

CCP 4-5 Judging Sheets Nov 2021

Level 4 BB		Time Limit 1:05	Fall Time 30s												
Jump to Front Support, fish pose mount		Cartwheel	1/2 (180°) Turn in Forward Passe		Stretch Jump/Split Jump		Cross Handstand		Scale (Horizontal)		Straight Leg Leap (120°)		Cartwheel to Side Hdstd, 1/4 (90°) Turn Dsmt		
0.2		0.6		0.4		0.4/0.4		0.6		0.4		0.6			
fail extn in supp	↑0.1	incor hd placmt	0.1	incorr leg pos	0.1	fail land ft simult	0.1	fail join legs	0.1	fail lift leg hor	↑0.2	bend fr leg	↑0.1	incorr hd placmt	0.1
lack cont in turn	↑0.1	fail pass vert	↑0.3	heel-snap tech	0.3	fail land ft closed	↑0.1	incor hd placmt	0.1	fail hold 1s	↑0.1	uneven leg sep	↑0.2	fail reach vert	↑0.3
perf knee scale	0.3					uneven leg sep	↑0.2	fail attain vert	↑0.3			fail ps in arab	0.05	fail to turn	0.2
						fail land ft simult	0.1	fail hold 1s	↑0.1					turn incomp	↑0.1
						fail land ft closed	↑0.1							lift hds b/f vert	↑0.1
						insuff continuity	ND								
						connection brkn	0.05								

Level 5 BB		Time Limit 1:10	Fall Time 30s												
Jump to Front Support, fish pose mount		Back Walkover (150°)	OR BWD Roll to Minimum 3/4 Handstand		OR Flic-Flac Step-out		OR Flic-Flac to Two (2) Feet		OR Front Walkover (150°)		1/1 (360°) Turn in Forward Passe		Split Jump (150°) /Sissone		
0.2				0.6						0.4		0.4/0.2			
fail extn in supp	↑0.1	fail con leg lift	↑0.1	fail 3/4 hstd	↑0.2	see General Faults		see General Faults		incorr hd placemt	0.1	incorr leg pos	0.1	uneven leg sep	↑0.2
lack cont in turn	↑0.1	incorr hd placemt	0.1	perform bwd roll	0.6					insuff leg sep	↑0.2	heel-snap tech	0.3	fail land ft simult	0.1
perf knee scale	0.3	insuff leg sep	↑0.2											fail land ft closed	↑0.1
														insuff lift fr leg	↑0.1
														insuff lift bk leg	↑0.1
														fail ps in arab	0.05
														insuff continuity	ND
														connection brkn	0.05

Scale (above horizontal)	Straight Leg Leap (150°) /Stretch Jump	Cartwheel / Stretch Jump (Punch)	Backward Salto Tucked				
0.4	0.6/0.4		0.6				
fail lift leg > hor	↑0.2	bend fr leg	↑0.1	incor hd placmt	0.1	insuf height	↑0.3
fail hold 1s	↑0.1	uneven leg sep	↑0.2	fail pass vert	↑0.3	insuf tuck	↑0.2
		fail land ft simult	0.1	2nd ft in fr 1st	0.2	incor bp on ld	↑0.2
		fail land ft closed	↑0.1	fail land ft simult	0.1		
		insuff continuity	ND	fail land ft closed	↑0.1		
		connection brkn	0.05	insuff continuity	ND		
				connection brkn	0.05		

General Deductions for Whole Exercise	
Insufficient amp on non-VP	↑0.1
Fail to perfm steps/pivot turns in HR	↑0.2
Insufficient sureness	↑0.2
Mov't lacking artistry, consider:	↑0.3
* mov't reflect s/m of choreo	↑0.15
* expression	↑0.15
Incorrect footwork/form in exercise	↑0.3
Incorrect body alignment during con	↑0.3
Insufficient dynamics	↑0.2