



2020 ACROBATIC GYMNASTICS INFORMATION SESSION
WEDNESDAY NOVEMBER 4, 2020
Virtual via Zoom at 9:30AM

1. Welcome and Vote Registration
 - Anna Zirk, Amanda Dowling, Daisy Hart, Jamie Benson
 - QCGC 1 vote, GA 1 vote
2. Review and acceptance of 2019 Acro Technical Assembly Minutes
 - Sent out to Acro Tech Committee on
 - Motion to accept minutes: Amanda Dowling
 - Second: Daisy Hart
3. Acro Technical Regulations 2020-2021 Discussion
 - Went through Technical Regulations, discussed and made changes
 - Officials section and selection to provincial team section are not complete yet. They will be complete by our next meeting.
 - There will need to be a discussion around how to qualify for Provincials. For this year, they just need to attend one event to qualify, next year it would have to be a sanctioned event in or out of province, then eventually we would want to set a qualifying score. Anna mentioned the qualifying score for JO 7 & 8 is 31.5 (Jamie will check the AGF Tech Regs to see if this came from their document).
4. Inter-Club Program
 - JO Level 5 & 6 will perform one combined exercise
 - We can practice judging this year at events
 - No scores flashed, and units will not receive an official ranking or winner
 - Results will be handed out to coaches at the end of the invitational
 - Results should not be posted at the event or on the club website
 - Each coach can decide to share the results with parents and athletes as/if they see fit
5. Competitive Program
 - JO Level 7+ demonstrations in province and receive feedback for this year
 - Saskatchewan Government not allowing travel out of province for competitions currently
 - Anna will keep us in the loop if she hears about any virtual Acro competitions. AGF was going to have in person Acro competitions, but this may change by competition time.
6. Calendar of Events
 - Currently, any events would have to have a maximum of 30 people in the building. Between GA and QCGC there would be 13 athletes + 4 coaches/judges = 17 people. Spectators would not be allowed in the gym but would need to have a virtual option for viewing.
 - We talked about having 3 events QCGC in Feb (this might be early, but they would like to pair it with their MAG event), GA in March, Can-Am possibly in April (but this would



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be virtual only), Provincials in May. Can-Am will not be traveling this year and the only way they would host is virtually.

- We talked about having a training camp at the beginning of June and decided that we will wait and see how things go this year.
- When we have events, it would be a good idea to promote them so others can see what Acro is about (Instagram live feed)
- Registration fee for events \$45/athlete, this may have to increase if we source judges for virtual events for JO Level 7+

7. Acrobatic Coach Workshop Opportunities

- PAGU Acrobatic Gymnastics Certificate Course – Jamie will share resources she receives from sessions she attends
- Other workshop opportunities in Zoom format:
 - Skill progression & development
 - Tips for matching partners
 - How to keep athletes motivated during Covid and adaptations being made

8. New Business

- If we do end up running virtual events for Acro, it would be nice if we could ask some AGF judges to help with judging and go through the videos and tariff sheets and break things down to help us understand.

9. Next Acro Committee Meeting

- Wednesday, December 2 at 9:30am via Zoom to finalize our technical regulations

10. Adjournment

- Motion to adjourn: Anna Zirk
- Second: Amada Dowling