made while the gymnast is performing these skills. Any departures from the correct technique or performance are to be penalized (deducted) according to the **Table of General Faults and Penalties**. Each event also has a table of **Specific Penalties**. Once the routine is completed then judges are to assess the routine as a whole and identify and apply throughout deductions.

## Expectations of a Judge

### Judges are expected to:

- Respect the needs of each club, coach, gymnast, and other judges.
- Prepare for each specific judging assignment. Judging panels will be distributed 1-2 weeks prior to a competition to allow judges time to prepare.
- Work quickly and accurately to produce a score.
- Be a cooperative member of the judging panel.
- Be unbiased, fair, and impartial in scoring.
- Arrive at the judges' meeting on time and in their judging uniform.

#### Note:

- Judges in the Optional levels are required to entirely produce their own Final Scores (FS), which include a breakdown Start Value (SV), Execution (E-Score) and throughout deductions.
  - SV is calculated in JO 6 – 7 using the Value Parts (VP) and the Special Requirements (SR).
    - More information can be found in the General Information section of the Code.

### The judging uniform for JO Level 6 -7 is:

- Navy or black pants (no leggings) or skirt and a white top/blouse.
- No denim or t-shirts.
- Flat, dark coloured shoes – no sandals or spiky heels.

## Judging Resources

Gymnastics Saskatchewan has a library of judging resources on their website, [www.gymsask.com](http://www.gymsask.com). On the homepage, on the top right hand side, you will see the **Judges** tab on the menu bar. When you hover over Judges, you will get a drop down menu. Under **Judging Resources** you can find the following documents that you will need for the clinic or to begin practicing (<http://gymsask.com/judge-resources/>):

- JO 6 -7 Judging Sheets
- JO Optional Requirement Chart
- Gym Sask Judging Regulations – this is part of the WAG Judging Manual

Since the JO Program in Canada has been adapted from the JO Program developed by USA Gymnastics, more resources can be found at [www.usagym.org](http://www.usagym.org). Printable pages for updates and changes to the Code of Points can be found at <https://usagym.org/pages/women/updates/jo.html>. USAG Flipbooks, are a summary of



requirements and deductions for all JO levels. Each club is required to have a copy of the flipbook for competitions. Please be aware that there was a recent change to the Optional Code of Points and not all clubs have the updated Optional Flipbook.

USAG also publishes a comprehensive USA Gymnastics Junior Olympic Optional “orange” book that outlines each level of the JO program. Many clubs have purchased the orange book as a judging resource. You can also purchase a copy of the Optional Code of Points on iBook.

- Each judge is required to have their own copy of the Optional Code of Points and bring it with them to the clinic

## Before Attending Your Clinic

- Review judging routines and deductions summary sheets available on GymSask.com
  - Judges are encouraged to bring questions about the clinic regarding any symbols, deductions, rules or the application of rules you may have

Included below is

- A practice chart of many of the basic judging symbols
- Exemplars of what completed judging sheets should look like

Please take the time to become familiar with identifying and writing these symbols before your clinic, as well as what a completed judging routine consists of.

It is not necessary for you to memorize all symbols and routine requirements prior to your clinic, but it is important to be familiar with the rules and comfortable writing the symbols as this is a skill necessary for judging. At the clinic there may be some time spent on symbols, but judges are expected to be capable of scripting prior to the clinic, as the clinic will focus on the application of the rules and practical judging experience

## At the Clinic

Judges will be required to write practical and theory examinations.

- Pass standard: 80%





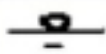
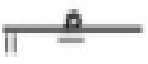






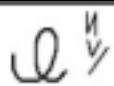
Practical Exam

- The practical exam consists of 5 routines on each event being judged and final scores being submitted. Final scores must be within an allowable range to receive credit

Theory Exam

- Judges will have 90 minutes to write a theory exam which consists of 50 multiple choice questions

Uneven Bars								
Kip	A							
Cast to Handstand	B							
Cast to !-Straddle	B							
Freehip to support	B							
Freehip to Handstand	C							
Giant	B							
Cast Stoop on (recognize 2 skills)	AA							
Sole Circle	A							
Flyaway	A							
Beam/Floor								
Kickover mount with leg switch	A							
Sissone	A							
Stretch Jump	A							
Stretch Jump with leg switch - Changement	A							

Tuck Jump	A								
Cat Leap	A								
Full Turn	A								
Handstand	A								
Split Leap	A								
Split Jump	B								
Cartwheel	A								
Backwalkover	A								
Front Walkover	A								
Tick Tock	A								
Backhandspring	B								
Roundoff Aerial Dsmt	A								
Back Salto Dsmt – Tuck Pike Layout	A								
Front Salto – Tuck Pike	A	