



300-1734 Elphinstone St. • Regina, SK S4T 1K1 • 306-780-9229
www.gymsask.com • info@gymsask.com

2021 Rhythmic Technical Assembly – Minutes

Saturday, Nov 6th 2021 on Zoom immediately after the Gym Sask AGM (around 1:00PM)

In attendance: Dalena Juarez (chair), Angelina Messina, Anya Patlosova, Adeena Cox, Julie Levasseur (non voting)

1. Acceptance of the 2020 Technical Assembly Minutes
 - Motion to accept by Angelina, seconded by Adeena
2. Updates to Technical Regulations for 2022
 - Reviewed changes to the 2021-2022 technical regulations.
 - No discussion or comments on changes.
3. Programming
 - Reviewed the submitted athletes from each club.
 - Noted there are many athletes competing against in each other in levels 3B, 4B, 5B, 6B.
 - Rhythm Cat
 - Very low numbers in the province (7)
 - Was mentioned afterwards that WRGC does have RC athletes, but they must not have been submitted. Adeena to follow up with club.
 - Provincial/National Stream
 - Will plan to do Team Sask camp before westerns, and one additional camp for only National level athletes in hopes that we qualify as many as possible to Canadian Championships.
 - Could we send National levels to another competition instead of a camp?
 - Sask Winter Games – rhythmic withdrawn as per Gym Sask’s memo sent out this week.
 - HP Pathway Opportunities
 - Hard to monitor progress with programs like this, however the opportunities that were being given were focused on older athletes that only had a few more years in the sport or were not on the path to high-performance (high performance = selected for the national team). Would like to re-develop a provincial program to target younger athletes, geared towards identifying future national team members and providing opportunities for them.
 - Suggested to target 2C, 3C, National Novices (up to 11). Would love to target Level 1s but doesn’t align with development.
 - Should designate different name for program.



300-1734 Elphinstone St. • Regina, SK S4T 1K1 • 306-780-9229
www.gymsask.com • info@gymsask.com

- Would still like to ensure older kids have some opportunities before Westerns or Nationals.
- Looking at clubs who do have national team athletes in other provinces – the amount of training clubs in SK can offer at this time is much lower (for various reasons). This should be a part of the program document as a key piece of why these training opportunities are needed.
- Hope to have this finalized in the next two weeks.
- Evaluation – some accountability for coaches to ensure their athletes are in the right category?
 - Sometimes kids still end up in the wrong level – maybe not willing to put in the work.
 - Could use compulsory elements from GCG? Will think about how to do this.
- Names – aspire?

4. Judging Updates

- Very small list of in-province judges. Unsure of what to do about this. Don't even have enough for a full panel right now.
- Would like to discuss with GCG the regulations surrounding National judges registering with Gym Sask but living in another province. Dalena to start this conversation and advocate for our re-located judges. Interesting discussion on how judges are supported in other provinces and how this may be a barrier for National judges at events.

5. Competitions/Events

- WRGC looking for new potential dates, facility depending due to the switch in Elite Canada dates.
- Suggested that a virtual component to club invitationals is still done this year if in-person is allowed.
 - i. Could show routines to judges in competition order to ensure scoring is still live.
 - ii. Should consider attending out of province virtually as well.
 - iii. Could judges participate virtually somehow to save on travel costs for clubs?

6. Calendar of Events

- Ritmo Invite – Feb 5-6
- WRGC Invite – March 5-6
- Elite Canada (Tentative) – March 2-5



300-1734 Elphinstone St. • Regina, SK S4T 1K1 • 306-780-9229
www.gymsask.com • info@gymsask.com

- Westerns in Calgary – April 12-16th
- Provincial Championships in Yorkton – May 13-15

7. Other Business

- Special O – Ritmo has athletes that should be starting in Jan 2022. Any issues with them attending Provincial Championships?
 - i. Aiming for inclusion, don't see any issue with this. Would need small judging course beforehand.
- AGG - Could be a great program for clubs, have struggled to find someone to take the lead on this in SK. Anya is currently looking into training opportunities.
- Encourage clubs to promote judging and see if we can get any newcomers. Also as many people registered in the upcoming GCG webinar on the new COP as possible.

Motion to adjourn by Dalena, seconded by Angelina