



## Mass Routine Choreography Opportunity

### APPLICATIONS ACCEPTED UNTIL JULY 30<sup>th</sup>, 2020

Gymnastics Saskatchewan is now accepting applications for Choreographer for the creation of a new Mass Routine Choreography. Coaches interested are invited to submit their application including the information requested in the attached form along with any information that they see useful. The selection committee will be comprised of the Gym for All Committee (GFA) with input by the GFA Chairperson (who is not in a conflict of interest with the applicants).

#### Expectations:

The choreographer will be responsible for:

- music selection and providing copies of the music as an electronic copy to Gym Sask
- provide script of the routine (computer WORD version)
- provide a YouTube link and a hard copy via Drop Box of the routine executed by a small group of coaches or athletes (physical distancing protocols being exercised)

The choreographer will be expected to review the routine annually, revise the program as needed and present the routine each year at the annual Mass Routine Workshop.

The choreographer may be selected to work with a mentor/supervisor assigned by the GFA to work with and follow the progress of the routine. If so, the coach will meet with the mentor/supervisor when a portion of the routine is created, and before the routine is finalized. The supervisor will advise of any adjustment required.

#### Honorarium:

An honorarium of \$600 will be provided to the choreographer upon completion of the mass routine and its support material. Any approved related expenses will also be reimbursed. Reasonable expenses related to presenting at the annual Mass Routine Workshop will be reimbursed.

#### Calendar:

- Application deadline: July 30<sup>th</sup>, 2020
- Selection will be announced by Aug 6<sup>th</sup>, 2020.
- Follow up on routine progress throughout the production as agreed with the supervisor assigned by the GFA (if applicable).
- Mass routine and support material to be completed by September 29<sup>th</sup>, 2020.
- The choreographer will be teaching the new mass routine to coaches at the Mass Routine workshop on October 4, 2020 location to be determined. We may consider teaching the routine online using Zoom.

#### Mass routine requirements:

- To serve the **Specialization** stage of athletes:
  - o In this stage the focus is on the development of gymnastics skills and overall sport skills. Participants will continue to develop, extend and refine agility, balance, coordination and flexibility. Posture and core strength should be well-established during this stage. In addition, the gymnast will develop sound basic skills on large apparatus and with hand apparatus, which ensures successful, ongoing, and progressive participation in recreational, demonstration, or competitive gymnastics. Skills are challenging and the fun of gymnastics is found in achieving a new skill, working with a group of athletes and friends, and striving to do one's best. This is an important time for the development of complex gymnastics skills.
- **Length:** between 1' 45" and 2' 30"
- **Choreography:** This year we are requesting a routine that is choreographed with physical distancing between the participants and no apparatus sharing. We would also like the routine to be choreographed so it could be used by clubs as a warm-up or cool down for their training session.
- **Apparatus:** This year the apparatus will need to be something the participants can easily clean and bring from home, or something that is easy to purchase and bring to the gym with them.



**APPLICATION FOR 2020-2021 MASS ROUTINE CHOREOGRAPHY**

<b>NAME</b>		<b>ADDRESS</b>	
<b>CLUB AFFILIATION</b>		<b>CITY/TOWN</b>	
<b>HOME PHONE #</b>		<b>POSTAL CODE</b>	
<b>CELL PHONE #</b>		<b>NCCP#</b>	
<b>EMAIL ADDRESS</b>		<b>NCCP LEVEL</b>	

**Please list your experience in group choreography:**

**Please list any other coaching experience that would benefit you in the realization of this project:**

**Please describe why you should be selected for this project:**

**Please describe your initial ideas for this year's routine (apparatus, music selection, etc.):**

**Please email application to [jbenson@gymsask.com](mailto:jbenson@gymsask.com) by July 30<sup>th</sup>, 2020.**