

Special Requirements
 1. Flight element, min C (excl. dmt)
 2. 2nd flight element, different, min B (excl. dmt)
 3. element with LA turn, min C (excl. mount/dmt)
 4. Salto dismount, min C

Value Part
 2C (-.5 each if missing)
 3B (-.3 each)
 3A (-.1 each)

Specific Execution
 ea. ↑0.1 hesitation in jump to HB or swing to HS
 ea. ↑0.1 touch/brush on apparatus or mat
 ea. ↑0.1 under rotation of release/flight ele
 ea. ↑0.1 insufficient extension of glides/swings into kip
 ea. ↑0.1 poor rhythm in elements/connections
 ea. ↑0.1 swing fwd or bwd under horizontal
0.1 landing too close to bar on dmt
 ea. ↑0.2 amplitude of elements (incl releases, exception: clear hip circles and salto dmt)
0.2 hit on apparatus
 ↑0.3 insufficient height of salto dmt
0.3 grasp of bar apparatus to avoid a fall
0.3 hit on mat with foot/feet
 ea. 0.3 extra swing/cast (max 0.5 more than one consecutive extra swing/cast)

Throughout Exercise Execution
 ↑.1 precision of HS positions
 ↑0.2 insufficient dynamics; consider: 1) insufficient swingful execution; 2) energy not maintained; 3) fails to make routine look effortless

Connection Value Bonus

	0.1	0.2
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Turn/Flight	C+C	
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two ele from gr 3/6/7, turn/flight not required, must be diff

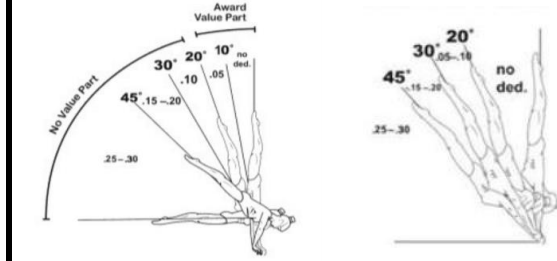
No turn/flight req	C+D/E	D+D
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D/E Bonus
 applied to any D or E if no fall
 D = .1
 E = .2

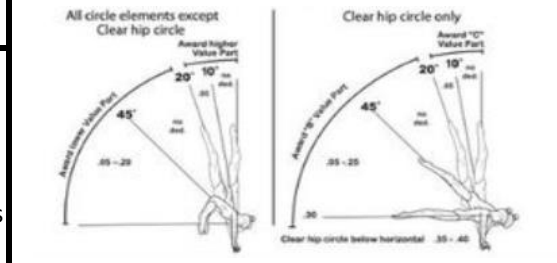
E Bonus
 min. .1 in both CV and D/E bonus
 SV must = 10.0
 E has no fall
 * each judge add to final score, not SV

Bonus Max
 .4 CV
 .4 D/E

Cast Amplitude 180° Turn Completion



Angle of Circle Elements



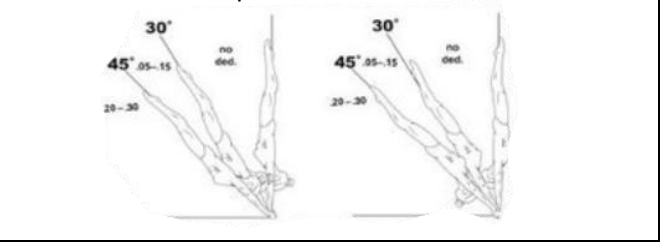
Composition: Specific
 0.1 facing same direction throughout mount/dmt does not fulfill direction change
 0.1 uncharacteristic movement
 0.1 more than one squat/stoop on (w/ or w/out sole circle LB to HB grasp)
 0.1 3/4 Giant circle fwd (w/ or w/out grip change)
 0.2 Lack of two bar changes

Composition: Choice of Elements
 failure to perform 2 elements of
 1. fwd element (circle or release) min B
 2. element from gr 3/6/7 min B
 3. element with min 180° LA turn, min C
 0.1 one of three requirements performed
 0.2 none of three requirements performed

Composition: Choice of Release Elements
no ded min 2 different D or E release elements
 0.05 1 D/E release dir conn to C release
 0.1 1 isolated D/E release + 1 isolated C release
 0.15 2 Cs directly connected OR 1 isolated D/E release + 1 isolated B release
 0.2 2 isolated C releases OR 1 B and 1 C or less

Composition Dismount
no ded D or E element conned to C dismount any D/E dmt
 0.05 2 C elements conn to C dmt
 D/E to C conn to a C dmt
 0.1 C element or less connected to C or less dmt

360° + Completion in Circles



Special Requirements
 1. acro series w/ 2 flight, 1 C
 OR A dir. Conn to E flight
 2. leap/jump min 180° split
 3. min 360° 1ft turn
 4. salto dmt min C
 OR B dmt dir. Conn series w/ C acro

Value Part
 2C (-.5 each if missing)
 3B (-.3 each)
 3A (-.1 each)

Specific Execution
 .1 landing to close to beam on dmt
 ↑ .2 legs not parallel to beam in split or straddle jumps/leaps
 ↑ .1 group 3 turns not in high releve
 ↑ .1 precision in Dance VPs
 .1 two second pause (each)
 .2 more than two second pause
 ↑ .2 lack of temp/poor rhythm between elements of a connection
 .2 support of leg/foot against side of beam
 ↑ .3 movements to maintain balance
 .3 grasp of beam to avoid fall
 ↑ .3 direction of Gainer salto off end
Throughout Execution
 ↑ .2 variation of rhythm & tempo
 ↑ .2 sureness of performance
 ↑ .2 dynamics
 ↑ .3 incorrect body alignment, position, posture in non-VPs

Connection Value Bonus		
	0.1	0.2
2 Acro flt series (ex. Dmt)	B+C salto	B+D/E C+C/D/E D/E+D/E
3 acro flt series (inc mount/dmt)	B+B+C	B+C+C B+B/C+D/E
*additional .1 for BBC+ w/ min C salto or D flt		
2 Dance/mixed	A+D/E B+C	B+D/E C+C * C+D/E
*same or diff		
Turns	A+C (or reverse)	

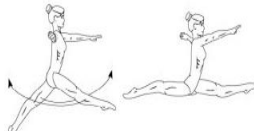
D/E Bonus
 applied to any D or E if no fall
 D = .1
 E = .2

E Acro Bonus
 min. .1 in both CV and D/E bonus
 SV must = 10.0
 E acro has no fall
 * each judge add to final score, not SV

Bonus Max
 .4 CV
 .4 D/E

Artistry
 .05-.1 lack of variety in choreog
 .05-.1 quality of movement
 .05-.1 quality of expression

SWITCH-LEG LEAP



Evaluation:
 -If the swing leg is bent (never extends), credit as Stag-Split leap ("A" VP)
 -If the swing leg is less than 45° before the switch, award VP as listed & deduct

- Insufficient Height of Leg Swing	up to 0.10
- Insufficient split after leg change	up to 0.20
- Less than 135° split after leg change - award "A" VP	
- Insufficient leg separation	up to 0.20

Composition: Specific
 0.1 acros in diff. dir (fwd/side & bwd)
 .05 if only dmt in diff dir
 0.1 overuse of dance root shape
 0.1 > 1 pivot turn w/ straight legs
 0.2 lack of dance series
 0.05 lack of 2/3 directions of non-VP (fwd/side/bwd)
 ↑0.1 insufficient level changes
 ↑0.1 insufficient spatiality

Composition Choice Acro		Series w/C salto
Series w/D salto		
<i>no ded</i>	1. 2 ele series w/ 1 D/E	1. 2 el series w C salto or 3 flt el w C (w or w/out hand support)
	2. 1 add'l D/E flight	2. D/E acro flight; 3. add C+ salto
0.05	1. acro series with D/E	1. 2 el acro series w/ C salto
	2. 1 add'l C salto	2. 1 D/E acro flt
0.1	1. acro series with D/E	1a) 2 el series w/C salto 1b) series w/out Csalto
	2. 1 add'l B/C w/ hand support	2a) 1 add C salto 2b) 1 C salto; 3b) 1 D/E
0.15	1a) series w/ D/E; 2a) no other flight	1a) 2 el series w/C salto 1b) series w/out Csalto
	1b) no series; 2b) 1 D/E flight	2b) 1 D/E acro
0.2	1. no flight series OR flight series w/out or salto 2a) no add'l C+ OR 2b) only isolated C salto (or less)	

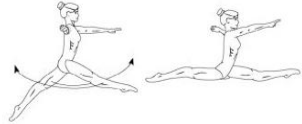

Composition: Choice Dance
no ded 3 Cs or 2 D/E
 0.05 2Cs + 1B OR 1C + 1D/E
 0.1 2Cs OR 1B + 1D/E
 0.15 1C + 1B OR 1D
 0.2 1C OR 2Bs

Composition Dismount
no ded B flight or C dance to C dmt
 any D/E dmt
 0.05 A acro to C dmt
 B dance to C dmt
 series w/ C acro conn B dmt
 D/E flight to B dmt
 0.01 isolated C or less dmt
 C flight/dance to B or less dmt

INSUFFICIENT SPLIT



1° - 20° missing	deduct 0.05 - 0.10
21° - 45° missing	deduct 0.15 - 0.20
46° or more missing	award lesser Value Part

Special Requirements 1. 2 salto acro pass, dir/indir connected 2. three different saltos (not aerials) 3. dance passage - 2 diff gr 1 elements, 1 a leap w/180° split 4. min C salto performed as last isolated or within last salto connection	Connection Value Bonus 0.1 0.2		Composition: Specific ↑ .1 spatiality (floor pattern) 0.1 failure to perform saltos in two diff dir. 0.1 overuse of dance elem w/ same shape 0.2 lack of turn on 1 foot, min B 0.3 lacks min C salto	
	Value Part 2C (-.5 each if missing) 3B (-.3 each) 3A (-.1 each)	Acro Indirect A/B+A/B/C B+C A+D	A+A+D C+C A+E B/C+D/E	Composition Choice Acro <u>3 Passes</u> no ded D/E in each pass OR D/E in 2 pass & min C+B dir or C+C indir
Specific Execution ↑ 0.2 legs not parallel to floor (split) ↑ 0.3 brush/touch landing surface with hand(s) 0.5 support on mat with hand(s) (fall) 0.05 failure to hold ending pose for 1 sec 0.1 failure to show synchronization of music with ending pose ↑ 0.1 (ea) lack of precision in dance VP ↑ 0.1 (ea) failure to land with feet together on jumps/leaps to two feet ↑ 0.1 (ea) group 2 turns not in high releve 0.1 (ea) concentration pause - 2 sec or more	2 Dance/Mix (same or diff) B+D/E C+C D/E salto+A Jump	C+D/E	0.05 D D C+A dir or C+B ind 0.1 D D C+A indir OR D D+A/B/C dir, or C+C indir D or C+C ind 0.15 D C+A/B dir or C+C ind C+B indir OR D C+B direct C 0.2 no D or E saltos or less difficult than above	
	D/E Bonus applied to any D or E if no fall D = .1 E = .2	Bonus Max .4 CV .4 D/E		<u>2 Passes</u> no ded E salto in each pass OR E salto in 1 pass; 2nd pass w/ 2 dir conn saltos, one a D
Throughout Execution ↑0.3 poor relationship of music and mov't ↑0.3 relaxed/incorrect footwork on nonVP ↑ 0.2 variation of rhythm & tempo ↑0.2 sureness of performance ↑0.2 insufficient dynamics ↑ 0.3 incorrect body alignment, position, posture in non-VPs	E Acro Bonus min. .1 in both CV and D/E bonus SV must = 10.0 E acro has no fall * each judge add to final score, not SV		0.05 D+A/B/C dir/indir D+A/B/C dir/indir OR E D+A/B/C indirect	
	Composition: Dance no ded min 3 Cs or 2 D/E 0.05 2Cs +1B or 1C + 1D/E 0.1 2Cs or 1B + 1 D/E 0.15 1C + 1B or 1 D/E 0.2 1 C or 2Bs		0.1 D+A/B dir/indir D OR C+A/B/C dir or C+B/C indir E 0.15 D B/C+C dir/indir D+A/B dir/indir C E C+A indir or less difficult 0.2 no D or E saltos or less difficult than above	
Artistry .05-.1 lack of variety in choreography .05-.1 quality of movement .05-.1 quality of expression	Composition: Last Salto (isolated or in acro conn) no ded D or E Salto or C+B dir 0.05 C+B indirect or C+A dir 0.1 C+A ind or less difficult OR isolated C or less difficult		SWITCH-LEG LEAP 	
	INSUFFICIENT SPLIT 		Evaluation: -If the swing leg is bent (never extends), credit as Stag-Split leap ("A" VP) -If the swing leg is less than 45° before the switch, award VP as listed & deduct - Insufficient Height of Leg Swing up to 0.10 - Insufficient split after leg change up to 0.20 - Less than 135° split after leg change - award "A" VP - Insufficient leg separation up to 0.20	
1° - 20° missing deduct 0.05 - 0.10 21° - 45° missing deduct 0.15 - 0.20 46° or more missing award lesser Value Part				