

## Gymnastics Saskatchewan Coach Mentorship Program

Gym Sask is dedicated to offering coach mentorship to Gymnastics Foundations and Competition stream coaches. The purpose of this program is to connect each coach with a suitable mentor coach who will address their specific coaching needs, offer continued learning for coaches (outside of the NCCP) and provide participants with opportunities to connect with other coaches. This mentorship program will have two application streams so that virtual learning opportunities may be targeted towards Gymnastics Foundations or Competitive stream coaches.

### Program Goals



#### Connecting Coaches

Coaches in the mentorship program will be provided the opportunity to network with each other to share ideas, successes, and challenges. Opportunities will be provided to connect virtually and exchange contact information.



#### Learning from Leaders

There will be 3 virtual learning opportunities provided to each coaching stream. Coaches will be expected to attend all three workshops. Guest speakers will be identified for each workshop topic and the topics will be suitable for all gymnastics disciplines.



#### Practical Experience & Mentorship

Coaches will be paired with a mentor coach who will work with the coach to identify specific mentorship needs and assign 3 tasks tailored to support their future aspirations that will be completed during the duration of the program. The mentor coach will meet with the coach virtually twice and once in person and will be available to provide support and answer questions.

### Who can apply?

This mentorship program is open to any Gym Sask member coaches who are currently employed with a Saskatchewan club, are a minimum of NCCP GF Trained, and are in good standing with Gym Sask and their local club.

### How to apply?

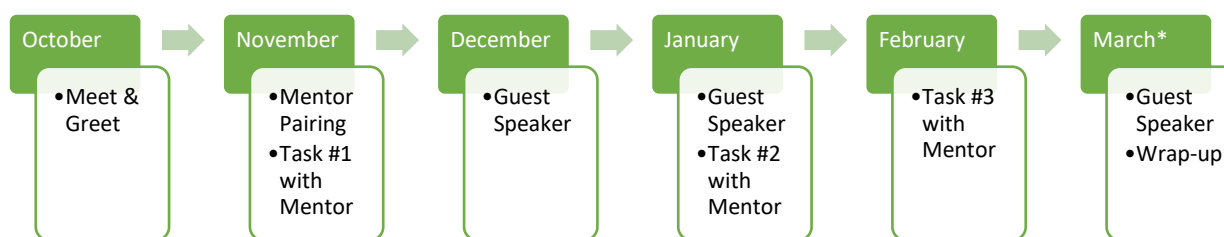
Complete the application at the following link:  
<https://forms.gle/4ABH7FQYsbnRnj8L6>

### Priority for entry

A limited number of coaches will be accepted in each mentorship stream. Priority will be selected based on responses to the application questions.

**Application deadline is October 11<sup>th</sup>, 2022**

### Timeline



\* Program end date may be flexible

Coaches who complete the mentorship program will receive:

- The opportunity to connect with other coaches and leaders and grow their own network.
- Tailored tasks designed to support their learning and help them grow as a coach.
- Individualized mentorship & paid travel costing ~\$250 per coach in program.
- Free virtual learning opportunities from various guest speakers.