



GYMNASTICS FOUNDATIONS CERTIFICATION PROCESS

Who should become Gymnastics Foundations Certified?

- Coaches who will be the head coach (or only coach) at a recreational club
- Coaches who will be designated as the supervising coach in the gym (maybe at a certain time: e.g. Birthday Party supervisor)
- Coaches who will be discipline specialists in their gym (e.g. only Rhythmic coach, Active Start specialist)
- Coaches who will be taking gymnasts to performances, fun meets and/or Inter-Club events. Note: A temporary certification exemption for Gymnastics Foundations Certification will be considered if the coach is planning to continue their coach education and complete the Competition 1 (or Level 2) training and certification.

Remember: Coaches who are aspiring to become competitive coaches may choose to skip the Gymnastics Foundations evaluation and attend the Competition 1 training. They will complete a similar evaluation process once they are ready to become Competition 1 Certified.

