



Wascana Rhythmic  
Gymnastics Club 🍁

**WRGC INVITATIONAL**  
**March 19-20, 2022**  
**Fieldhouse, Regina or Virtual**

**Bulletin #1**

<b>Host Club</b>	Wascana Rhythmic Gymnastics Club <a href="http://saskwrgc.com/">http://saskwrgc.com/</a> <a href="https://www.facebook.com/wascanagymnastics/">https://www.facebook.com/wascanagymnastics/</a>
<b>Contact</b>	Anastassia Manuilova <a href="mailto:nastenska09@yahoo.com">nastenska09@yahoo.com</a>
<b>Venue</b>	City of Regina Sportplex - Fieldhouse & Lawson Aquatic Centre 1717 Elphinstone St, Regina, SK S4N 0A1
<b>Date</b>	March 19-20, 2021
<b>Program</b>	RGI & RGG, National Stream, Masters, Rhythm Cat (Interclub gymnasts are welcome, please see Gym Sask website for RC program document)
<b>Deadlines</b>	Preliminary Registration: January 31, 2022 Final Registration: February 21, 2022 Music & Scripts: March 4, 2022 Videos: March 11, 2022
<b>Registration and Format</b>	All registrations are via KSIS except for Rhythm Cats/Interclub (please send your registration to <a href="mailto:nastenska09@yahoo.com">nastenska09@yahoo.com</a> ). Detailed schedule and rotations will be posted on KSIS after registration deadline. Video submissions will be treated as a separate category and ranked against other video submissions. Please choose the “virtual” category on KSIS to register.
<b>Registration Fees</b>	Rhythm Cat individual - \$70 Rhythm Cat Group - \$20 per gymnast in the group Provincial Stream levels 2 routines - \$85 Provincial Stream 3 routines - \$95 National Stream (Novice, Junior, Senior) - \$105 Provincial and National Stream Groups - \$20 per gymnast in the group Please e-transfer to <a href="mailto:wrgctreasurer@sasktel.net">wrgctreasurer@sasktel.net</a> or mail a cheque to Wascana Rhythmic Gymnastics Club, 520 12 Ave E, Regina, SK S4N 7N2 <i>Refunds will only be given with medical note.</i>
<b>Awards</b>	Trophies – Top Provincial and National All Around in each level Medals and/or ribbons for each level, apparatus and All Around for 1 <sup>st</sup> -8 <sup>th</sup> place Special awards Rhythm Cat/Interclub awards are as per the Gym Sask Tech Regs
<b>Music</b>	Digital files of music must be submitted to rgform.eu website. Music must be submitted in mp3 format. Videos must be submitted to Google Drive. A link will be provided to participating clubs after registration.
<b>Scripts</b>	If required for the level, uploaded to rgform.eu
<b>Provisional Schedule</b>	<u>Friday March 18, 2022</u> Evening: Podium Practice <u>Saturday March 19, 2022</u> Morning: Level 1B, 2A, 2B, 2C, 3A, 3B, 3C, 4A, 4B, Group Afternoon: Level 4C, 5A, 5B, 5C, 6A, 6B, 6C, Novice, Junior, Senior, Masters <u>Sunday March 20, 2022</u>

	Morning: Level 2C, 3B, 3C, 4B, 4C, 5A, 5B, 5C, 6A, 6B, 6C, Novice, Junior, Senior Afternoon: Rhythm Cat
<b>Admission</b>	Audience Admission will be \$10/day for individuals over 12 years old
<b>COVID policies</b>	Fieldhouse is the City of Regina facility. For COVID updates and measures, please visit <a href="https://www.regina.ca/home-property/safety-emergencies/emergency-preparedness/covid-19/">https://www.regina.ca/home-property/safety-emergencies/emergency-preparedness/covid-19/</a>