### Gymnastics Saskatchewan

in partnership with

Yorkton Springers

welcomes you to the

# 2022 PROVINCIAL CHAMPIONSHIPS

MAY 13-15, 2022













#### **Competition Categories**

The 2022 Provincial Championships will crown champions in Provincial and National level for all 4 Gymnastics Disciplines:

Women's' Artistic Gymnastics Men's' Artistic Gymnastics Trampoline and Tumbling Gymnastics Rhythmic Gymnastics

#### **Competition Venue**

The Event will be held in the Gallagher Centre – 455 West Broadway Yorkton Saskatchewan

#### **Registration Fees**

\$150/athlete for Provincial Championships \$75/coach

#### **Registration Process and Deadline**

Registration opens April 1st, 2022.

Registration for WAG & MAG ATHLETES will be done through SportzSoft, please follow the link below to register:

https://www.sportzsoft.com/meet/meetWeb.dll/TournamentLogin?ld=E36BA535863C6A6967CA9F9AEF5DE27

Music MUST be uploaded through this link as well. MP3 will be the only accepted format.

Registration for RG will ONLY be accepted through KSIS, please follow the link below to register: <a href="http://rgform.eu/event.php?id\_prop=3557">http://rgform.eu/event.php?id\_prop=3557</a>. If you have any problems, please email <a href="mailto:djuarez@gymsask.com">djuarez@gymsask.com</a>. <a href="mailto:Music MUST">Music MUST be uploaded through this link as well. No other forms of music will be accepted.</a>

Registration for TG Will be done through the excel spreadsheet.

ALL Registration must be completed by <u>April 29 at 4pm</u>. Please email the excel spread sheet to Cheryl Russell <u>crussell@gymsask.com</u> by **April 29.** Please fill out the summary form with <u>ALL MAG, WAG, TG & RG athletes, & coaches.</u>

Payment can be made by cheque or credit card. Cheques (with a copy of the summary sheet) must be mailed to the Gymnastics Saskatchewan, 300 – 1734 Elphinstone Street, Regina, SK S4T 1K1. Envelopes must be postmarked no later than April 29<sup>th</sup>.

#### Athlete waivers should be downloaded to google drive:

https://drive.google.com/drive/u/1/folders/1KQ5G6uL3fQOOTf cc0CMvL2U6X6idZX0

#### A late registration fee of \$25/athlete will be applied after April 29th.

Refunds will be issued for medical reasons only upon receipt of a doctor's certificate by **May 11**<sup>TH</sup>, **2022**, **less a \$25** administrative fee.

#### **Coach Certification**

Coaches must be certified in their respective discipline in accordance with the level(s) of athletes they are coaching. Please refer to page 14 & 15 of the Coaches Technical Manual <u>HERE</u>. Exemption requests must be sent to Gymnastics Saskatchewan prior to registration.

#### **Hospitality**

A hospitality room will be provided for coaches and judges at the venue upstairs. Meal times will be based on the competition schedule. If coaches or judges are gluten sensitive or vegetarian, please email *Jessica Ronn* – <u>jnronn@hotmail.com</u>, by Friday April 1. Complex dietary needs/preference will be the responsibility of the individual.

#### **Equipment**

All equipment will be supplied by our official equipment supplier Spieth Anderson. A complete price list of equipment for sale will be posted in the Events section of the Gym Sask website under Provincials.

#### Merchandise

Souvenir Clothing will be provided by Source Embroidery Yorkton. A separate form will be sent to clubs for families to purchase.

Gym Gear will be designing a souvenir leo and singlet. They will be available for pre-order. Please use the link here to order: https://www.gymgear.ca/collections/provincials

#### **Host Hotels**

Rooms for the event have been blocked at:

#### **Comfort Inn & Suites**

22 Dracup Ave 40 Rooms (1 Queen/1 Double) \$114 + tax/night (306) 783-0333

#### **Holiday Inn Express**

63 7<sup>th</sup> Avenue N 30 Rooms (2 Queens) \$102 + tax/night (306) 782-9888

#### Days Inn

1-275 Broadway St. E 35 Rooms (2 Queens) \$134.99 + tax/night (306) 782-3112

**Block Name: GYMSASK PROVINCIALS** 

Rooms must be booked by April 13, 2022

#### **Inquiries**

Yorkton Springers Jessica Ronn jnronn@hotmail.com (306) 621-7069 Gymnastics Saskatchewan Kristi Mandzuk kmandzuk@gymsask.com (306) 780-9229

## **Coaches & Judges**

The Gym Sask Board and Staff would like to thank you for all that you have contributed to our sport and to our athletes this year.

Gym Sask will be hosting a social/dinner on Saturday May 14<sup>th</sup>, this will be in place of hospitality that would be provided to the coaches & judges after the event on Saturday.

More information will follow.

# GYMNASTICS SASKATCHEWAN PROVINCIAL CHAMPIONSHIPS 2022 Gallagher Centre

#### **DRAFT Schedule – SUBJECT TO CHANGE**

Last update March 1, 2022

Session	WAG	MAG	TG	RG	
FRIDAY, MAY 13 <sup>TH</sup>					
Morning	CCP Level 3	JO 4			
Afternoon	CCP Level 3 & Xcel Gold	JO 5-6, P3	Level 1-3 Prelims		
Evening	Xcel Gold		Open Gym L4 - Senior		
SATURDAY, MAY 14 <sup>TH</sup>					
Morning	CCP Level 4 & 5	P4, P5, E4, Open, Junior, Senior	L1-L3 Finals & Level 1-3 Synchro	Warm Up	
11:45	AM WELCOME CEREMO	ONIES – ALL DISCIPLINES –	ALL ATHLETES W	ELCOME TO ATTEND	
Afternoon	CCP Level 7, 8, 9,10 National, Aspire, HP		Level 4 – SR Prelims	Level 2- National Day 1	
Evening	Xcel Diamond & Platinum			,	
GYM SASK SOCIAL					
SUNDAY, MAY 15 <sup>th</sup>					
Morning	CCP Level 6		Level 4-SR Finals	Level 3 – National Day 2	

#### **PARTICIPANT WAIVER FORM**

Club:				
Name of Athlete:				
Date of Birth (d/m/y):	Age (as of Dec 31, 2022):			
Home phone:	Cell Phone:			
Emergency Contact during event:	Phone:			
In consideration of your acceptance of my entry, intending to be legally bound do hereby, for myself, my heirs, executors and administrators waive and release and forever discharge any and all rights and claims for damage which I may have or may hereafter accrue to me against <b>Gymnastics Saskatchewan</b> and/or <b>Yorkton Springers Gymnastics Club</b> , the organizers or their respective officers, agents, representatives and/or assigns for any and all damages which may be sustained and suffered by me in connection with my association with or entry in the above athletic meet or which may arise out of my travelling to or participating in and returning from said athletic meet.				
Signature of Participant:	Date:			
Signature of Parent / Guardian:	Date:			

PLEASE UPLOAD THIS REGISTRATION FORM TO THE YORKTON SPRINGERS

https://drive.google.com/drive/u/1/folders/1KQ5G6uL3fQOOTf cc0CMvL2U6X6idZX0