

Acrobatic Gymnastics Technical Regulations 2021-2022



Table of Contents

1. GYMNAST DEVELOPMENT AND COMPETITIVE PROGRAMS.....	2
1.1 Recreational Programs.....	2
1.2 Inter-Club Programs.....	2
1.3 Provincial Competitive Programs.....	3
1.4 National Competitive Programs.....	3
2. GYMNAST REGISTRATION & ELIGIBILITY	4
2.1 Competition Eligibility, Mobility and Upgrades	4
2.2 Levels & Age Groups	5
3. OFFICIALS PROGRAM REGULATIONS.....	5
3.1 General.....	5
3.2 Certification Levels.....	6
3.3 Judging Education	6
3.4 Obligations of Judges	8
3.5 Judging Uniforms	9
3.6 Judge Panel Composition	9
3.7 Judging Assignments and Requirements.....	11
3.8 Expenses and Payment of Judges.....	11
3.9 Record of Meets.....	12
4. COACHES PROGRAM REGULATIONS	12
5. COMPETITION EQUIPMENT REQUIREMENTS.....	14
5.1 Equipment.....	14
5.2 Music Regulations	14
6. COMPETITION INFORMATION.....	14
6.1 Warm-up.....	14
6.2 Start Order	14
6.3 Height Discrepancies.....	14
6.4 Dress Code	15
6.5 Competitive Format	15
6.6 Awards for Sanctioned Competitions	15
6.7 Competition Appeals.....	15
6.8 Saskatchewan (Provincial) Championships	15
7. SELECTION TO PROVINCIAL TEAMS AND CONDITIONS OF PROVINCIAL TEAM PARTICIPATION.....	16
7.1 Gymnasts.....	16
7.2 Injuries and Medical Petitions.....	17
7.3 Coaches	17
7.4 Team Managers.....	17

ACROBATIC GYMNASTICS TECHNICAL RULES AND REGULATIONS 2021-2022

All technical rules and regulations for acrobatic gymnastics in Saskatchewan are under the jurisdiction of Gymnastics Saskatchewan's CEO in consultation with Gymnastics Saskatchewan staff and the Acrobatic Technical Committee (ATC).

All acrobatic gymnastics programs and competitions sponsored or sanctioned by Gymnastics Saskatchewan shall be governed by the rules and regulations established in this manual, by Gymnastics Canada Gymnastique (GCG), the International Gymnastics Federation (FIG) and/or the most current (2017-2020) USAG Code of Points.

Only athletes, coaches and judges who are registered members in good standing with Gymnastics Saskatchewan are eligible to take part in Gymnastics Saskatchewan programs and competitions in and/or out of province.

1. GYMNAST DEVELOPMENT AND COMPETITIVE PROGRAMS

Gymnastics Saskatchewan offers programs for acrobatic gymnastics in recreational, inter-club and competitive categories.

Acrobatic Gymnastics is made up of five event categories:

- Women's Pairs
- Men's Pairs
- Mixed Pairs
- Women's Groups (3 female gymnasts)
- Men's Groups (4 male gymnasts)

The following policies have been developed and will apply to all acrobatic programs in Saskatchewan.

1.1 Recreational Programs

Gymnastics Saskatchewan will promote the use of the USAG acrobatic pre-team Level 1-4 program for recreational programming. This program is designed as an easy, step-by-step program for new and/or pre-existing coaches or recreational managers to aid in the development of a new Acro program. Music is not necessary for these exercises and the elements for each level may be practiced in any order until the athletes are proficient and able to in the competitive stream. Any level can have any combination of two or three athletes and is not gender specific.

The Pre-team handbook for Level 1-4 can be obtained from the link below:

<https://www.usagym.org/PDFs/Acro/PreTeam/acropreteamhandbook.pdf>

Another resource for beginner Acro routines is the Level 1-4 document:

https://usagym.org/PDFs/Acro/Rules/jo_level14program.pdf

Contact Gymnastics Saskatchewan for access to videos and music for Levels 2-4.

Clubs could choose to include recreational acro participants in their fun meets and athletes could show Level 2-4 routines.

1.2 Inter-Club Programs

Gymnastics Saskatchewan will use the USAG Acro Levels 5 & 6 for inter-club events. Pairs and groups will perform one combined exercise which contains balance skills, dynamic skills, and individual elements.

Level 5: Exercises consist of compulsory skills along with compulsory music.

Level 6: Exercises consist of compulsory skills with choreography and music selected by the athletes and coach.

Routine requirements can be found in the USAG Code of Points (Levels 5-10):
https://usagym.org/PDFs/Acro/Rules/16_codeofpoints_030317.pdf

Level 5 & 6 Compulsory Routine Videos can be found at the link below:
https://usagym.org/pages/acro/video/jo_compulsory.html

Level 5 Compulsory Music can be found at this link:
https://usagym.org/pages/acro/music/jo_compulsory.html

Level 5 & 6 Tariff sheets must be printed out by the Meet Director and can be found at the following link:
https://acrotsm.com/?page_id=65

1.3 Provincial Competitive Programs

Gymnastics Saskatchewan will use the USAG Acro Levels 7 & 8 for provincial competitive events.

Level 7: Continues the progression of compulsory levels and allows coaches/athletes to select skills and choreography. Coaches/athletes will have to select on skill per row from the compulsory skills table. They will be given two options for each row.

Level 8: This is the final compulsory level. It introduces the concept of separate balance and dynamic routines with a choice of compulsory skills and optional elements.

Routine requirements can be found in the USAG Code of Points (Level 5-10):
https://usagym.org/PDFs/Acro/Rules/16_codeofpoints_030317.pdf

Tariff Sheet templates can be downloaded from the following website:
https://acrotsm.com/?page_id=65

1.4 National Competitive Programs

The National Competitive Program specifically aims to support the development of acrobatic gymnastics by providing a structured program for training gymnasts with an emphasis on appropriate skill selection, execution, and artistry.

Level 8: Level 8 units who qualify for Canadian Championships must upgrade to a National Acrobatic Gymnast membership.

Level 9 & 10: These levels follow FIG guidelines and consist of fully optional skills, music, and choreography. Athletes are required to perform two exercises, balance and dynamic. Difficulty value of skills is variable depending on the choice of skill(s) being performed. Refer to the Code of Points for specifics.

Youth: Skills and requirements are based on FIG Age Group 11-16. Youth is considered an international beginner level and is practiced in various provinces in Canada and many European competitions. USAG is slowly introducing this level in some of their competitions. Athletes perform one combined exercise composed of optional elements meeting certain requirements.

FIG 11-16 (AG 1): This is the first international FIG level. FIG Age Group (11-16) rules are used. This level has two routines separating balance and dynamic elements from each other. This level still has compulsory skills, but it is the first level to allow coaches to select optional elements from the FIG Tables of Difficulty. Please refer to the FIG Acro Code of Points and Acro World Age Group Rules for more information.

FIG 12-18 (AG 2): This level follows FIG World Age Group 12-18 requirements. All skills must be selected from the Acro Code of Points. There are no compulsory skills, only special requirements used to help coaches select skills. This level introduces a third routine (combined routine) for athletes who qualify for

finals. Please refer to the FIG Acro Code of Points and Acro World Age Group Rules for more information.

FIG 13-19 (Junior): This level follows the FIG World Age Group 13-19 requirements. All skills must be selected from the Acro Code of Points. There are no compulsory skills, only special requirements used to help coaches select skills. This level also has a third routine (combined routine).

FIG 13+ (Senior): For this level coaches must follow the FIG Acrobatic rules. Please refer to the FIG Acro Code of Points and Acro technical rules for more information.

GCG Acrobatic Gymnastics Technical Handbook:

<http://gymcan.org/uploads/content/acro/gymcan%20acro%20regulations%20en.pdf>

FIG Acro Code of Points:

https://www.gymnastics.sport/publicdir/rules/files/en_ACRO%20CoP%202022-2024.pdf

FIG Acro Tables of Difficulties:

https://www.gymnastics.sport/publicdir/rules/files/en_ACRO%20Tables%20of%20Difficulties%202022-2024.pdf

FIG Acro World Age Group Rules:

https://www.gymnastics.sport/publicdir/rules/files/en_ACRO%20Junior%20and%20WAGC%20Rules%202022-2024.pdf

2. GYMNAST REGISTRATION & ELIGIBILITY

All gymnasts must declare their level of competition upon registration with Gymnastics Saskatchewan each fall by the membership deadline of October 15th.

2.1 Competition Eligibility, Mobility and Upgrades

GENERAL

Demonstration for gymnasts who are not age eligible or not registered in a given category is not permitted. These gymnasts must be directed towards different programs.

Competition out of province in a category or an age that a gymnast is not eligible to be in province, is not permitted. For all levels, inter-club, provincial and national gymnasts attending out of province events must inform Gymnastics Saskatchewan of their intention and receive approval by submitting a Travel Sanction Request form.

INTER-CLUB

- All gymnasts must be registered Inter-Club Acrobatic Gymnast members and members of a club in good standing with Gymnastics Saskatchewan to participate in a sanctioned competition.
- Inter-club gymnasts may move to Provincial at any time, provided they are age eligible.

COMPETITIVE (Provincial & National)

- All gymnasts must be registered Provincial or National Acrobatic Gymnast members and members of a club in good standing with Gymnastics Saskatchewan to participate in a sanctioned competition.
- March 1st is the final date for movement DOWN a level. There is no deadline to move up a level. The Gymnastics Saskatchewan office must be notified of any change.
- Gymnasts registered or upgraded to national stream will remain registered national for the entire competitive season.

GYMCAN NATIONAL LEVELS/AGE GROUPS

- GymCan has age eligibilities that are different than outlined in the **USAG** & FIG systems, refer to the GymCan Technical Regulations for Acrobatic Gymnastics for more information regarding national championships and eligibility.

2.2 Levels & Age Groups

Competitions or demos, training, and potentially testing will be offered for the following levels:

INDIVIDUAL MEMBERSHIP	LEVEL/CATEGORY	AGE RANGE	MAX AGE DISCREPANCY WITHIN THE UNIT
Inter-Club Acrobatic Gymnast	Level 5	2015 or earlier	Maximum of 8 years
Inter-Club Acrobatic Gymnast	Level 6	2015 or earlier	Maximum of 8 years
Provincial Acrobatic Gymnast	Level 7	2013 or earlier	Maximum of 8 years
Provincial Acrobatic Gymnast	Level 8	2013 or earlier	If a member of the unit was born in: 2013, maximum of 8 years 2012, maximum of 9 years 2011, or earlier maximum of 10 years
National Acrobatic Gymnast	Level 8	2013 or earlier	Upgrade if the unit qualifies for Canadian Acro Championships
National Acrobatic Gymnast	Level 9	2013 or earlier	If a member of the unit was born in: 2013 or 2012, maximum of 9 years 2011 or earlier, maximum of 10 years
National Acrobatic Gymnast	Level 10	2013 or earlier	If a member of the unit was born in: 2013 or 2012, maximum of 9 years 2011 or earlier, maximum of 10 years 2009 or earlier, no maximum
National Acrobatic Gymnast	Youth	2013 or earlier	Maximum of 8 years
National Acrobatic Gymnast	FIG 11-16 (AG 1)	2006-2013	NA
National Acrobatic Gymnast	FIG 12-18 (AG 2)	2004-2012	NA
National Acrobatic Gymnast	FIG 13-19 (Junior)	2003-2011	NA
National Acrobatic Gymnast	FIG Senior	2009 or earlier	NA

AGE CATEGORIES

- **USAG** Levels
 - Age categories for the **Levels** program at competitions may be separated only if there are more than 15 units registered in a single level/event. The age categories will be determined by the event organizer in consult with Gymnastics Saskatchewan.
 - If there is a large number of athletes competing in a specific level (i.e. **Level 8** Women's Pair), it may be further broken down into age categories (i.e. **Level 8** Women's Pair 15U, **Level 8** Women's Pair 16+)
 - When separating age categories, the age of the oldest athlete in the unit identifies the age category of competition regardless of younger athletes possibly in the unit.

COMPETITION AGE DETERMINATION

An athlete's age on December 31st of a calendar year determines their competitive age at a competition. For example: If an athlete turns 12 on October 2, they are considered age 12 for any competitions falling within the entire calendar year from January 1 to December 31. **The competition year for this season is 2022.**

3. OFFICIALS PROGRAM REGULATIONS

The following judging rules and regulations will govern acrobatic gymnastics programs in Saskatchewan.

3.1 General

- Inter-Club and Provincial judging rules, regulations and procedures are under the jurisdiction of Gymnastics Saskatchewan's Technical Director or CEO in consultation with the Acro Program Manager and Acro Technical Committee.
- National judging certification programs and policies are the responsibility of Gymnastics Canada and are currently being formalized.

- All judges attending a judging course and/or acting as active judges for Gymnastics Saskatchewan and/or their club must be registered members in good standing of Gymnastics Saskatchewan as an independent member at the prescribed judging membership fee.
- Must be a minimum of 15 years old to enter the judging pathway

3.2 Certification Levels

The following are the judging certification levels in Saskatchewan and Canada:

- Provincial 1 Judge
 - Execution (E) judging
 - Level 5 & 6
 - Provincial level events
- Provincial 2 Judge
 - Artistry (A) and Execution (E) judging
 - Levels 7-10, Youth and FIG competition levels
 - Provincial level events
- Provincial 3 Judge
 - Difficulty (D) judging and Chair of Judge Panel (CJP)
 - All levels of USAG program, Youth and FIG competition
 - Provincial level events
- National Judge
 - Artistry (A), Execution (E), Difficulty (D2)
 - All levels of USAG program, Youth and FIG competition
 - National level events
- FIG Brevet Judge
 - Artistry (A), Execution (E), Difficulty (D1) and CJP
 - All levels of USAG program, Youth and FIG competition
 - National level events
 - Categories (1, 2, 3, 4) courses (Intercontinental, International A, B, C) and eligibility requirements as defined by the FIG General Judges Rules

3.3 Judging Education

Gymnastics Saskatchewan will attempt to provide adequate judge certification courses or find other means of education for judges. With the current size and age of the program, it may be necessary to attend clinics and training opportunities in other provinces until we have a competent and trained pool of judges and educators to draw from. Gym Sask will work with clubs and individuals who would be interested in officiating at this time. The following is the Gymnastics Canada structure for judging Acrobatic Gymnastics. The materials for the National judging course are still in development.

PROVINCIAL 1 JUDGE

- **Provincial 1 Judge Course**
The P1 Judge course is delivered in-person over the span of 2 days. The training content is focused on providing judge candidates with an introduction and general overview to the:
 - Sport of acrobatic gymnastics
 - Technical regulations and Code of Points
 - Judge rules, roles, and responsibilities
 - Specific requirements to determine the Execution (E) score using scripting for Level 5 and 6 routines
- **Provincial 1 Certification Requirements**
 - Successfully complete the P1 judge training course (full attendance and active participation)
 - Successfully complete and submit open book worksheet
 - Event experience as a shadow judge and complete a post event debrief (signed by a certified P1 or higher judge mentor)
- **Provincial 1 Re-Certification Requirements**
To maintain the P1 certification on an annual basis, judges must:

- Attend pre-event judge meetings and/or pre-season refresher course
- Annually remain active as a judge (competitions, mock meets, and training camps)
- At the start of each new cycle (i.e. every 4 years), P1 judges are required to recertify by attending the full P1 course and successfully completing the open book exam

PROVINCIAL 2 JUDGE

- **Provincial 2 Judge Course**

The P2 Judge course is delivered in-person over the span of 2 days. The training content is focused on providing judge candidates with a greater understanding of the:

- Technical rules and regulations
- USAG Levels program and FIG Code of Points
- GymCan and FIG Judge rules, roles and responsibilities
- Specific requirements to determine the Execution (E) score using scripting and deductions chart
- Specific requirements to determine the Artistry (A) score

- **Provincial 2 Certification Requirements**

- Be a certified P1 judge minimum OR be a trained P1 judge with experience as an acro coach/athlete
- Successfully complete the P2 judge training course (full attendance and active participation)
- Pass an exam
- Event experience as a shadow judge and complete a post event debrief (signed by a certified P2 or higher judge mentor)

- **Provincial 2 Re-Certification Requirements**

To maintain the P2 certification on an annual basis, judges must:

- Attend pre-event judge meetings and /or pre-season refresher course
- Actively judge a minimum of 2 events/activities per season with a minimum of 1 event as A judge and 1 event as E judge
- At the start of each new cycle, P2 judges are required to recertify by attending the full P2 course and successfully retaking the exam

PROVINCIAL 3 JUDGE

- **Provincial 3 Judge Course**

The P3 Judge course is delivered in-person over the span of 2.5-3 days. The training content is focused on providing judge candidates with a greater understanding of the:

- CJP and DJ responsibilities
- Routine requirements and restrictions
- Tariff sheets (creating and reviewing)
- CJP and DJ Penalties
- Specific requirements to determine the Execution (E) score (review)
- Specific requirements to determine the Artistry (A) score (review)

- **Provincial 3 Certification Requirements**

- Be a certified P2 judge minimum
- Successfully complete the P3 judge training course (full attendance and active participation_
- Pass an exam
- Active judging in A, E, and D2 roles and shadow CJP (minimum of 1 event)

- **Provincial 3 Re-Certification Requirements**

To maintain the P3 certification on an annual basis, judges must:

- Attend pre-event judge meetings and/or pre-season refresher course
- Actively judge in leadership roles (DJ/CJP) on panel annually
- Contribute to the development of P1 and P2 judges (co-facilitate courses, act as mentor judge, etc.)
- At the start of each new cycle, P3 judges are required to recertify by attending the full P3 course successfully retaking the exam

NATIONAL JUDGE

- **National Judge Course**

The National Judge course is delivered by Gymnastics Canada and takes place over the span of 2 days (typically 1 session online/webinar prep and 1 session in-person on-site at the event). The training content is focused on providing judge candidates the opportunity to participate in interactive discussions and activities with their peers about all aspects of judging.

- **National Certification Requirements**

- Be nominated by the P/TO to judge on panel at a GymCan event (championships, selections, training camps, etc.)
- Successfully complete the National judge training course (full attendance and active participation)
- Successfully complete and submit the National Comprehension and Application Checkpoint Workbook (open book, self-assessment tool)
- Certificate and confirmation letter authorized by the GymCan Acro Judge Representative

- **National Recertification Requirements**

To maintain the National certification on an annual basis, judges must:

- Successfully complete the National judge training course annually (full attendance and active participation)
- Actively judge on panel at a GymCan event (championships, selections, training camps, etc.) annually
- Complete the short P3 refresher exam every 2 years (mid-cycle)
- Contribute to the development of P1, P2 and P3 judges (co-facilitate courses, act as a mentor judge, etc.)
- At the start of each new cycle, National judge are required to recertify by attending a national course (following the FIG courses)

3.4 Obligations of Judges

PROFESSIONALISM OF JUDGES

Judges are held responsible in matters concerning professionalism, fair play, attendance, promptness, and proper dress. All judges shall abide by the Code of Conduct as prescribed by Gymnastics Saskatchewan and Gymnastics Canada.

BEFORE A COMPETITION

- Complete the necessary training and exams (written and practical) required to judge at the applicable level
- Maintain and submit a record of all judging activities (competitions, courses, and workshops) to the Judging Coordinator for certification maintenance and/or judging level upgrades
- Prepare for competition through study of the Code, Technical Regulations, Judges Rules and Codes of Ethics and Discipline
- Assist coaches with Tariff Sheet reviews and revisions prior to officially submitting the sheets for competition
- Bring copies of the official execution and artistry forms to the competition for recording exercises
- Attend all scheduled seminars, practical judging sessions and meetings before, during and after the competition.

DURING A COMPETITION

- Strictly observe the Technical Regulations, Code of Points, Judges Rules' and Judges' Oath.
- Wear the official uniform
- Do not make contact with any coach or athlete by any method after the warm-up during the competition.
- Follow all directives of the CJP and official organizing committee
- Be in place for judging on time and do not leave their places, nor speak or signal in any way to other judges, spectators, coaches or competitors during a competition.
- Keep a written record, including shorthand notation, of how each exercise was evaluated. It must be submitted to the CJP on request
- Register all scores immediately after the end of an exercise
 - Judges may not change their scores after they have been registered, unless the CJP gives permission. (All changes are registered by the CJP and are considered during the competition analysis)

- Permission or request to reconsider a score may be made if there was an error in the registration of a mark

ROLE OF JUDGING CHAIR

- Responsible for organizing the education programs and certification for judges at various levels within the province
- Work with the Gym Sask Acro Program Manager to ensure all updates and information is distributed accordingly to the registered judge's province-wide
- Keep a judges' list and records for all competitions that are sanctioned by Gym Sask
- To assist clubs and establish panels for Gym Sask sanctioned meets
- Create panels for Gym Sask hosted events
- Keep track of hours judged by each judge and submit that information to the host club within 48 hrs of the completion of the competition
- Out-of-province judging assignments for Canadian Championships
- Communicate with ATC as necessary

3.5 Judging Uniforms

Judges must wear the official uniform when officiating at a competition. For the current cycle, Acrobatic Gymnastic judges will wear:

- Black jacket
- Black skirt or full-length trousers
- White shirt or blouse
- CJP can wear light blue shirt, blouse, scarf
- Black shoes (not sandals) or clean track shoes if required by organizers. Heels which will damage gymnastic floor covering, therefore must be avoided
- Hair must be neat and not inhibit vision
- Jewelry, if worn, must be professional in appearance

Judges will not be allowed to officiate if they are not in the correct uniform.

3.6 Judge Panel Composition

The panel structure used to officiate at Saskatchewan acro competitions will be a modified version of the FIG recommended panel:

- 1 Chair of Judges' Panel (CJP) – this role may be filled virtually temporarily
- 1 Difficulty Judges (D1 +D2)
- 1 or 2 Execution Judges (E)

*Typically, there are also Artistry (A) judges on the panel, but we currently do not have any judges in Saskatchewan trained past the Provincial 1 level and will not be judging USAG Levels that require Artistry scores.

Official support roles:

- Line Judges
- Timer
- Runner
- Scorekeeper

Chair of Judges Panel (CJP) Role:

- There is one CJP per judging panel
- Should be unaffiliated whenever possible
- Should be a FIG Brevet Judge, if possible
- Work with the Difficulty Judges to review and evaluate tariff sheets submitted by the clubs prior to a competition and immediately inform the Gym Sask Acro Program Manager of any deficiencies found in the tariff sheets

- Be responsible for the organization and activity of the judges on the panel during competition, and including their entry and exit from competition
- Signal permission for the competitors to enter the competition arena and to start their competition performances
- Keep a record of what was performed, through shorthand notation
- Time the exercise and note steps over the floor boundary (assistance may be given by Time and Line Judges/volunteers)
- Determine an execution score and artistry score for each exercise. Records own scores (on judging slips) before receiving scores from the panel judges
- Input an official Artistry score to be factored into the overall A-score
- Watch for discrepancies in the judges' evaluations and calls the judges together if necessary, to resolve problems
- Work with the D judge to complete the Difficulty Slip
- Take appropriate CJP deductions from the total score
- Be responsible for the calculation and display of the final score at the panel
- Assist with official Appeals as a member of the Jury of Appeals
- Sign the master score sheet to verify that individual judges' marks are accurately entered
- Sign judges record keeping forms for judging activities

Difficulty (D) Judge Role:

- Work with the CJP to review and evaluate tariff sheets submitted by the clubs prior to a competition and immediately inform the Gym Sask Acro Program Manager of any deficiencies found in the tariff sheets
- Determine the difficulty value and D-score based on the exercise performed
- Record D judge penalties according to the applicable Code of Points
- Work with the CJP to complete the Difficulty Slip
- Input an official Execution score to be factored into the overall E-score
- Assist with official Appeals as a member of the Jury of Appeals

Artistry (A) and Execution (E) Judge Role:

- Artistry judges evaluate the choreographic structure and design, variety, relationship between partners, and musicality of the exercise
- Execution judges evaluate the quality of the technical performance of the exercise
- Both judges need to keep written record, including shorthand notation, of how each exercise was evaluated, using the respective artistry and execution judging forms and submit forms to the CJP at the end of the competition
- Follow all instructions given by the CJP on panel and in meetings

Technical Personnel – Line Judge:

- There are one or two Line Judges per panel
- This role may be filled by a judge, volunteer, or staff member
- Must be a minimum age of 16 years
- Positioned in opposite corners of the podium floor
- Records or signals by lifting a hand if there is a boundary fault

Technical Personnel – Timer:

- There is one Timer per panel
- This role may be filled by a judge, volunteer, or staff member
- Must be a minimum age of 16 years
- Positioned on the panel near the CJP
- Times the duration of all exercises
- Records and submits the official time of each exercise to the CJP

Technical Personnel – Runner:

- There is one Runner per panel
- Must be a minimum age of 12 years
- Collect the marked score sheets from the panel judges and deliver to the CJP
- Collect the recorded score sheets from the CJP and deliver to the Scorekeeper

Technical Personnel – Scorekeeper:

- There is one scorekeeper per panel
- Must be a minimum age of 16 years
- Collect the score sheets from the runner and records them to determine the final score
- Post (and save) the scores immediately to athletes, coaches, and audience. This may be done using a computer for scoring calculations, but a back-up must be created
- Obtain the CJP's signature on the official results

3.7 Judging Assignments and Requirements

All judges, after completing the appropriate course(s) will be placed in a pool of independent judges. All judges **MUST** be registered with Gymnastics Saskatchewan (Note: If a judge is already registered as an athlete or coach, they will not need to pay any additional fees).

All judging assignments for every event/competition in Saskatchewan will be administered by the Acro Gymnastics Saskatchewan Judging Chair, Acro Program Manager and/or the Acro Technical Committee in direct consult with the host club's organizing committee to ensure competitions run properly, efficiently and at the minimal necessary costs to the host club.

Every effort will be made to minimize the costs to the host club while also ensuring judges are getting the necessary experience to learn and progress. The priority for assignments will be based on expenses to the host club followed by needed experience, based on the availability of individual judges.

Judging assignments for all out of province designated meets will be assigned and monitored by the Provincial Judging chair.

3.8 Expenses and Payment of Judges

GENERAL

The expenses for judges to attend competitions and events are the responsibility of host club. **Host clubs are responsible for honoraria and associated travel expenses (mileage, hotels if necessary and per diem if meals are not provided at the competition) for all judges assigned to invitational competitions.** Mileage rates paid to the judges will be determined by the host club. The host club must notify the judges in advance as to what the mileage rate will be. Athletes and coaches, who are competing/coaching at the competition, but will also be judging will NOT receive mileage. Accommodations expenses incurred because of the schedule will be covered but these expenses must be approved by the Gym Sask Acro Judging Chair.

The Acro Judging Chair (or head judge of the competition) will keep track of the hours judged by each judge and will submit that information to the host club within 48 hours of the completion of the competition.

Judges are expected to submit expense forms within 2 weeks of the event's conclusion.

For designated trials sessions, which are not a regular session of a club meet, Gymnastics Saskatchewan will pay judges expenses and honoraria.

Expenses of judges travelling as part of Team Saskatchewan to designated meets shall be funded by Gymnastics Saskatchewan as approved by the CEO.

For Provincial Championships:

- All honoraria will be paid by the host club as per Gym Sask rates
- Gym Sask will pay for all milage and accommodations
- Judges MUST carpool, mileage will not be paid if there is only 1 judge per car unless pre-approved by Gym Sask
- Gym Sask MUST book accommodations for judges. If judges choose to stay alone or book their own room, Gym Sask will pay ½ a room night + tax at the rate given by the host hotel. Judges must provide a receipt.

EXPENSE RATES

Expense rates for mileage and per diem for judges will be the same as those set out by Gymnastics Saskatchewan. Gymnastics Saskatchewan expense rates are determined by the CEO annually. Please refer to the current approved expense form.

COMPETITION HONORARIA

Judges will be paid the following honoraria per session:

Shadow Judges	NO HONORARIA
Provincial 1 judges	\$15/hr (3-hour minimum/session, including judges meeting)
Provincial 2 judges	\$20/hr (3-hour minimum/session, including judges meeting)
Provincial 3 judges	\$25/hr (3-hour minimum/session, including judges meeting)
National judges	\$30/hr (3-hour minimum/session, including judges meeting)
FIG judges	\$35/hr (3-hour minimum/session, including judges meeting)

The Acro Judging Chair (or head judge for the competition) will be responsible for keeping track of session times and report back to the meet director (within 48 hours) to facilitate proper payment. After the session times have been reported, the host club shall send out honoraria checks no later than **2 weeks** following the competition date.

JUDGING CLINICS

Gymnastics Saskatchewan may pay/share expenses for National level judges to attend courses/clinics and qualifying competitions to maintain and/or upgrade their level.

3.9 Record of Meets

The Acro Gymnastics Saskatchewan Judging Chair will keep an electronic record of the meets for all judges in the province to ensure that assignments are divided as equally as possible and that each judge is receiving the proper experience to upgrade in subsequent years.

4. COACHES PROGRAM REGULATIONS

GENERAL

To maintain the privilege of membership in Gymnastics Saskatchewan, all coaches shall act in accordance with the establish Gymnastics Saskatchewan, Gymnastics Canada and Coaches Association of Canada Code of Conduct.

All coaches must be certified through the National Coaching Certification Program (NCCP) and must also have completed the Respect in Sport program (RIS). Information on coaching certification (NCCP and RIS) can be found on the Gym Sask website. All coaches involved in Gymnastics Saskatchewan programs and competitions must meet the minimum certification requirements as stated in Gymnastics Saskatchewan coaching policies.

Coaches on the competition floor shall adhere to the following dress codes and rules of conduct:

- The following attire is required for each coach (artistic and T&T) during training, warm-up and competition at any sanctioned event: appropriate training suit (long pants and jacket); top: appropriate T-shirt, polo shirt (i.e. club or provincial shirt, no logos other than gymnastics logos) and/or training jacket; appropriate indoor sport footwear. Excluded items: hats, shorts, midriff tops, tank tops, ripped or torn clothing.

- In case of inappropriate clothing, a Gymnastics Saskatchewan representative will issue a verbal warning; if the situation is not corrected in the following 30 minutes, a \$40.00 penalty will be levied; upon a second occurrence at the same meet, the coach may be asked to leave the floor.
- Improper or unsportsmanlike behavior at a competition (athlete, coach, judge and official) which is considered unacceptable according to the FIG Code of Points, or the Code of Conduct as outlined in the Policy Manual or the rules generally accepted in the Canadian society will be immediately sanctioned by the Chief Judge; and/or the CEO, Technical Director, or a member of the Gym Sask Board of Directors or their representative. They will also determine if the offence is to be brought forward as a formal complaint under the Discipline Policies.
- Improper or unsportsmanlike behavior, including standing behind a judge(s) while an athlete is being evaluated by judges, unfounded or derogatory comments about the judges or the judging, etc. are subject to a sanction. Such an offense may be sanctioned by a verbal or written warning and/or a written reprimand. A series (three or more) of these minor offenses in the same competition will be treated as a serious offence.
- The sanctions in case of a serious offence are:
 - first offence during the entire competition: yellow card;
 - second offence during the same competition \$200.00 fine;
 - third offence during the same competition: \$300.00 fine, red card and possible removal from gym floor.
- A very serious infraction to the Code of Conduct may be sanctioned by immediate removal of access to training, warm-up and competition floor. Additional sanctions may be imposed as per the Dispute Resolution Policy.
- If a coach is given a Yellow Card for one offense and then commits another offense, he/she will then be given a Red Card. It is not necessary to have repeated the same offense. If a coach has deliberately caused a disruption, he/she may be Red Carded immediately.
- All coaches named to a Provincial Team must be members in good standing of Gymnastics Saskatchewan and must be endorsed by their respective technical committees.

COMPETITIONS

Coaches of Inter-Club Acrobatic gymnasts must be Gymnastics Foundations Artistic Certified.

Coaches of Provincial and National Acrobatic gymnasts must be TRAINED in Level 2 WAG, MAG, or TG or TRAINED in Competition 1 WAG or MAG to attend in province competitions. To attend Saskatchewan Championships, out of province Invitationals and GymCan National Competitions, coaches of Provincial and National Acrobatic gymnasts must be CERTIFIED in Level 2 Trampoline or CERTIFIED in Competition 1 WAG or MAG

NCCP Acrobatic Coach Certification: The coach qualification requirements will be re-evaluated upon completion of the NCCP Competition 1 Acro specific coaching course.

COACHING CERTIFICATION TEMPORARY EXEMPTIONS

Coaches may apply for temporary exemptions for certification requirements. The following rules will be applied, or the coach will not be sanctioned to be coaching in the requested capacity or allowed on the competition floor:

- No exemptions will be given for Gymnastics Foundations Introduction.
- A maximum of 18 months will be given once to any individual for Gymnastics Foundations Certification.
- No exemptions will be given for Competition 1 training (Level 2 Technical).
- A maximum of 1 time per Saskatchewan Championships will be given to any individual for Competition 1 (Level 2) Certification.
- Some Level 2 and Level 3 Certification exemptions are considered for GCG events by GCG but require HP Committee endorsement and a letter from Gymnastics Saskatchewan

For more regulations related to coaches, please consult the Gymnastics Saskatchewan [Coach Technical Manual](#).

5. COMPETITION EQUIPMENT REQUIREMENTS

5.1 Equipment

- Sprung gymnastics floor (12x12 meters), preferably with a 1-meter border
- An area for general warm-up and stretching
- Ceiling height 23 feet for Level 7+
- Ceiling height 12 feet for Level 6 and lower
- KSIS electronic scoring system with dedicated internet line of at least 10 Mbps (hard line connection preferred)
- Projector & screen to project results
- 2-3 skirted judging tables (depending on the size of the judging panel)
- 8-11 chairs
- Announcer and music table

5.2 Music Regulations

Gymnastics shall provide their own musical accompaniment for each routine in accordance with the USAG Code of Points or FIG Code of Points depending on the unit level.

Music must be sent electronically to the event organizers in MP3 or wav format by the date specified in the event directives. Files must be clearly labelled with the following information:

- Age Group_Exercise (B, D, C)_Category (W2, M2, Mx2, W3, M4)_province/territory_last names
 - Example: JO Level 8_D_W2_SK_Benson-Zirk

Units must also bring a CD copy to the event as backup in case of a technical problem during the event.

6. COMPETITION INFORMATION

Please refer to the USAG Code of Points, the FIG Age Group or FIG Code of Points for the “rules and regulations” applicable to the event.

6.1 Warm-up

- Units in all levels will receive 15 minutes of general warm-up and stretching time
- Level 5-7 units will receive 15 minutes to warm-up on the competition 12x12m sprung floor
 - A maximum of 8 units at a time will be allowed on the floor
- Level 8+ units will receive 30 minutes to warm-up on the competition 12x12m sprung floor
 - A maximum of 8 units at a time will be allowed on the floor
- Competition warm-ups may not begin prior to 8:00 am and competitions may not go later than 10:00 pm.

6.2 Start Order

Draw for competitive order and starting events for all Gym Sask sanctioned competitions will be completed by a random draw by the event organizers following the competition registration deadline. All participating clubs and the events host will be notified of the draw results as soon as the draw has been completed.

6.3 Height Discrepancies

At National competitions, all competitors will be required to report for measurement according to the published schedule within the official competition documentation. The “Procedure for Athletic Measurement” is in accordance with the FIG Acrobatic Code of Points.

The difference in height allowed between gymnasts within a unit is 29 cm (with a tolerance up to 29.99 cm). Within groups, the measurement is relative to the difference between the tallest gymnast and the next tallest gymnast (and applies to each gymnast in the unit thereafter).

Units receive a penalty for height intolerance from the final score of each exercise performed as according to the FIG Code of Points.

6.4 Dress Code

The choice of competition attire must be elegant and complement the artistry of an exercise. It must be gymnastic in character and design and should not divert attention from the performance of the gymnasts nor require adjustment during an exercise. For detailed information about acrobatic competition attire, see the “Attire – Educational Guidelines” in the FIG Acrobatic Code of Points.

6.5 Competitive Format

Units will compete according to the following competition structure at in province invitationals:

- Level 5 & 6 units will perform one combined exercise and will be judged and scored consistent with the USAG Acro Code of Points.
- Level 7+ units will perform their routine(s) as demonstrations and will receive feedback for their performance(s) for the 2021-2022 season since we are currently building the acro program in Saskatchewan and do not have the judges or enough athletes to run a full competition.

Member clubs can apply for sanction to host Invitational competitions. Each host club will circulate all event details including age and category requirements, technical requirements, costs, schedule, judging requirements and any other details important to hosting the event. Coaches will be responsible to submit their tariff sheets electronically to the host club by the required deadline. The host club is responsible to send the tariff sheets to the CJP or Judging Coordinator 1 week prior to the competition.

6.6 Awards for Sanctioned Competitions

This is a guideline, but awards are up to the host club especially since we currently have low unit numbers in each category.

1 – 3 groups	All Around	Top 3 Medals
4 – 5 groups	All Around	Top 3 Medals, 4-5 th Ribbons
6 – 9 groups	All Around	Top 3 Medals, 4-8 th Ribbons
10 groups or more	All Around	Top 3 Medals, 4-8 th Ribbons

*Note – Pairs need 2 sets of awards, trios need 3 sets of awards, and men’s group need 4 sets of awards

6.7 Competition Appeals

- Must occur before the completion of the flight
- May only be made for those portions of the score outlined in the specific Codes of Points
- Must come from the gymnast’s registered coach
- Will not be considered if abusive language is used
- Must first be brought to the attention of the Chief Judge Panel (CJP) or their designate

6.8 Saskatchewan (Provincial) Championships

Gymnastics Saskatchewan will offer annually a Saskatchewan Provincial Championship competition during which Provincial Champions will be declared for each level.

QUALIFICATION

To be eligible for Provincial Championships, all athletes must be registered as a provincial or national athlete with Gymnastics Saskatchewan.

Level 7+ gymnasts can qualify for Saskatchewan Championships by attending a minimum of one event in province for the 2021-2022 season. In the future, gymnasts need to attend one sanctioned invitational meet in or out of the province.

REGISTRATION

Clubs are responsible to submit entries for Saskatchewan Championships.

ENTRY FEES & RESULTS

Gymnastics Saskatchewan shall set the entry fees for all Saskatchewan Championships. All results shall be submitted to the Gymnastics Saskatchewan office.

AWARDS

Level 7+ will perform their routine(s) as demonstrations and will receive feedback for their performance(s) for the 2021-2022 season since we are currently building the acro program in Saskatchewan and do not have the judges or enough athletes to run a full competition.

In the future, when we have a more established Acro program awards will be like other disciplines: At Provincial Championships, athletes will compete to determine Provincial Champions. The following awards shall be presented at Saskatchewan Provincial Championships for each category and age group:

1 st AA unit	Trophy or plaque and Provincial gold medal
2 nd , 3 rd AA units	Provincial medals
4 th – 8 th AA units	Provincial ribbons*

Notes:

- *4th-8th place ribbons are not required to be presented at an awards ceremony if the host does not have a dedicated awards area. They can be presented at the conclusion of the competition to the club.
- Acro pairs need 2 sets of awards, trios need 3 sets of awards, and men's group need 4 sets of awards

7. SELECTION TO PROVINCIAL TEAMS AND CONDITIONS OF PROVINCIAL TEAM PARTICIPATION

7.1 Gymnasts

GENERAL

- Units selected to provincial teams for any events must have all athletes registered with Gymnastics Saskatchewan in the corresponding National Stream registration category.
- Units are selected to provincial teams based on achieving the minimum score in the designated qualification competitions specific to the event.
- Once a unit or alternate unit has been selected to a provincial team, they must continue to train at a suitable training level, execute full routines with appropriate content, follow any reasonable requests of the ATC and notify the ACT of any injuries.
- Final team selection is the responsibility of the Technical Director and/or CEO.
- Provincial Team gymnasts and their parents are expected to adhere to the Gymnastics Saskatchewan Code of conduct and any other travel and team participation information provided to them.
- Provincial Team gymnasts must be prepared to travel and stay as team for all Team Sask events. All provincial teams will generally travel with a minimum of one coach and one manager. At the discretion of Gymnastics Saskatchewan, a manager may not accompany small teams and the coach will be required to take on manager/chaperone duties.

SELECTION TO CANADIAN CHAMPIONSHIPS

- Selection competition rules will be as per GCG regulations for the respective category at Canadians.
- Gymnasts must be registered in Saskatchewan as Level 8+ athletes to qualify for Team Saskatchewan
- All sanctioned competitions are considered Trial events, pending approval of the judging panels.
- Out of Province travel requests must be submitted to Gymnastics Saskatchewan to have competitions recognized as Trial events.
- Selection competition rules will be as per GCG regulations for the respective category at Canadian Championships.
- Units must compete at least twice during the current competitive season to be considered for ranking on Team Saskatchewan.

SCORES TO QUALIFY FOR CANADIAN CHAMPIONSHIPS

Level	Recommended Minimum Score
Level 8	31 per routine (62 total, B+D)
Level 9	31 per routine (62 total, B+D)
Level 10	31 per routine (62 total, B+D)
Youth	21.5
FIG 11-16 (AG 1)	22 per routine (44 total, B+D)
FIG 12-18 (AG 2)	67
FIG 13-19 (Junior)	68
FIG Senior	69

7.2 Injuries and Medical Petitions

All petitions for athletes must be submitted by the gymnast's coach, in writing to the Acro Technical Committee, prior to the qualifying competition, stating the reason for the petition, an explanation, justification and a doctor's certificate (if applicable). The doctor's certificate should include prognosis diagnosis and estimated time for recovery.

Petitioned gymnasts are ranked by the ATC according to previous results, routine content, quality of execution, and potential to medal at the competition. Petitioned gymnasts are not automatically ranked below gymnasts who participated in the designated trials.

Petitions and appeals for all competitions will be reviewed by the ATC in consultation with coaches involved, and a final decision reached.

Decisions on granting petitions will be made in the best interest of the athlete concerned, taking into consideration the needs and performance of the provincial team as a whole and the regulations in place.

7.3 Coaches

All coaches named to a Provincial Team must be a member in good standing and have the required NCCP certification as per Gymnastics Saskatchewan policies. All coaches named to a Provincial Team must provide a current police record check to Gym Sask as per the current screening policies.

Gymnastics Saskatchewan will determine the number of coaches funded to Team Sask events based on budget allocations and the number of gymnasts qualifying.

The selection of the coaches will be based on the number of athletes from each club. If the number of athletes cannot determine the coach(es) (i.e. equal number from participating clubs), experience, past results and team needs will be discussed and coaches will be appointed/approved by the Gym Sask and are subject to approval by the CEO.

Gymnastics Saskatchewan may assist in accrediting additional coaches to the floor if the individual or club accepts financial responsibility. All such requests must come to Gym Sask and is subject to approval by the CEO. All coaches accredited to the floor, whether funded by Gymnastics Saskatchewan or by their club, or personally, shall be considered Team Coaches and part of the team delegation and they shall assume duties and responsibilities requested for the team operations.

7.4 Team Managers

Team managers will be selected by Gymnastics Saskatchewan's CEO or designate for the following competitions:

- Canadian Championships
- Other events where Team Sask athletes are participating

Priority will be given to responsible adults who can provide proper supervision and support to gymnasts, coaches, and officials. A team manager's first responsibility is to supervise and support gymnasts and team members, not to act as a coach on the floor. Team Manager selection should prioritize NCCP certified coaches first to align with the GCG "Golden

Rule of Two.”

All Team managers must provide a current police Record Check as per Gym Sask Screening Policies.

For more regulations related to Provincial Team Manager selection and duties, please refer to the Gymnastics Saskatchewan Operational Policies and Procedures Manual.



PETITION FORM

Purpose

This form is to be used for the following:

EXEMPTION REQUESTS

A participant is not able to attend a required camp, trial or competition due to medical or other foreseeable circumstances.

SELECTION APPLICATIONS

A participant wishes to be selected for an event when for some reason he/she does not or is not able to fulfill the requirements/procedures expected as stated in the Technical Regulations.

SELECTION APPEALS

A participant was not selected for an event after participation in a trial or selection event and the coach of the gymnast or the club representative wishes to contest the recommendations made by the technical committee.

REFUND REQUESTS

A participant is injured prior to or other unforeseeable circumstance prevents them from attending a required or optional Gymnastics Saskatchewan camp, trial, workshop or competition and requests their entry fee (or other monies) be refunded.

Submission Requirements

- ✓ A different format may be used as long as all the information required is supplied.
- ✓ Multiple requests may be made on one form provided that they relate to the same event.
- ✓ All information must be provided by the participant, their coach of record or club representative and forwarded to Gymnastics Saskatchewan.
- ✓ The exemption/ petition will be considered by the Technical Committee only when all relevant documents have been received.
- ✓ The following timelines must be observed for each situation:
 - EXEMPTION REQUESTS: By the scheduled start of the event.
 - SELECTION APPLICATIONS: Any time between the release of the Registration Form and 15 minutes after the completion of any selection event.
 - SELECTION APPEALS: Within 24 hours after a Team Selection announcement.
 - REFUND REQUESTS: At least 24 hours prior to the event's scheduled start

Decisions

- ✓ The Technical Committee is responsible to provide a recommendation to the Technical Director for each application.
- ✓ You will be notified by Gymnastics Saskatchewan of the result of your request in the best time frame possible.



PETITION FORM

Participant's name:

Representing (club name):

Coach of Record (if applicable):

Current Level:

Forms Completed By:

Event for Consideration:

Type of Petition(s):

- EXEMPTION REQUEST
 - SELECTION APPLICATION
 - SELECTION APPEAL
 - REFUND REQUEST
-

Injury / Medical Reasons:

For all petitions related to injuries or other medical reasons, a Physician or Professional Health Practitioner's note must be submitted including:

- ✓ a diagnosis
 - ✓ a prognosis
 - ✓ any limitations or interventions recommended
 - ✓ anticipated timelines for full recovery and/or resumption to full training or competing
-

Reasons for Application:

Additional Documents & Information:

You may attach any additional documents that you see fit and that you feel could help the Technical Committee make a recommendation.
