

JO 1-3 Judging Sheets Nov 2020

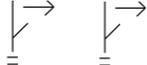
JO Level 1 UB		Fall Time 45s							
Pullover		Cast		Back hip Circle		Straddle on Underswing Dsmt OR Unswing Dsmt			
0.6		0.4		0.4		0.6			
1 ft take-off	0.3	incorr body align	↑0.2	fail main hollow bp	↑0.2	ft btwn hds	0.2	fail main hollow bp	↑0.2
supp'l supp	0.3	lack ctrl	↑0.1	fail main hip con	↑0.2	alt ft place	0.2	fail main hip con	0.2
fail frt supp	↑0.1			lack continuity	↑0.1	lack ctrl in str	↑0.2	fail main neut hd	↑0.1
						fail main hollow bp	↑0.2	insuff body extn	↑0.2
						fail main neutral hc	↑0.1	insuff distance	↑0.1
						insuff body extn	↑0.2	insuff amp flight	↑0.2
						insuff distance	↑0.1		
						insuff amp flight	↑0.2		

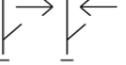
JO Level 2 UB		Fall Time 45s							
Glide Swing and Return/Pullover		Cast		Cast		Back Hip Circle		Underswing Dsmt	
0.2/0.4		0.4		0.4		0.4		0.6	
fail TO simult	0.1	incorr body align	↑0.2	incorr body align	↑0.2	fail main hw bp	↑0.2	fail main hw bp	↑0.2
run out glide	0.3	lack ctrl	↑0.1	lack ctrl	↑0.1	fail main hip con	↑0.2	fail main hip con	0.2
fail lead w/ ft	↑0.1					lack continuity	↑0.1	fail main neut hd	↑0.1
insuff extn	↑0.2							insuff body extn	↑0.2
fail to close legs	0.1							insuff distance	↑0.1
bend legs bswg	↑0.3							insuff amp flight	↑0.2
fail main hd con	0.1								
ex s/h/j bf pull	0.1 e								
1 ft take-off	0.3								
supp'l supp	0.3								
fail frt supp	↑0.1								

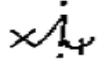
JO Level 3 UB		Fall Time 45s											
Glide Swing and Return/Pullover		OR Straddle or Pike Glide Kip		Cast		Back Hip Circle		Back Hip Circle		Front Hip Circle Small Cast, return to FS		Cast, Squat on, Stretch jump dismount	
0.2/0.4		0.6		0.4		0.4		0.4		0.4		0.6	
fail TO simult	0.1	fail TO simult	0.1	incorr BA	↑0.2	hollow bp	↑0.2	hollow bp	↑0.2	hollow bp	↑0.1	ft outside hds	0.2
run out glide	0.3	run out glide	0.3	lack ctrl	↑0.1	fail main hip con	↑0.2	fail main hip con	↑0.2	fail sm cast	0.2	alt ft place	0.2
fail lead w/ ft	↑0.1	fail lead w/ ft	↑0.1							lack ctrl	↑0.1	lack ctrl in squat	↑0.2
insuff extn	↑0.2	insuff extn	↑0.2									no tuck	↑0.1
fail to close legs	0.1	fail to close legs	0.1										
bend legs bswg	↑0.3												
fail main hd con	0.1												
ex s/h/j bf pull	0.1 e												
1 ft take-off	0.3												
supp'l supp	0.3												
fail frt supp	↑0.1												

General Deductions for Whole Exercise	
Mov't lacking dynamics	↑0.2
Incorrect body alignment during con	↑0.3

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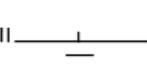
JO Level 1 BB		Time Limit 30s		Fall Time 30s												
Jump to Front Support	Pike Lying Position	Releve Balance	Arabesque (30°)	Forward Leg Swings	Lever	Leg Balance in Forward Passe	Stretch Jump	Cartwheel to 3/4 Side Hdstd Dsmt								
0.2	0.4	0.2	0.4	0.2/0.2	0.6	0.2	0.4	0.6								
																
no extrn in supp	↑0.1	no 90° hip angle	↑0.2	fail hold 2s	↑0.2	fail lift leg min 30°	↑0.1	see General Faults	fail reach hor	↑0.2	incorr leg pos	0.1	fail land ft simult	0.1	incorr hd placmt	0.1
lack cont in turn	↑0.2			fail pause	0.05			fail hold 1s	↑0.1						lift hds b/f land	0.1

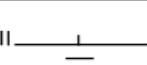
JO Level 2 BB		Time Limit 35s		Fall Time 30s														
Jump to Front Support	Whip Swing to Push-up Position, Jump to Tuck Stand	Arabesque (30°)	Forward Leg Swing, Backward Leg Swing	Releve	Lever to Beam	Leg Balance in Forward Passe	Pivot Turn (180°)	Stretch Jump	Cartwheel to Side Hdstd Dsmt									
0.2	0.6	0.4	0.2/0.2	0.2	0.6	0.2	0.2	0.4	0.6									
																		
no extrn in supp	↑0.1	lk amp on whip	↑0.1	fail lift leg 30°	↑0.1	fail swg leg 45°	↑0.1		fail touch beam	0.1	incorr leg pos	0.1	lack sharpness	↑0.1	fail land ft simult	0.1	incorr hd placmt	0.1
lack cont in turn	↑0.2	no PU pos	0.2	fail hold 1s	↑0.1						fail hold 2s	↑0.2					lift hds b/f land	0.1
		fail land balls ft	↑0.1														fail reach vert	↑0.3

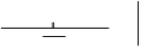
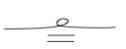
JO Level 3 BB		Time Limit 55s		Fall Time 30s											
Leg Swing Mount with 1/2 (180°) Turn	Cross Handstand	Rond de Jambe/ Arabesque (45°)	Straight Leg Leap (90°)	Stretch Jump; Stretch Jump	Two 1/2 (180°) Pivot Turns	1/2 (180°) Turn in Forward Passe (Heel-Snap Turn)	Cartwheel to Side Hdstd, 1/4 (90°) Turn Dsmt								
0.2	0.6	0.4	0.6	0.4/0.4	0.2/0.2	0.4	0.6								
															
lack cont in turn	↑0.2	incorr hd placmt	0.1	fail main leg ht	0.1	bend fr leg	↑0.1	fail land ft simult	0.1	lack sharpness	↑0.1	incorr leg pos	0.1	incorr hd placmt	0.1
		fail attain vert	↑0.3	fail lift leg 45°	↑0.1	fail pause	0.05	insuff con btwn	↑0.2			fail lower heel	0.05	fail reach vert	↑0.3
				fail hold 1s	↑0.3									turn incomp	↑0.1
														fail to turn	0.2
														lift hds b/f vert	↑0.1

General Deductions for Whole Exercise	
Mov't lacking dynamics	↑0.2
Incorrect body alignment during con	↑0.3
Incorrect footwork/form in exercise	↑0.3
Fail to perform steps/pivot turns in HR	↑0.2
Mov't lacking artistry, consider:	↑0.3
mov't reflect style of choreo	↑0.15
expression	↑0.15
Insufficient amplitude on non-VP	↑0.1
Lack of sureness	↑0.2

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JO Level 1 FX														
3/4 Handstand	Cartwheel, 90° Turn inward	Back Roll Tucked	Candlestick	Forward Roll Tucked	Forward Passe Balance	Forward Chasse	Split Jump (30°)							
0.4	0.6	0.6	0.2	0.4	0.4	0.2	0.4							
														
see General Faults	incorr hd placemt	0.1	hds on FX b/f roll	0.3	fail maint tk to FX	↑0.2	fail main tk in roll	↑0.2	incorr leg pos	0.1	fail pass thru DP	0.05e	fail land ft simult	0.1
	fail pass thru vert	↑0.3	fail maint tk to FX	↑0.1			push off FX to std	0.3			fail close legs in air	↑0.1	fail land ft closed	↑0.1
	fail keep hd align	↑0.1									fail squ hips on LS	0.05	fail hold releve 1s	↑0.1

JO Level 2 FX															
Handstand	Round-off	Back roll to Pike Stand	Candlestick	Bridge, Back Kick -over	Straight Leg Leap (60°)	(90°+90°) Turns in Forward Passe (Heel-Snap)	Split Jump (60°)								
0.4	0.6	0.4	0.2	0.4	0.6	0.4	0.4								
															
fail attain vertical	↑0.3	fail pass thru vert	↑0.3	hds on FX b/f roll	0.3	fail maint tk to FX	↑0.1	Shdlrs not over hds	↑0.1	bend fr leg	↑0.1	fail lower heel	0.05e	fail land ft simult	0.1
fail close legs	0.1	fail land ft simult	0.1	fail maint tk to FX	↑0.1			Extra kicks-overs	0.3e			incorr leg pos	0.1	fail land ft closed	↑0.1
fail hold 1s	↑0.1														

JO Level 3 FX																	
Split Jump (90°)/Stretch Jump	Handstand to Bridge, Back Kick-over (120°)	Handstand Forward Roll Step-out with Straight Arms	Straight Leg Leap (90°)	Back Roll to Push-up Position	Forward Split	1/2 (180°) Turn in Forward Passe	Round-off	Flic-Flac to Two Feet									
0.4/0.2	0.6	6	6	6	2	2	4	6									
																	
fail ld ft closed	↑0.1	fail arms by ears	↑0.1	fail attain vert	↑0.3	bend fr leg	0.1	hds FX b/f roll	0.3	fail split 180°	↑0.2	incorr leg pos	0.1	lack accel	↑0.2	squat in ff	↑0.2
fail ld ft simult	0.1	fail join legs vert	0.1	fail join legs vert	0.1			hds > shdlr wid	↑0.1			heel-snap tech	0.3	fail go thru vert	↑0.3	fail ld ft simult	0.1
fail kp legs join	↑0.1	fail push shdlrs	↑0.2	fail hold 1s	↑0.1			fail show fr supp	0.2					fail ld ft simult	0.1	fail rebound	0.1
fail ld ft closed	↑0.1	fail ld ft simult	0.1	push off FX std	0.3											fail pause in stk	0.05
		extra kick-overs	0.3e	fail step-out	0.1												
		perform tic-tic	0.3														

General Deductions for Whole Exercise	
Mov't lacking dynamics	↑0.2
Incorrect body alignment during con	↑0.3
Incorrect footwork/form in exercise	↑0.3
Fail to perm steps/pivot turns in HR	↑0.2
Mov't lacking artistry, consider:	↑0.3
mov't reflect s/m of choreo	↑0.15
expression	↑0.15
Insufficient amp on non-VP	↑0.1
Not in time with the music	↑0.2