

Judging Orientation Package JO 6 - 7 2019 - 2020

Judges play a critical role in establishing the environment at all competitions. This document will provide you with general information regarding:

- Understanding the basics of judging the Junior Olympic (JO) program
- The expectations that will be required of you once you become a certified judge
- How to access judging resources to become successful and proficient as a judge
- What is requested of you prior to attending a clinic

What is the Junior Olympic (JO) Program?

Gymnastics Canada had adopted the JO program to provide direction and foster competition for different age groups of young women of various levels of ability and commitment. Gymnastics Saskatchewan uses this tool as a guide to provide programming for female gymnasts in Saskatchewan. The JO program has pre-competitive, compulsory and optional-routine competitive levels. In the Junior Olympic Optional Program (JO 6 - 10), athletes must complete skills with a certain level of difficulty and meet certain level specific requirements in any combination they choose. The requirements for JO 6 – 7 judges are:

- Must be 16 years old as of December 31, 2019.
- Must have met the mobility requirements from JO 3 5 or be a current or former athlete or coach.

During a gymnast's routine, judges are trained to write down two things, scripting and deductions. Scripting is using symbols for each skill the gymnast performs. All gymnastic skills have a shorthand symbol associated with them. Deductions are values subtracted from the score for errors made while the gymnast is performing these skills. Any departures from the correct technique or performance are to be penalized (deducted) according to the **Table of General Faults and Penalties**. Each event also has a table of **Specific Penalties**. Once the routine is completed then judges are to assess the routine as a whole and identify and apply throughout deductions.



Expectations of a Judge

Judges are expected to:

- Respect the needs of each club, coach, gymnast, and other judges.
- Prepare for each specific judging assignment. Judging panels will be distributed 1-2 weeks prior to a competition to allow judges time to prepare.
- Work quickly and accurately to produce a score.
- Be a cooperative member of the judging panel.
- Be unbiased, fair, and impartial in scoring.
- Arrive at the judges' meeting on time and in their judging uniform. Note:
- Judges in the Optional levels are required to entirely produce their own Final Scores (FS), which include a breakdown Start Value (SV), Execution (E-Score) and throughout deductions.
 - SV is calculated in JO 6 7 using the Value Parts (VP) and the Special Requirements (SR).
 - More information can be found in the General Information section of the Code.

The judging uniform for JO Level 6 -7 is:

- Navy or black pants (no leggings) or skirt and a white top/blouse.
- No denim or t-shirts.
- Flat, dark coloured shoes no sandals or spiky heels.

Judging Resources

Gymnastics Saskatchewan has a library of judging resources on their website, <u>www.gymsask.com.</u> On the homepage, on the top right hand side, you will see the **Judges** tab on the menu bar. When you hover over Judges, you will get a drop down menu. Under **Judging Resources** you can find the following documents that you will need for the clinic or to begin practicing (<u>http://gymsask.com/judge-resources/</u>):

- JO 6 -7 Judging Sheets
- JO Optional Requirement Chart
- Gym Sask Judging Regulations this is part of the WAG Judging Manual

Since the JO Program in Canada has been adapted from the JO Program developed by USA Gymnastics, more resources can be found at <u>www.usagym.org.</u> Printable pages for updates and changes to the Code of Points can be found at

https://usagym.org/pages/women/updates/jo.html . USAG Flipbooks, are a summary of



requirements and deductions for all JO levels. Each club is required to have a copy of the flipbook for competitions. Please be aware that there was a recent change to the Optional Code of Points and not all clubs have the updated Optional Flipbook.

USAG also publishes a comprehensive USA Gymnastics Junior Olympic Optional "orange" book that outlines each level of the JO program. Many clubs have purchased the orange book as a judging resource. You can also purchase a copy of the Optional Code of Points on iBook.

• Each judge is required to have their own copy of the Optional Code of Points and bring it with them to the clinic

Before Attending Your Clinic

- Review judging routines and deductions summary sheets available on GymSask.com
 - Judges are encouraged to bring questions about the clinic regarding any symbols, deductions, rules or the application of rules you may have

Included below is

- A practice chart of many of the basic judging symbols
- Exemplars of what completed judging sheets should look like

Please take the time to become familiar with identifying and writing these symbols before your clinic, as well as what a completed judging routine consists of.

It is not necessary for you to memorize all symbols and routine requirements prior to your clinic, but it is important to be familiar with the rules and comfortable writing the symbols as this is a skill necessary for judging. At the clinic there may be some time spent on symbols, but judges are expected to be capable of scripting prior to the clinic, as the clinic will focus on the application of the rules and practical judging experience

At the Clinic

Judges will be required to write practical and theory examinations.

• Pass standard: 80%

Practical Exam

• The practical exam consists of 5 routines on each event being judged and final scores being submitted. Final scores must be within an allowable range to receive credit

Theory Exam

• Judges will have 90 minutes to write a theory exam which consists of 50 multiple choice questions



		Uneve	en Bars	;		
Кір	A					
Cast to Handstand	В	1				
Cast to !- Straddle	В	je.				
Freehip to support	В	V				
Freehip to Handstand	С	U.				
Giant	В	J.				
Cast Stoop on (recognize 2 skills)	AA	M.				
Sole Circle	A	\odot				
Flyaway	A	ue "				
		Beam	/Floor			
Kickover mount with leg switch	A	4				
Sissone	A	\succ				
Stretch Jump	A	<u>(</u>				
Stretch Jump with leg switch - Changement	A	N—				

Tuck Jump	A	N			
Cat Leap	A	/2)			
Full Turn	A	0			
Handstand	A	!			
Split Leap	A	-9-			
Split Jump	В	<u> </u>			
Cartwheel	A	Х			
Backwalkover	A	\cap			
Front Walkover	A	\cap			
Tick Tock	A	\bigcirc			
Backhandspring	В	\cap			
Roundoff Aerial Dsmt	A	4			
Back Salto Dsmt – Tuck Pike Layout	A	Q y	 	 	
Front Salto – Tuck Pike	A	۲۳			

20.18 Content	Alissi Program Alignment SCOBA	0 > > 0	SI	50.0	S &			
Revised 5.20.18	rectly iack Layou ect Forwar - Acrial fff. Grp. 1 ion) - one: side split foot fff. Grp. 1 ion) - one af fff. Grp. 1 ion) - one as polit	SR SV	A Q	VP SR -	FIN	VP SR	SV	FIN
Effective August 1, 2018 – July 31, 2022 5	 Level 7 1. One (1) Acro series - min.3 directly connected Flight elc one a Back Layout to Two (2) or more directly connect Forward Acro Flight ele one Salto or Acrial 3. Dance Passage w/ min. of 2 diff. Grp. 1 ele. (direct or indirect connection) - one a LEAP requiring 180° cross or side split (1solated or in a series) 4. Min. of 360° Tum on One (1) foot (1solated or in a series) 1. Concertais within excretes alto a series of the Arro Flight ele one salto or diff. Grp. 1 ele. (direct or in a series) 2. directly connected saltos (same or diff.) 3. Dance Passage w/ min. of 2 diff. Grp. 1 ele. (direct or indirect connection) - one a LEAP requiring 180° crossis esplit ele. Arro flin. of 2 director or indirect connection) - one a LEAP requiring 180° crossis esplit. 	✓ 8	- 10.82	BA	0.0	к п		
1, 2018 – Ji SR	Level 7 1. One (1) Acro si connected Flight to two (2) feet 2. Two (2) or moi Acro Flight ele 3. Dance Flight ele ele, (direct or in LEAP requiring 1. One Acro serie 2. direct or in 2. direct or in 3. direct or in 4. Min, of A. Salto		· 1 expresso	Hinouphout	· / mesic			
e August]		1 united	· 1 6.	- The	6			
Effectiv	Level 6 Cone (1) Actro series (min.3 directiv connected Ele., two (2) with flight) Rolla do not fulfill req. One salto or Aerial (bwd, fwd or swd) (todlated / in 2 nd series) Dance passage w/ min. of 2 different Group 1 cle. (direct or indirect connection) - one a LEAP requiring 180° cross or side split Min. of 360° Turn on One (1) foot (Isolated / in series)	1.1	J	I I	. OS lege apart			
SR	- <u>n</u> ń 4		P1.	XU	Costes.			
	Acro Series (with or without flight) AND AND AND Series) (Both Acro Flight ele. (Isolated /in Series) (Both Acro SRs exclude mnt/dmt) (Both Acro SRs exclude mnt/dmt) One (1) Leap/Jump requiring 180° cross or side split (Isolated / in series) Min. of 360° Group 3 Turn on One Min. of 360° Group 3 Turn on One Min. of 560° Group 3 Turn on One (1) foot (Isolated / in series) Min. of 560° Group 3 Turn on One (1) foot (Isolated / in series) Acrial or Salto Dmt - Min. of A Level 7 ex as Level 7 except #1. Acro Series - min. of 2 clements, 1 with flight. (excludes mnt/dmt)							
8	 Acro Series (with or without fli AND Dne(1) Acro Flight ele. (Isolate Series) (Both Acro SRs exclude mn/dr (Both Acro SRs exclude mn/dr (Both Acro SRs exclude mn/dr (Both Acro SRs exclude mn/dr (I) foot (Isolated / in series) arries) (I) foot (Isolated / in series) (I) foot (Isolated / in series) (I) foot (Isolated / in series) (I) foot (Isolated / in series) Same as Level 7 except # I. I. Acro Series - min. of 2 element with flight. (excludes mn/dmt) 	A Page K	4	J	S F			
જી છે.	11.1 1.1 1.1 1.1 1.1 1.1 1.1 1.1 1.1 1.	tides (N		đ	o l'april			
LEVEL	Level 6 Von-Flight Acro Series OR One (1) Acro Flight ele (Isolated /in Series) (excludes mnt/dmt) One Leap/Jump requiring 180° cross or side split (Isolated in series) Min of 360° turn on Min of 360° turn on Min of Selve turn on Aerial/Salto Dmt. – Min. of A	• •) []			
XMIPIC	 Non-Flight Acro Series OR One (1) Acro Flight Acro Series OR One (1) Acro Flight el. (Isolated /in Series) (excludes mnt/dmt) One Leap/Jump requiring 180° cros or side split (Isolatud in series) Min. of 360° tum o one foot (Isolatud / in series)(Group 3) Aerial/Salto Dmt. – Min. of A 	os releve			ž			
VIOR OI	Level 8 Min. of One (1) bar change & 3. Two B elements. same or different one with flight (Not in drmt): OR One "B" 360° Clear (Not in mt or dmt) One "B" 360° Clear Circle ele. from Grp 3.6 or 7 (not in dmt) Salto Dmt - Min. A	¢ C) (1		S REPENE			
2022 JUNIOR OLYMPIC		. 08. ac	3.0	PJ P				
2018-2	evel 6 tst - min. 45° above ve Horiz, = SR) te (1) bar change Clear Circling om Grp. 3, 6 or 7 ount, min. of A ount, min. of A evel 7 2) 360° clear circling ame or different t bar) t bar) Cfp. 3, 6 or 7 - Min. of A	(0) (0)	D (Ref.	Vegs apor			
Л	Level 6 est – min. 45° abo ove Horiz. = SR) ne (1) bar change Clear Circling om Grp. 3, 6 or 7 Jevel 7 ast to handstand diffills SR) 2) 360° clear circ same or different bar) t be a B t be a B t Grp. 3, 6 or 7 – Min. of A		ŢŢ	NU				

GYMNASTICS SASKATOH WAN

Kevised 5.20,18	Content A 4 5 5 out B 4 2 1 ward CV 0 0 0 National SV 0 10 10 10 Incal Revels: Allewels: B Allewels: Refrected demonts Restricted demonts B Iff: 0.00 0 ff SV 0 Niff: 0.50 off SV 0	0.0.0		
Kovisee	 Image: Contract and a section of a section o	SR SV FIN	PIN SR VP	PIN SR PIN
<i>ly 31, 2022</i>	w// m of teles w// w// m of teles w// m of teles seri/ m of teles	B / O	A LI B 1 0.85	К 10
Effective August 1, 2018 – July 31, 2022		G	more	
tive August))))))	0	+ + + + + + + + + + + + + + + + + + +	
		13400	> ==== : : >	
		Y J L	X g	
	Acro Series (with or without flight) AND One (1) Acro Flight ele. (Isolated /in Series) (Both Acro SRs exclude mnt/dmt) (Both Acro SRs exclude mnt/dmt) (Dot (1) Leap/Jump requiring 180° cross or side split (Isolated / in series) Min. of 360° Group 3 Tum on One (1) foot (Isolated / in series) Aerial or Salto Dmt - Min. of A Aerial or Salto Dmt - Min. of A Aerial or Salto Dmt - Min. of A Aerial or Salto Coup 3 Tum on the (1) foot (Isolated / in series) Aerial or Salto Coup 3 Tum on the (1) foot (Isolated / in series) Aerial or Salto Dmt - Min. of A Aerial or Salto Coup 3 Tum on the (1) foot (Isolated / in series) Aerial or Salto Coup 3 Tum on the (1) foot (Isolated / in series) Aerial or Salto Coup 3 Tum on the (1) foot (Isolated / in series)	<pre>></pre>	J & F.F.	
6, 7 & 8	ਮੁਤੁਰ ਸ਼ਿ.	B D or K	S Zélere	
LEVEL 6,	mt) mt) hated a on t -	T	S O B	
YMPIC	 Non-Flight Acro Series OR One (1) Acro Flight ele. (Isolated /in Series) (evcludes mr/dmt) Cone Leap/ump requiring 180° cros or side split (Isolate in series) Min. of 360° turn o one foot (Isolated / in series) Arrial/Salto Dmt Min. of A 		M Ci	
2022 JUNIOR OLYMPIC	bar bar Grad dmt)		os flex fr	
		1.000 L	O. H. J. S.	
2018-	LL Cevel 6 ve Horiz. = SR ve Horiz. = SR ve thoriz. = SR ve thoris = SR e (1) bar change lear Circling om Grp. 3, 6 or 7 Level 7 vevel 7 vevel 2) 360° clear circling ame or different bar) be a B be a B be a B be a B be a B	Finel Finel	r.	

Revised 5.20.18	Content	ifficetly Back Layout Back Layout B 4 2 1 C 0 0 0 C 0 0 0 C 0 0 0 C 0 10 10 C 0 0 0 SV 10 10 10 C 0 0 0 C 0 0 0 0	VP - Q.	SR _1.0	sv O	FIN	1.82	VP -0.9	SR - 0, 2	E.P. vs	FIN O O	VP	SR	SV	FIN
Effective August 1, 2018 – July 31, 2022		 Level 7 One (1) Acro series - min.3 directly connected Flight ele one a Back Layout to Two (2) feet Two (2) or more directly connect Forward Acro Flight ele one Salto or Aerial Dance Passage wimin. of 2 diff. Grp. 1 ele. (direct or indirect connection) - one a LEAP requiring 180° cross or side split (Isolated or in a series) Min. of 360° Tum on One (1) foot (1) foot (Isolated or in a series) Dance Passage w/ Two (2) saltos OR Dance Passage within exercise Dance Passage within of 2 diff. Grp. 1 ele. (direct or indirect connection) - one a LEAP requiring 180° crosside split Dance Passage within of 2 diff. Grp. 1 ele. (direct or indirect connection) - one a LEAP requiring 180° crosside split Min. of A Salto-Last Isolated/in Last Pass 	L A	۰ س	di nenene e se	THE AND	,f	× 3	B		601	Y	В		
Effective August 1,	SR 🔲 SR	Level 6 Level 6 1. One (1) Acro series 1. Ele two (2) with flight) 2. Rolla do not fuilfil req. 2. 2. One salto or Aerial 3. (bwd, fwd or swd) 3. (Isolated / in 2 rd series) 3. 3. Dance passage w/ min. 4. ele. (direct or indirect croup 1 1. ele. (direct or indirect froup 1 1. eon a LEAP requiring 1 1. 180° cross or side split 1. series) 3.	XX		An and a second s	1.05		イイヤ		2	extension				
. 6, 7 & 8	SR 7 V	 Level 7 Acro Series (with or without flight) AND Series) Dand (1) Acro Flight clc. (Isolated /in Series) Both Acro SRs exclude mnt/dmt) Core (1) Leap/Jump requiring 180° cross or side split (Isolated / in scries) Min. of 360° Group 3 Tum on One (1) foot (Isolated / in scries) Acrial or Salto Dmt - Min. of A Level 8 Same as Level 7 except #1. 1. Acro Series - min. of 2 elements, 1 with flight. (excludes mnt/dmt) 		"Samp	orz. , Islep		J	K K		~ °2~6 /	izamus iz 7 . 1 even		·		
LYMPIC LEVEL 6,	SR 77	1. Non-Flight Acro Scries OR One (1) Acro Flight Acro (Isolated /in Scries) (isolated /in Scries) (excludes mnt/dmt) 2. One Leap/jump requiring 180° cross or side split (Isolated / in series) 3. Min. of 360° tum on one foot (Isolated / in series)(Group 3) 4. Aerial/Salto Dmt – Min. of A	15 arms		- Constant		J	\langle	C	020	²				
2018 - 2022 JUNIOR OLYMPIC	SR J	 Level 8 1. Min. of One (1) bar change change change 2. & 3. Two B elements, same or different - One with flight (Not in dmt); OR One (1) with LA turm (Not in mt or dmt) Not im the or dmt) One "B" 360° Clear Circle ele. from Grp. 3.6 or 7 (not in dmt) 4. Salto Dmt - Min. A 	۱ ــــــــــــــــــــــــــــــــــــ	· 2knes	6) 0 1	J Q		-	o the	, Zarms				
2018 -		evel 6 st – min, 45° above by e Horiz, = SR) by e Horiz, = SR) clear Circling clear Circling m Grp, 3, 6 or 7 gunt, min, of A <u>evel 7</u> gunt, min, of A <u>evel 7</u> 2) 360° clear circling ame or different bar) be a B Grp. 3, 6 or 7 - Min, of A	Rubi	-15 arms))) /			Suare	The second s		Sof C)				

2018-2022 JUNIOR OLYMPIC LEVEL 6. 7 & 8

Effective August 1. 2018 – July 31. 2022 R

GYMNASTICS