

Subject: Government of Saskatchewan Protocols Update Nov 25
Date: Wednesday, November 25, 2020 at 4:30:27 PM Central Standard Time
From: Kristi Mandzuk
Priority: High
Attachments: image005.png, image006.png, image007.png, image008.jpg

Hello clubs,

As of Friday November 27, 2020, the following restrictions have been put in place by the Government of Saskatchewan :

Sports, Fitness and Dance

- All team/group sports, activities, games, competitions, recitals, practices, etc. are suspended, including amateur and recreational leagues for all age groups. Examples include hockey, curling, racquet sports, cheerleading, dance practices in group setting, etc.
- Athletes and dancers 18 years of age and under may continue practicing, conditioning and skills training in groups of eight or fewer, abiding by the required mask use and at least three metres of physical distancing between participants at all times.
- Individual groups of eight may not share a training/rehearsal surface or space at the same time.
- Coaches /trainers are not included in the training group numbers as long as they are masked and maintain a minimum physical distance of three metres.

Fitness activities and group fitness classes in groups of eight or fewer continue to be permitted, for all ages.

Mask use and at least three metres of physical distancing between participants must be maintained.

Mandatory Masking Expanded

Mandatory, non-medical mask use will be required during all indoor fitness activities, with aquatic activities the only exception.

Mandatory, non-medical masking will be extended to:

- All students, employees and visitors in all schools and day cares (except while consuming food or beverage or engaging in aquatic fitness activities). Children ages 0-2 years are exempt from wearing masks. Children ages 3-12 should wear a mask if they are able to;
- All employees and visitors in all common areas in businesses and workplaces, even in those areas which the public does not have access (e.g. construction sites, manufacturing facilities); and
- All residents, employees and visitors in all common areas in provincial and municipal correctional facilities.

Note that masking continues to be required in indoor public areas that have installed barriers.

As a reminder coaches **MUST** wear a **medical surgical/procedure mask** when spotting as they cannot maintain a distance of 3 metres.

Gym Sask is in contact with the Government of Saskatchewan's Business Response Team to get clarification on how many groups of 8 can be in a facility at once.

As soon as we get a response from the Business Response Team, we will send out an email.

Thank you,



Kristi Mandzuk, BSRS
Gymnastics Saskatchewan
Technical Director/Events Director
300-1734 Elphinstone St. Regina, SK S4T 1K1
306-780-9229 (B)
kmandzuk@gymsask.com



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