# Special Requirements 1. Acro Series - two dir conn flight ele 2. leap or jump w/ 180° split 3. 360° turn on one foot 4. Aerial/Salto dismount min A Value Part 4 As (-0.1 each if missing) 4 Bs (-0.3 each if missing) **Specific Execution** .1 landing to close to beam on dmt ↑ .2 legs not parallel to beam in split or straddle jumps/leaps ↑ .1 group 3 turns not in high releve ↑ .1 precision in Dance VPs .1 two second pause (each) .2 more than two second pause ↑.2 lack of temp/poor rhythm .2 support of leg/foot against side of beam ↑. 3 movements to maintain balance .3 grasp of beam to avoid fall ↑.3 direction of Gainer salto off end Throughout Execution ↑ .2 variation of rhythm & tempo 个.2 sureness of performance ↑.2 dynamics ↑ .3 incorrect body alignment, position, posture in non-VPs Artistry .05-.1 lack of variety in choreography .05-.1 quality of movement .05-.1 quality of expression

## Composition: Specific

- 0.1 acros in diff. dir (fwd/side & bwd)
  - .05 if only dmt in diff dir
- 0.1 overuse of dance root shape (more than two)
- 0.1 > 1 pivot turn w/ straight legs
- 0.2 lack of dance series
- 0.05 lack of 2/3 directions of non-VP (fwd/side/bwd)
- $\uparrow$  0.1 insufficient level changes
- ↑0.1 insufficient spatiality

### **Composition: Acro Elements**

- no ded 1. Acro series w/ 2 B flight
  - 2. two additional acros, one a B
  - 0.05 1. Acro series w/ 2 B flight
    - 2a. Two additional A acros OR
    - 2b. One additional B acro
  - 0.1 1a. Acro series w/ 2 B flight
    - 2a. One additional A acro OR
    - 1b. Acro series with 1 B flight
    - 2b. One additional B acro
  - 0.15 1. Acro series w/1 B flight
    - 2. one additional acro A OR
    - 1. acro series w/ 2 B flight
- 0.2 (if all apply) 1a. Acro series w/ 1 B flight or less difficult OR
  - 1b. No acro flight series
  - 2. no other acro

## **Composition: Dance Elements**

no ded min 2 Bs + 1 A

- 0.05 2 Bs
- $0.1 \, 1 \, B + 2 \, As$
- 0.15 1 B + 1 A
- 0.2 only As

### **Composition: Dismount**

- no ded B acro dir conn to A dmt OR Any B dismount
  - 0.05 A acro dir conn to A dismount
  - 0.1 isolated A or non-VP dismount

#### INSUFFICIENT SPLIT



deduct 0.05 - 0.10 1° - 20° missing 21° - 45° missing 46° or more missing

deduct 0.15 - 0.20 award lesser Value Part

#### SWITCH-LEG LEAP



#### Evaluation:

- -If the swing leg is bent (never extends), credit as Stag-Split leap ("A" VP)
- -If the swing leg is less than 45° before the switch, award VP as listed & deduct
- Insufficient Height of Leg Swing
- up to 0.10
- Insufficient split after leg change
- up to 0.20
- Less than 135° split after leg change award "A" VP
  - Insufficient leg separation up to 0.20

### INCOMPLETE TURNS

