# CCP 4-5 Judging Sheets Nov 2021

**Level 4&5 VT**  **Handspring over Vault Table**

## General Faults

| | | | |
|---|---|---|---|
| 1st balk | no ded | use of alt springboard (tramp) | VOID |
| performing a 2nd or 3rd balk | VOID | performing incorrect vault | VOID |
| coach standing btwn board & vault | no ded | no hd contact on table | VOID |
| coach aids first flight, support, or second flight (L4) | 2.00 | **deviation from straight dir** | ↑0.3 |
| coach aids first flight, support, or second flight (L5) | VOID | **insuff dynamics** | ↑0.3 |

| First Flight Phase | | Support Phase | | | | Second Flight Phase | | Landing | |
|---|---|---|---|---|---|---|---|---|---|
| fail maintain neut head | ↑0.1 | fail maintain neut head | ↑0.1 | bent arms | ↑0.5 | fail maintain neut head | ↑0.1 | ld w/ ft HW no join ft | 0.05 |
| incorrect foot form | ↑0.1 | incorrect foot form | ↑0.1 | head cont table | 2.00 | incorrect foot form | ↑0.1 | ld ft wider than hips | 0.1 |
| legs sep | ↑0.2 | legs sep | ↑0.2 | add'l hd plcmts (max 0.3) | 0.1e | legs sep | ↑0.2 | slight hop/adj ft, stg ft | ↑0.1 |
| legs bent | ↑0.3 | legs bent | ↑0.3 | too long in supp | ↑0.5 | legs bent | ↑0.3 | small step/jump (↑0.4) | 0.1e |
| fail main str body | | fail main str body | | 1 hd touch | 1.00 | fail main str body | | large step/jump (↑0.4) | 0.2e |
| arch | ↑0.3 | arch | ↑0.3 | angle repulsion | | arch | ↑0.3 | arm swing main bal | ↑0.1 |
| pike | ↑0.5 | pike | ↑0.5 | vert | ND | pike | ↑0.5 | incorr bp on landing | ↑0.2 |
| | | stag hd plcmt | ↑0.1 | 1°-45° | ↑0.5 | br/hit body on table | 0.20 | add'l trk mvts to main bal | ↑0.2 |
| | | alt hd rep | ↑0.2 | 46°-89° | ↑1.00 | insuff length | ↑0.3 | squat upon landing | ↑0.3 |
| | | incorr shlder angle | ↑0.2 | | | insuff height | ↑0.5 | brush mat w/ hds | ↑0.3 |
| | | | | | | | | assistance on landing | 0.5 |
| | | | | | | | | fail land feet first | 2.00 |
| | | | | | | | | lds on top of vault table | 2.50 |

---

**Name**

VT 1



| | |
|---|---|
| J1 | |
| J2 | |
| J3 | |
| J4 | |
| AVG | |

VT 2



| | |
|---|---|
| J1 | |
| J2 | |
| J3 | |
| J4 | |
| AVG | |

---

**Name**

VT 1



| | |
|---|---|
| J1 | |
| J2 | |
| J3 | |
| J4 | |
| AVG | |

VT 2



| | |
|---|---|
| J1 | |
| J2 | |
| J3 | |
| J4 | |
| AVG | |

---

**Name**

VT 1



| | |
|---|---|
| J1 | |
| J2 | |
| J3 | |
| J4 | |
| AVG | |

VT 2



| | |
|---|---|
| J1 | |
| J2 | |
| J3 | |
| J4 | |
| AVG | |

---

**Name**

VT 1



| | |
|---|---|
| J1 | |
| J2 | |
| J3 | |
| J4 | |
| AVG | |

VT 2



| | |
|---|---|
| J1 | |
| J2 | |
| J3 | |
| J4 | |
| AVG | |