

<p><b>Member Awareness</b></p>	<ul style="list-style-type: none"> <li>• Clubs MUST inform members of new protocols through public postings - email, club website, member news, in house or personal telephone communications</li> <li>• Use waivers specific to insurance coverage for Covid-19 claims exclusion (current insurance policy limits/excludes any coverage for Covid-19 related claims)</li> <li>• Post these protocols in high traffic area eg. main entrance door, bathrooms</li> <li>• Include COVID in your club refund policy</li> <li>• Clubs must adhere to all provincial health mandates, Sask Sport and Gym Sask mandates/protocols or may/will be reported by the public and closed down</li> </ul>
<p><b>Entering &amp; Exit Facility</b></p>	<ul style="list-style-type: none"> <li>• Place distancing lines outside facility for parents &amp; gymnasts to line up before and after entering</li> <li>• Staff member escorts the gymnast inside the facility and ensures hands are properly cleaned</li> <li>• Maximum of one parent/gymnast inside facility.</li> <li>• Bleachers need to be marked off where people are allowed to sit with appropriate distancing</li> <li>• Create a separate entrance and exit, if possible</li> <li>• Must sanitize hands when entering facility</li> <li>• Anyone feeling unwell MUST STAY HOME</li> </ul>
<p><b>Facility Safeguarding</b></p>	<ul style="list-style-type: none"> <li>• Heightened cleaning of entire facility, especially high traffic areas</li> <li>• Cleaning between each use of the washrooms (high traffic area)</li> <li>• Provide hand sanitizing stations throughout facility</li> <li>• Provide additional hand washing stations, beyond current washroom stations/sinks (best placed at the entrance to the facility and entrance to the equipment/gym area)</li> <li>• Clean/sanitize each piece of gymnastics equipment between athlete usage</li> <li>• Remove or cover any equipment (cloth-like) that cannot be cleaned (issues TBD – floor carpet, beat boards, balance beams, any carpeted areas that can't be easily cleaned)</li> <li>• Play structures that allow for more than one participant at a time must be closed, or must be fully disinfected between usage</li> <li>• Remove/close off any self-serve vending machines and/or food sales</li> <li>• Café areas should be closed as not appropriate places to sit</li> <li>• No food in venue at all</li> <li>• Use of personal chalk containers rather than open chalk bucket - each athlete must be supplied with their own chalk and instructed not to share and must wash hands after using equipment with chalk</li> <li>• Recommended that after chalk use by one individual, that piece of equipment be sanitized before next use by another athlete</li> </ul>

	<ul style="list-style-type: none"> <li>• Clubs must ensure that all cleaning products are authorized disinfectants against SARS-CoV-2, the coronavirus that causes COVID-19 (Gym Sask or our equipment supplier will provide information on cleaning products)</li> </ul>
<b>Staff and Coaching Management</b>	<ul style="list-style-type: none"> <li>• Prior to coming to work (daily), staff be required to screen via self-assessment tool, report to their designated supervisor to present and discuss their assessment, receive a sticker for their name tag indicated they have been screened</li> <li>• Staff are required to sanitize/wash hands between rotations</li> <li>• Hands free coaching (no spotting) for recreational programs – i.e. mainly circuits</li> <li>• Hands free coaching (no spotting) for competitive programs – i.e. modify training needs to ensure athletes are only doing safe skills, not learning new skills which might require spotting</li> <li>• Wearing masks for the coaches and staff required if they cannot maintain physical distancing.</li> <li>• Gloves required by people cleaning the equipment/facility between rotations or at the end of day. Otherwise, no gloves for coaches as gloves provide a false sense of safety and people begin to relax their cleaning with them. If they insist on gloves they need to be changed every time something is touched and hands need to be washed between each new set of gloves</li> <li>• Personal safety measures such as coughing/sneezing into arm</li> <li>• If feeling unwell, staff/coaches <b>MUST STAY HOME</b></li> <li>• Staff member should be assigned to ensure athletes are washing hands before coming into equipment/gym area</li> </ul>
<b>Program Management</b>	<ul style="list-style-type: none"> <li>• Recommended that each athlete attending an in-person class has gone through the Covid self-assessment test that day, and is given clearance by the staff member to enter the program</li> <li>• Reduce the number of classes/programs in the gym at any one time</li> <li>• Adhere to maximum numbers in the gym as dictated by Health Authority – could be at 10, or up to 30, dependent on future directives by Health Authority</li> <li>• Possibly re-open competitive training first, with 1 coach and maximum 9 athletes at any one time</li> <li>• Athletes could be assigned to specific apparatus each training session, thus physically distancing, and must sanitize/clean equipment after each use</li> <li>• Athletes must not sit together during rest time between turns</li> <li>• Athletes must have a designated area for rest between turns that can be marked off for safe distances</li> <li>• Reduce the number of hours for competitive programs</li> <li>• Add time between class changeover or stagger start and end times to ensure time to clean/disinfect equipment as mandated</li> <li>• Create circular rotation schedule with less crossover traffic</li> </ul>

	<ul style="list-style-type: none"> <li>• Use different colored velcro/tape to indicate distancing within the facility</li> <li>• Rearrange, remove or spread out equipment for better physical distancing</li> <li>• Remove or cover equipment that cannot be disinfected</li> <li>• Create pathways (eg. velcro, colored tape, paint, floor stickers) within facility for better flow</li> <li>• Eliminate pit usage totally for all programs - cover pit with landing mats – pit cannot be easily cleaned and should not be used</li> </ul>
<p><b>Class/Team Management</b></p>	<ul style="list-style-type: none"> <li>• Reduce the number of gymnasts per coach</li> <li>• Create physical distancing between stations/circuits</li> <li>• Stagger break times for competitive/team gymnasts</li> <li>• Have designated break areas that can be marked off to ensure safe distancing</li> </ul>

**General Comments**

- It will be hard to physical distance in the gyms but can be done.
- It will be very difficult to clean and disinfect some of the gym equipment (carpets, floors, any cloth items).
- Hard to clean equipment should not be used ie beatboards with cloth, balance beams?
- Play structures should be closed – no access.
- Once classes are over athletes and parent must leave the gym, no lingering around and chatting.
- Athletes need to change prior to leaving, they should not go home in the clothes worn in the gym. Gym clothes should then be washed and sanitized.
- Handwashing guidelines should be displayed in areas to show people how to properly wash hands. This should be placed at entrances and in bathrooms.
- Educating staff on how to instruct and help athletes and parents properly wash hands.
- Once classes are over for the day and all athletes have left all surfaces should be cleaned and disinfected (mats, floors, counters, bathrooms). This needs to be done over and above cleaning the equipment between uses.