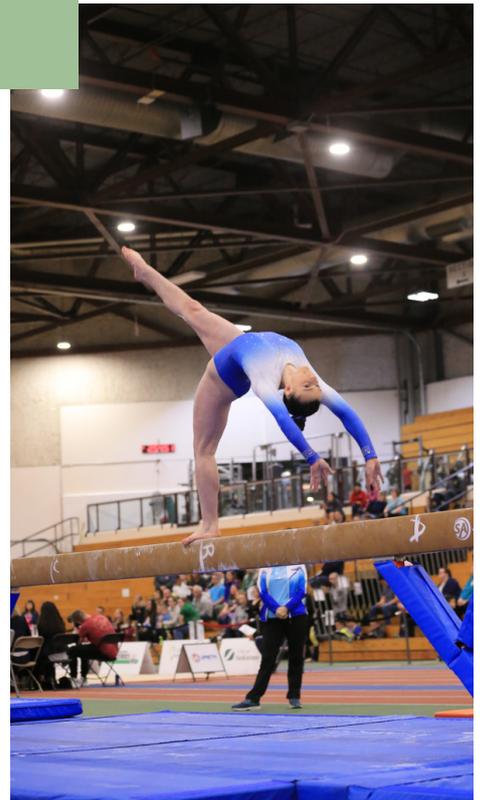




2020-2021 Annual Report



Message from the Chairman of the Board of Directors

Well, it's been quite the year! How does one report on a year that witnessed minimal direct in-person training and so few competitions for coaches and athletes to be a part of? How does one evaluate a year that saw very little sport in a foundation sport? Where does one start when trying to explain the impact the past year and a half has had on each of us and our sport? Regardless of where the conversation begins or ends, it really has been business as usual in an atmosphere of great anxiety and stress and a time of many unknowns. There were many challenges witnessed in these Covid times but our Board and staff worked hard in their support of our stakeholders and the organization in order to maintain the sport we love.

We have seen clubs maintain themselves and their operations, clubs struggle to make ends meet and clubs decide to terminate their operations either for a short term or permanently. Some of our clubs still have limited or no access to facilities due to the public health orders existing within our province. Through these uncertainties and difficulties, several of our clubs continued to have various degrees of success, maintaining their clubs' existence and operations in such difficult times. Some of our clubs that had suspended operations are starting once again and are hoping to get athletes back once again. A very few have had to suspend operations until facilities within their communities reopen to the community for usage. No matter the situation faced by our clubs, we admire and congratulate our clubs on their work and decisions to continue to be the cornerstone of the development of gymnastics in the province.

We were also excited to have had our Board of Directors and staff develop and implement a Covid Emergency Funding Program (EAP), for the many clubs who applied for it, to support their continued efforts to provide gymnastics experiences to their clientele. Our Adjudication Committee for the Emergency Assistance Program, consisting of staff, Board, and independent members, oversaw the review and decisions on financial allocations provided to our clubs applying for assistance. The Board of Directors were pleased to be able to re-direct approximately \$633,000 this past year from the budget to help clubs work through the shutdowns or irregular or regular expenses incurred that limited operations of our sport in our clubs. We look forward to also possibly providing additional funding in the fall (amount unknown at the time of this writing) to help clubs with the promotion and possible media blitz to get our sport back on its feet, so to speak, to re-energize our province for this key foundational sport.

Over the course of the past months through the challenges COVID-19 has brought upon us, the Board of Directors has been actively working with the staff to provide as much possible and feasible support to our clubs, coaches, athletes and community to continue to maintain and grow the gymnastics community in this very unique time. The overwhelming level of communication between the provincial office and our member clubs occurring within the past year was outstanding, as answers and information was discussed and shared, and decisions were made. Our staff's contribution and hard work has been paramount and vital to the realization of our provincial strategic plan, goals and objectives, and most importantly, to the support of our members – athletes, coaches, owners, parents and clubs. Our amazing staff led many different experiences, many through virtual professional development, training sessions and clinics. As well, a very successful virtual provincial competition for our athletes was held which also led to support for many of these same athletes in being judged in national virtual competitions. Our staff members put in many hours setting up such virtual experiences, running the events, gathering the procedures for athletes and coaches to follow and getting the judging done where needed. Thank you to our staff who worked tirelessly, efficiently and diligently to provide advice, ideas, and resources to our members to help maintain the gymnastics services in our province during these challenging times and in providing online professional development for coaches. Communication lines were open and supportive. There was much discussion through the various staff channels of communication to help our clubs, coaches and athletes through these times.

The Gym Sask Board of Directors continues to do work and review of components of the organization through our committee work. A Financial Committee helped the staff to create insight into the Gym Sask Financials to help provide some suggestions into new or modified categories of funding budget lines that align with the times and to establish funding lines to aid our clubs. Our Nominations and Board Development Committee has provided outstanding professional development for the Board throughout the year. PD focused this year on high performance organizations, with a study of the seven pillars of a high-performance organization. We also connected this to our thoughts on the future directions that can be considered for operations to continue to deliver quality gymnastics in our province – “What results, For What People, At What Cost?”. This led us to examine what our objectives and outcomes should be as a Board, and how this could support our organization and its operations. This gave the Board opportunity to look Utilizing the Brene Brown book, “Dare to Lead”, the Board discussed possible strategies to increase ‘courageous leadership’ and how to cultivate a culture of this within our organization.

Through a Board self-evaluation and in-depth discussion of the concepts presented in the book, Board members hope to continue to build trust, clarity and a culture of leadership so that such may flow out into bettering our organization. Lastly, your GymSask. Board of Directors has witnessed the rollout of our new Strategic Plan 2020-2024. In this strategic plan, we have planned, as an organization, to continue being leaders in Saskatchewan and Canada for the advancement and enhancement of all facets of gymnastics. We are extremely pleased to see Gymnastics Saskatchewan in the forefront of the sport organizations in this province and used as a model for others to tap into and use. Our Sask Sport Funding Review again showed consistently that we are recognized as an exceptional operation and a leader within the Sask Sport community. This is due to the leadership of our staff and the commitments of all you, our stakeholders, in our promotion and delivery of gymnastics in our province.

On behalf of the Gym Sask staff, the Board of Directors, and our members, thank you to our clubs for your dedication to working through the challenges being experienced, in promoting and servicing gymnastics in Saskatchewan in such difficult times and doing the best you can given the circumstances. As well, thank you for your patience as we navigate the uncharted waters created by the extensive spread of and our platform response to COVID-19 as we maneuver through the variances that seem to keep creeping into our province.

We hope you will continue to engage with us, and support us in this journey, as we do with you, our stakeholders! We look forward to continued collaboration with you, our members. We hope the start of a new year with fall programming brings a renewal and a re-energization to our clubs. All the best, to our clubs, coaches, athletes, and supporters in continuing to support the deliver and experience of quality gymnastics in our province.

-Dale Reed



Participation

This strategic priority includes programs and initiatives intended to provide opportunities for new and current members to engage in a variety of roles and programs at all levels. These programs focus on the enjoyment of participation and the learnings associated with a foundational sport, gym for life, and physical literacy. Participation strives to grow the sport in membership and outside user group numbers, new disciplines, diverse populations, new opportunities, and overall enjoyment by participants.

Strategic Actions

Gym Sask supports and guides clubs in the delivery of recreational and introductory gymnastics, in current and emerging disciplines and programs, for participants in all age groups and levels.

Gym Sask guides and supports clubs in the establishment of gymnastics programs that provide an inviting, safe and supportive environment for all participants.

Gym Sask maintains a large membership base of clubs and individuals in all Sport Districts in the province.

Gym Sask trains, certifies, educates, and provides mentorship to coaches at the Gymnastics Foundations level.

Gym Sask fosters and promotes diversity, inclusion, and access to gymnastics.

2020-2021 Outcomes

- Supported the development of a new provincial mass routine for the Specialization stage.
- Shared educational information on Acro and Parkour with clubs.
- Sask Rhythm website renewed for another year.
- Selected TSG program staff and began planning for the upcoming cycle.
- Hosted a virtual provincial Gymnaestrada with 7 clubs, 113 athletes, and 16 coaches.

- Shared Gym Can's Values-Based Coaching Module and Safe Sport webinar with member clubs.
- Completed new dispute resolution templates for clubs to utilize. By the end of the year 70% of clubs had submitted their adopted dispute resolution policies.

- Provided ongoing support to clubs with daily communication regarding re-opening and re-building from COVID closures.
- EAP grant program distributed to clubs to support re-opening.

- Resumed in person coaching courses.
- Gymnastics for All virtual webinar series continued throughout the year.
- Revised coach mentorship program for start date of Sept 2021.
- Updated and distributed the coach technical manual.

- Staff attended multiple learning opportunities.
- Developed infographics for six different diverse populations and distributed to clubs.



Our Organization



BOARD OF DIRECTORS

Dale Reed (Chair), Hillary Neiszner, Brian Nestman, Dennis Oppenlander, Nicole Templeton, Sheralynn Steele, Lorne Lasuita, Paula Hesselink, Glenys Sylvestre

STAFF

Klara Miller, Cheryl Russell, Kristi Mandzuk, Jamie Benson, James Goulet, Dalena Juarez



GFA COMMITTEE

Jamie Benson, Megan Blalawas, Julie Levasseur, Kara Thorpe, Taya Browning, Brenda Lanois

MENS TECHNICAL COMMITTEE

James Goulet, Markos Baikas, Nic Hallgrimson, Dexter Tantardini, Bryce Elliot



WOMENS TECHNICAL COMMITTEE

Kristi Mandzuk, Chris Baraniuk, Toni Hansen, Jessica Ronn, Leigh Stoddart, Amanda Brodner, Mike Amouri

TG TECHNICAL COMMITTEE

Cheryl Russell, Traci House, Victoria Oppenlander, Emily Machuk, Danielle Roy, Sam Anderson



RHYTHMIC TECHNICAL COMMITTEE

Dalena Juarez, Adeena Cox, Angelina Messina, Anya Patlosova

ACRO TECHNICAL COMMITTEE

Jamie Benson, Anna Zirk, Amanda Brodner, Daisy Hart

Member Clubs

- 1564 Amazing Adventure
- 207 Battlefords Gymnastics Club
- 62 Bohemka Rhythmic Gymnastics Club
- 209 Calico Gym Club
- 1325 Can-Am Gymnastics Club
- 108 Carnduff Gymnastics Club
- 164 Esterhazy Energizers Gym Club
- 275 Estevan Gymnastics Club
- 85 FlipSide - Exploring Movement
- 263 Gelico Gymnastics Swift Current
- 64 Gymnastics Adventure Inc.
- 304 Gymtastiks of Moose Jaw
- 45 Kyle Gymnastics Club
- 108 Leaps & Bounds Gymnastics Club
- 20 Line 19 Gymnastics Club
- 106 Marian Gymnastics Club
- 985 Marian Recreational Gymnastics
- 120 Moose Mountain Jumpers Gym Club
- 228 Nipawin Revolution Gymnastics Inc
- 100 Outlook Gymnastics Club
- 36 Paradise Hill Dance and Gym Club



- 28 Pense Gymnastics
- 54 Perfect Balance Hudson Bay Gymnastics Club
- 397 Prince Albert Aerials
- 594 Queen City Gymnastics
- 105 Regina Rhythmic Gym Club
- 80 Ritmo Gymnastics
- 74 Rosetown Gym Club
- 83 Ross Gym & Fit
- 26 Spices Fitness & Lifestyle
- 262 Springers Gymnastics
- 36 T&T Adventure
- 722 Taiso Gymnastics Club
- 94 Tisdale Twisters Gymnastics Club
- 140 Turn-A-Row Gymnastics Club
- 135 Valley Gymnastics Centre
- 184 Wascana Rhythmic Gymnastics Club
- 297 Weyburn Gymnastics Club
- 24 Whitewood Gymnastics Club
- 38 Zero Gravity Gymnastics Club
- 45 Independent Members
- 17 Life Members

Excellence

This strategic priority supports athletes, coaches and officials for improved athlete and team performance results at the provincial, western, national and international levels. It includes programs and initiatives intended to provide opportunities for athletes to engage in talent identification, training, competition and Team Sask selection programs. Excellence provides for coaches and officials education and training at the competitive and high performance levels.

Strategic Actions

Gym Sask supports clubs in the delivery of high quality, systematic and integrated programs for inter-club stream athletes.

Gym Sask leads and supports high quality, systematic and integrated talent identification and competition programs for provincial stream athletes.

Gym Sask leads and supports high quality, systematic and integrated talent identification, development and competition programs for national level and high performance athletes.

Gym Sask trains, educates and mentors coaches in the NCCP Competition Stream.

Gym Sask supports Team Sask coaches to attend competitions and training camps with our athletes.

Gym Sask trains and educates judges at all levels.

Gym Sask assigns and supports judges to attend provincial championships and out of province competitions.

Gym Sask leads the planning and delivery for the hosting of major events in Saskatchewan.

Gym Sask establishes Calendars of Events and sanctions club programs, invitational competitions and other events.

2020-2021 Outcomes

- Online skills challenges created for disciplines that were not able to have virtual invitationals early in the season.
- Additional resources provided for Acro athletes at all levels.

- Sask First trials held for MAG, WAG, and TG. Skills challenges and camps/small events held during the season depending on COVID restrictions.
- Virtual competition documents created for all disciplines.
- Completed first set of Acro Technical Regulations.

- Navigated Gym Can's virtual event updates, supported athletes from Saskatchewan to submit videos and participate when able.

- Continued contracts for HP coaches in the province.
- Provided funding for advanced coaching courses.
- Utilized the coach mentorships program between three coaches.
- Offered a variety of online courses and access to conferences.

- N/a due to travel restrictions.

- Pivoted judging courses and learning opportunities to Zoom sessions for all disciplines.
- 4 Gym Sask members attended the Acro judging course for this first time.

- Pivoted judging courses and learning opportunities to Zoom sessions for all disciplines.
- 4 Gym Sask members attended the Acro judging course for this first time.
- Judges were assigned to Gym Can virtual events in WAG, RG, MAG, and TG.

- Hosted virtual TG Western Canada Cup in June. with 111 athletes participating.
- Hosted Virtual Saskatchewan Open Provincial Championships in May for 178 WAG, 11 MAG, 45 TG, and 38 RG athletes.

- Mainly virtual event calendar was created and distributed.
- Sanctioned athletes to attend out of province virtual competitions as applicable.

Coaches & Judges

A move to online training opportunities allowed Gym Sask to continue to provide education opportunities for our coaches, judges, and administrators.



Coaching

27 gymnastics foundations courses were offered (Theory, Intro, Artistic, Active Start, Rhythmic, Trampoline).



Judging

Judging courses and practice opportunities were offered for all disciplines.



Development

A variety of online webinars were offered to members for professional development.

Planning for the 2021-2023 cycle of Team Saskatchewan Gymnaestrada (TSG) began this year with the selection of major staff - Megan Bialowas, Julie Levasseur, and Kara Thorpe. TSG announced a partnership with Calgary Gymnaestrada team and began recruiting athletes to begin training in the 2021-2022 season.

Leadership

This strategic priority includes programs and initiatives intended to provide opportunities for new and current members to engage in a variety of roles and programs at all levels. These programs focus on the enjoyment of participation and the learnings associated with a foundational sport, gym for life, and physical literacy. Participation strives to grow the sport in membership and outside user group numbers, new disciplines, diverse populations, new opportunities, and overall enjoyment by participants.

Strategic Actions	2020-2021 Outcomes
Gym Sask establishes bylaws, policies and procedures that ensure effectiveness in Board governance and organizational operations.	<ul style="list-style-type: none">• Operations policy revised and distributed to members.
Gym Sask develops, implements strategic and operational plans that lead to organizational success, and regularly measures progress towards established outcomes.	<ul style="list-style-type: none">• New strategic plan finalized and distributed.• Coach handbook and club registration handbook revised and distributed.• Operational reporting done by staff each quarter.
Gym Sask is led by a team of qualified, passionate and dedicated professionals, both staff and volunteer.	<ul style="list-style-type: none">• Virtual AGM was held, with board elections completed.• Staff continued to work, sometimes from home, for the duration of the year.
Gym Sask provides training, education, development, mentorship and succession planning for our Board members and staff to ensure long term stability of our organizational leaders.	<ul style="list-style-type: none">• Several PD sessions were held for the board and staff members. Staff members given opportunity for development in a variety of areas.
Gym Sask is financially secure and stable and operates under established auditing principles.	<ul style="list-style-type: none">• Successful audit and reporting submitted to Sask Sport.• All applicable grant deadlines met and distributed to appropriate parties.
Gym Sask offers training and education opportunities for club development and for club volunteers/staff.	<ul style="list-style-type: none">• Many virtual training and education opportunities were shared with clubs over the year.• Ongoing, sometimes daily, communication to clubs regarding COVID in the province.
Gym Sask provides opportunities for member clubs to connect, collaborate, share information and resources.	<ul style="list-style-type: none">• Compiled a networking document with a list of experts in the province of various topics. Distributed to our member clubs.
Gym Sask is a leader, a respected representative and an advocate for the sport and our members, at the provincial and national levels.	<ul style="list-style-type: none">• All staff attended regular meetings with Gym Canada, Sask Sport, the provincial Business Response Team, and other PSO's.

Provincial Team Members



TG Sask First Team

Nyla Thackeray - Gym Adventure - National
 Ashley Anaka - Can Am - National
 Kate Pepper - Gym Adventure - National
 Hannah Metheral - Gym Adventure - National
 Meghan Wiebe - Can Am - National
 Jami Reschke - Gym Adventure - National
 Lina Reschke - Gym Adventure - National
 Halle Pipko - Gym Adventure - National

Katie Berg - Can Am - National
 Eric Newby - Gym Adventure - Provincial
 Emily Pepper - Gym Adventure - Provincial
 Alex Potts - Gym Adventure - Provincial
 Sienna Provost - Can Am - Provincial
 Journey Bingham - Can Am - Provincial
 Rhea Tillmanns - Can Am - Provincial

WAG Sask First Team

Rylee Miller - Can Am - HP Senior
 Amy Jorgensen - Marian - HP Junior
 Marie Millette - Marian - HP Junior
 Jada Roussin - Marian - HP Novice
 Harriet Toth - Gym Adventure - JO 10
 Amanda Walker - Marian - JO 10
 Nya Kraus - Gym Adventure - JO 10
 Avery Tillmanns - Can Am - JO 10
 Hannah Mokuruk - Marian - JO 10
 Milah Dyck - Can Am - JO 9
 Sydney Young - Gym Adventure - JO 9
 Kendall Mcclary - Can Am - Aspire 2

MAG Sask First Team

Davey Boschmann - Senior Next Gen
 Noah Royer - Junior (16-17 yr)
 Jesse Tyndall - Senior
 Mitch Tyndall - Senior
 Ashton Kotlar - Senior Next Gen
 Brody Benson - Junior (14-15 yr)
 Riley Nienaber - Prov 4
 Tanner Richard - Prov 4
 Nicholas Boutin - Prov 4
 Lucas Boutin - Prov 4
 Tristan Marquis - Prov 4

RG Team Sask for Canadian Championships

Jessica Malin - National Novice, Anya Omorogbe - National Junior, Karlee Czemerer - National Junior, Teresa Meng - National Junior, Kaileah Ulmer - National Junior

Awareness

This strategic priority includes strategies and initiatives intended to develop and implement promotions and marketing programs to make the public and members aware of gymnastics as a safe sport and a foundational sport. It also serves to publicly celebrate the successes of our organization, our programs and our participants, and promote the many benefits of gymnastics.

Strategic Actions

2020-2021 Outcomes

Gym Sask creates awareness of gymnastics as a foundation and life-long sport for the development of physical literacy.

- Ongoing social media plans developed to celebrate and highlight gymnastics as a foundation sport.
- Recruitment posts scheduled at relevant times to reach more people in the province and educate on the benefits of gymnastics.

Gym Sask implements safe sport policies for our participants' well-being, and to safeguard children and participants from abuse, harassment or discrimination.

- Revised Safe Sport policies sent to clubs for review and adoption if desired.

Gym Sask provides member services to clubs to ensure viable and sound operations and management.

- Offered assistance to clubs with grant applications and COVID funding opportunities.
- Dispute resolution templates updated and revised.
- Insurance coverage extended to trampoline coverage.

Gym Sask celebrates, recognizes and promotes the successes and achievements of our current and former members.

- Results from virtual competitions were posted on social media for all disciplines.
- Provincial team athletes were highlighted on social media.

Gym Sask creates and implements marketing and social media campaigns to increase the visibility of the sport of gymnastics in general and to promote the successes of our athletes.

- Ongoing social media engagement, including staff introduction posts, discipline features, strategic plan information, sport district awareness, and member club highlights.

Gym Sask develops and delivers promotions and marketing programs and communication strategies that foster the sharing of information between clubs and across all facets of the organization.

- Strategic plan brochures designed and printed.
- Surveyed member clubs on what members would like to see promoted on social media platforms.
- Diversity & inclusion infographics posted on social media.

Notable Results



WAG Elite Canada

Amy Jorgensen - 2nd Vault
Marie Millette - 2nd beam, 3rd AA



MAG Elite Canada

Jesse Tyndall - 1st AA
Davey Boschmann - 1st AA
Noah Royer - 2nd AA



TG Elite Canada

Connor Wehage - 1st DMT
Wilson Reimche - 2nd DMT
Emily Pepper - 1st DMT
Megan Tosh - 3rd DMT, 3rd TRA
Ashley Anaka - 2nd DMT, 3rd TRA
Hannah Metheral - 1st DMT
Wilson Reimche - 3rd TRA
Lina Reschke - 3rd TUM

WAG Canadian Championships

Amy Jorgensen - 3rd Beam, 3rd Floor, 3rd AA
Kendall McCleary - 3rd Vault, 1st Bars, 2nd AA
Sydney Young - 2nd Bars, 3rd Beam
Hannah Mokuruk - 2nd Vault, 1st Bars, 1st Floor, 1st AA
Avery Tillmanns - 1st Bar, 2nd Beam, 3rd AA
Jada Roussin - 2nd Floor
Natalie Schafer - 2nd Vault, 2nd Bars, 2nd AA
Arabella MacDougall - 1st Beam, 3rd AA
JO 9 11-13 - 1st Team Award
JO 9 14+ - 2nd Team Award



Special Congratulations to:

- Amy Jorgensen, named to Junior National Team
- Rylee Miller, named to Gym Can Senior Espoir List
- Noah Royer, selected for Junior Pam Am Games and Berlin Team Cup



Tisdale Twisters
Gymnastics Club
RECREATION & WOMEN'S ARTISTIC PROGRAMS



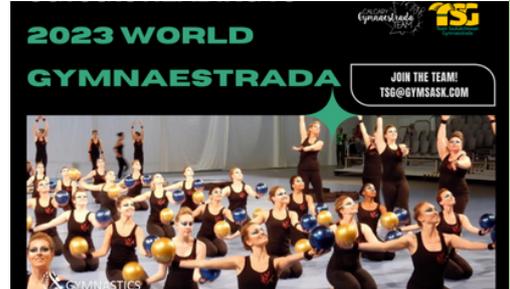
Yorkton Springers
RECREATION, WOMEN'S ARTISTIC PROGRAMS



PARKLAND DISTRICT



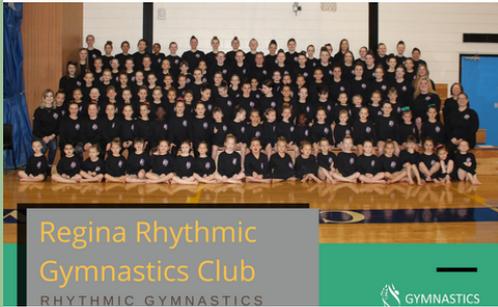
Carnduff Gym Club
RECREATIONAL, WOMEN'S & MEN'S ARTISTIC PROGRAMS



2023 WORLD GYMNAESTRADA

JOIN THE TEAM!
TSG@GYMSASK.COM

Ritmo Gymnastics
GYMNASTICS FOR ALL, RHYTHMIC GYMNASTICS



Regina Rhythmic Gymnastics Club
RHYTHMIC GYMNASTICS



Social Stats

- 54,416 people reached
- 6382 reactions
- 19,706 engagements
- 387 shares



Queen City Gymnastics Club (QCGC)
RECREATION, WOMEN'S & MEN'S ARTISTIC & ACROBATIC PROGRAMS



Esteran Gymnastics Club
RECREATIONAL, MEN'S, & WOMEN'S ARTISTIC PROGRAMS



Calico Gymnastics Club
RECREATION, WOMEN'S & MEN'S ARTISTIC PROGRAMS



Marian Recreation
RECREATION, WOMEN'S ARTISTIC, PARKOUR PROGRAMS



DID YOU KNOW?



PA Gymnastics
GYMNASTICS FOR ALL, WOMEN'S & MEN'S ARTISTIC PROGRAMS



Thanks Coach



Marian Gymnastics Club
WOMEN'S ARTISTIC PROGRAM

