



## Gymnastics Saskatchewan Virtual Competition Information

*This is a living document and will be updated as needed.*

### VIRTUAL COMPETITIONS

Registration will be submitted to host club by participating clubs in one document and with one payment for each virtual event.

For virtual competitions athletes will be expected to warm up and compete according to Gym Sask and Gym Canada competition guidelines.

### EQUIPMENT VERIFICATION

Clubs must send in a sample routine recording from the proper camera angle to The Gym Sask MAG Technical Coordinator (jgoulet@gymsask.com) by MONDAY February 8<sup>th</sup>, 2021 to be verified for the whole year. All future invitational recordings must be taken from the approved positions. Please include one link of all four events.

### RECORDING REQUIREMENTS

- Ensure the video will capture the whole routine (in landscape/horizontal view) so that the whole body is always in view and filmed from as close to a normal judges' position as possible.
- **VAULT:** Capture the entire run vault and contact with the springboard. Ensure that height above the vault and landing area are captured.
- **HIGH BAR/P-BARS/RINGS:** Capture the entire matted area under the apparatus, including mount position for a board (p-bars), matted area to include all landing surfaces for dismounts. Ensure the video captures the entire body below and above the apparatus.
- **POMMELS/MUSHROOM:** Ensure horse is captured from a normal judging perspective (perpendicular to the horse). Ensure landing area is visible for JO3 - JO6 mushroom routines.
- **FLOOR:** Ensure that all tumbling lines are visible on the video. JO3 – JO6 routines can be filmed on a floor runway strip.
- Videos should be taken from the position of the D1 judge
- If you require assistance on where the D1 position is please contact a judge in your gym or the Gym Sask Technical Director

### COMPETITION SIMULATION

**\*For a FULLY virtual event\***

#### STEP 1

Competition will run Saturday to Friday (7 days). Clubs have the flexibility to record routines any time during these days. All gymnasts of the same level and club must be on the same day and session. Extenuating circumstances for medical reasons will be considered as long as the gymnast's routines are in the 7 day window. These requests must be sent to the host club.

- Judging will occur Saturday to Monday
- Do NOT combine compulsory and optional recordings together
- Clubs will need to send the order of rotations to the host club in advance, Recordings will need to be done in that order

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## STEP 2

Competition simulation

- Coaches will hold up a whiteboard/paper with athlete's name and level into the recording device before the athlete competes routine. One continuous video for each event rotation.
- Falls must be timed on all apparatus by an onsite designated person. Time deduction must be noted on recording.
- Floor routines must be timed by an onsite designated person. Time deduction must be noted on recording.
- Judges will apply other neutral deductions (failure to move springboard, line deductions, etc) as they judge the routines.

## STEP 3

Videos must be submitted by 11:59pm on the Friday using the link or email address provided by the host club

- Video to be uploaded with one link per rotation. Camera should NOT stop recording between each athlete.

## **\*FOR VIRTUAL ROUTINES COMBINED WITH AN IN-PERSON EVENT\***

Virtual component will run Saturday to Friday or *the day before the first live session, whichever comes first*. (i.e. For a live competition with the first session on Friday evening, clubs must have their virtual videos in by the Thursday). Clubs have the flexibility to record routines any time during these days. All gymnasts of the same level and club must be on the same day and session. Extenuating circumstances for medical reasons will be considered as long as the gymnast's routines are in the 7-day window. These requests must be sent to the host club.

- Judging will occur **live** at the in-person competition.
- Timing of the judging will be immediately preceding the in-person session by the same panel of judges, so results can be combined.
- Awards will encompass all athletes competing, virtual and in-person combined.
- Do NOT combine compulsory and optional recordings together.
- Clubs will need to send the order of rotations to the host club in advance and recordings will need to be done in that order.

Remaining rules for submission remain the same as a fully virtual event.

## JUDGING

Judges will be assigned by the Saskatchewan Judging Chair.

\*For events with an in-person component, judging for virtual routines will be immediately preceding the in-person event by the same panel of judges. Results will be submitted to the regular scoring committee of the host club for the competition.

\*For a fully virtual event

Routines will be judged by the assigned judges on their own time Saturday and Sunday. Each judge will have their own Google Spreadsheet to input their own scores, which will include SV, execution, neutral

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deductions, and final score. Judging and scores must be completed and entered in the google spreadsheet by Sunday at 11:59pm.

Judges must abide by the following:

- Judge routine only once, continuously in real time
- Not consult with another coach/judge with the exception of the designate Competition Head Judge.
- Judge each level for the same competition on the same day & time

The Competition head judge or delegate will enter the SV and final scores from each judge into the master spreadsheet once all the scores are recorded. The Competition Head Judge will verify results by Monday at 11:59pm.

Preliminary results will be sent out by the host club to participating clubs by Tuesday at 11:00am, clubs will have until Tuesday at 4:00pm to inquire about scores to the competition head judge & cc the host club. Results & video link of all participating athletes will be sent out by the host club by Wednesday at 12:00pm to participating clubs and Gym Sask. The results will be posted (excluding Interclub and JO3) on the new Gym Sask results page.

## PROTESTS

- Protests for will not be allowed for virtual events
- Inquiries on D score will be permitted for P4, P5, National Open, Junior and Senior

## JUDGE PAYMENT

- 2 judges per panel to be assigned by Saskatchewan Judging Chair
- Judges will be paid per routine not hourly for virtual events
- Judges to be paid by the host club
- If a judge is onsite judging routines, they will be paid according to the Gym Sask Technical/Judges Manual for expenses and not on a per routine basis.

Level	Payment
Provincial 1	\$1.00/routine
Provincial 2	\$1.25/routine
National	\$1.75/routine
FIG	\$2.00/routine

## AWARDS

Clubs will mail out or deliver awards to each participating club by Friday at 12:00pm. Host clubs are welcome to have team or any additional awards.

## UNIFORMS

- Clubs are encouraged to have their athletes wear their competition singlet, shorts and longs when competing.
- If athletes do not have a club singlet, shorts and longs that is allowed for this year and will not receive a deduction.

## EQUIPMENT REQUIRED BY CLUBS

- iPad/Tablet for recording with ability to upload videos to Dropbox or YouTube or other platform.

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- Tripod for recording a steady video – sample link:  
[https://www.amazon.ca/gp/product/B01GD63ATC/ref=ppx\\_yo\\_dt\\_b\\_asin\\_title\\_o01\\_s00?ie=UTF8&psc=1](https://www.amazon.ca/gp/product/B01GD63ATC/ref=ppx_yo_dt_b_asin_title_o01_s00?ie=UTF8&psc=1) (Make sure you order the proper size for the tablet your gym has).
- Apparatus with proper matting and additional equipment (if required).
- Matting can be over a pit, but must be on the regular landing surface for the apparatus.
  - i.e High bar must have a normal, hard 20cm landing mat under the bar.
- JO3-JO6 floor can be performed on a single strip of floor.
- If a club does not have the required competition equipment; a request must be sent into the Gym Sask MAG Technical Coordinator ([jgoulet@gymsask.com](mailto:jgoulet@gymsask.com)) for an exemption to compete on the equipment.
- Whiteboard/Paper to write athletes name & level on to show to camera for judges.

### REGISTRATION FEE SUGGESTION

Competition fees 2019:

JO 3 - 6: \$100 - \$105

P4 and up: \$125 - \$130

Virtual Registration fee:

\$85 for all levels

Gym Sask suggests charging \$85 for virtual competitions but ultimately it is up to the host club.