



## Gymnastics Saskatchewan Virtual Open Provincial Championships

*This is a living document and will be updated as needed.*

### VIRTUAL COMPETITIONS

For virtual competitions athletes will be expected to warm up and compete according to Gym Sask and Gym Canada competition guidelines.

### EQUIPMENT VERIFICATION

Clubs must send in a sample routine recording from the proper camera angle to The Gym Sask Technical Director ([kmandzuk@gymsask.com](mailto:kmandzuk@gymsask.com)) by **THURSDAY APRIL 29, 2021** to be verified if you have not already done so. All future invitational recordings must be taken from the approved positions. Please include one link of all four events. For vault please include a routine for JO 1-3 and one for JO 4+ using the vault table.

### RECORDING REQUIREMENTS

- Ensure the video will capture the whole routine (in landscape/horizontal view) so that the whole body is in view at all times and filmed from as close to a normal judges' position as possible. The video should be taken in 1080p.
- **VAULT:**
  - JO 1-5: For this year athlete run will **NOT** be scored for virtual AND in person events for 2020-2021. Capture a minimum of 4 steps before vault and contact with the springboard. Ensure that height above the vault and landing area are captured.
  - JO 6 & higher & Xcel: Capture a minimum of 4 steps before vault and contact with the springboard. Ensure that height above the vault and landing area are captured.
- **BARS:** Entire matted area under bar set, including mount position for a board or glide kip mount, matted area behind high bar to include all landing surfaces. Ensure the video captures the entire body below and above the bars.
- **BEAM:** Entire length of beam and dismount landing area and allow for steps. Ensure the entire body and highest expected skill height is in video.
- **FLOOR:** ensure that all tumbling lines are visible on the video.
- Videos should be taken from the position of the D1 judge
- If you require assistance on where the D1 position is please contact a judge in your gym or the Gym Sask Technical Director

### COMPETITION SIMULATION

#### STEP 1

Competition will run May 1-24, 2021. Clubs have the flexibility to record routines any time during these days.

#### STEP 2

Competition simulation

- Warm up and the virtual competition simulation must be monitored by an onsite designated person (can be coach or video person).
- Coaches will hold up a whiteboard/paper with athlete's name and level into the recording device before the athlete competes routine. Ex: Kristi Mandzuk JO 7
- Falls must be timed on bars, beam, and floor by an onsite designated person. Time deduction must be noted on recording.

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- Beam and floor routines must be timed by an onsite designated person. Time deduction must be noted on recording.
- Judges will apply other neutral deductions (failure to move springboard, line deductions, etc) as they judge the routines.

### STEP 3

Videos must be submitted by 11:59pm on Monday May 24.

- Videos **MUST** be uploaded to a google drive and access **MUST** be given to [virtualprovincials2021@gmail.com](mailto:virtualprovincials2021@gmail.com)
- Videos must be labeled as follows:
  - CATEGORY\_APPARATUS\_ATHLETE LAST NAME\_ATHLETE FIRST NAME
  - Example:JO4\_VAULT2\_MANDZUK\_KRISTI
- The earlier the videos are submitted the better, please try not to wait until the last day to upload ALL videos.

### JUDGING

Judges will be assigned by the Saskatchewan Judging Chair; availability forms will be sent out once the calendar is set.

The level of CHJ will follow the chart below.

Level of Session	Minimum level of Panel Judge	Minimum Level of Event Chief Judge	Minimum Level of Comp Head Judge
Xcel Bronze, Silver, Gold	JO 3-5 & Xcel	JO 4 & 5, yr 2	JO 4 & 5, yr 4
Xcel Platinum/Diamond	JO 6 & 7	JO 6 & 7, yr 3	JO 6 & 7, yr 5
JO 1 & 2	JO 1 & 2	JO 1 & 2, yr 2	JO 1 & 2, yr 3
JO 3-5	JO 3, JO 4-5	JO 4 & 5, yr 2	JO 4 & 5, yr 4
JO 6 & 7	JO 6 & 7	JO 6 & 7, yr 3	JO 6 & 7, yr 5
JO 8 & 9, Aspire	JO 8 & 9, Aspire	JO 8 & 9, yr 4	JO 8 & 9, yr 6
JO 10	JO 10	Nat JO 10, yr 6	Nat JO 10, yr 8
HP	HP	HP	HP

#### Vault

JO 1-5: For this year athlete run will **NOT** be scored for virtual AND in person events for 2020-2021. This will affect the following deductions for the below level(s)''

- JO 1 – Only up to 0.30 – Failure to maintain horizontal speed.
- JO -3: Both up to 0.30 – Failure to maintain horizontal speed AND up to 0.30 – Insufficient acceleration during the run.

Routines will be judged by the assigned judges on their own time May 28-31, 2021. Judges must have their score into the designated spreadsheets by 11:59pm on May 31<sup>st</sup>.

Each judge will have their own Google Spreadsheet to input their own scores, which will include SV, execution, neutral deductions and final score.

Judges must abide by the following:

- Judge routine only once, continuously in real time
- Not consult with another coach/judge with the exception of the designate Competition Head Judge.
- Judge each level for the same competition on the same day & time

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The Competition head judge or delegate will enter the SV and final scores from each judge into the master spreadsheet once all the scores are recorded.

Preliminary scores will be sent out to coaches June 1<sup>st</sup>, and coaches have until June 2<sup>nd</sup> at 3pm to inquire via email to the head judge and cc the Gym Sask Technical Director.

Final scores will be sent out and posted by June 2<sup>nd</sup> if there are no inquiries.

## PROTESTS

- Protests for will not be allowed for virtual events
- Inquiries on D score will be permitted for Xcel Platinum and Diamond, JO 6 and higher, Aspire and High Performance

## JUDGE PAYMENT

- 2 judges per panel to be assigned by Saskatchewan Judging Chair
- Judges will be paid per routine not hourly for virtual events
- Judges to be paid by Gym Sask for Provincials

Level	Payment
Provincial 1	\$1.00/routine
Provincial 2	\$1.25/routine
National 1	\$1.75/routine
National 2	\$2.00/routine

## AWARDS

Awards will be mailed out to clubs the week of June 2<sup>nd</sup>.

## UNIFORMS

- Clubs are encouraged to have their athletes wear their competition leotard when competing
- If athletes do not have a club leotard that is allowed for this year and will not receive a deduction

## EQUIPMENT REQUIRED BY CLUBS

- iPad/Tablet for recording with ability to upload videos to Google Drive
- Tripod for recording a steady video – sample link:  
[https://www.amazon.ca/gp/product/B01GD63ATC/ref=ppx\\_yo\\_dt\\_b\\_asin\\_title\\_o01\\_s00?ie=UTF8&psc=1](https://www.amazon.ca/gp/product/B01GD63ATC/ref=ppx_yo_dt_b_asin_title_o01_s00?ie=UTF8&psc=1) (Make sure you order the proper size for the tablet your gym has).
- Vault, Bars, Beam & Floor with proper matting and additional equipment (if required)
- JO 1-3 floor can be completed on a single strip of floor
- If a club does not have the required competition equipment; a request must be sent into the Gym Sask Technical Director for an exemption to compete on the equipment (form will be created in the future)
- Whiteboard/Paper to write athletes name & level on to show to camera for judges