



PROVINCIAL
GYMNAESTRADA

Hosted by:

Team Saskatchewan Gymnaestrada

and

Gymnastics Saskatchewan



PROVINCIAL GYMNAESTRADA

Information Bulletin #1

Date and Format:

May 27th and 28th, 2023

Regina Fieldhouse (2476 E Victoria Ave)

Saturday: 9am-5pm Workshops throughout the day

Sunday: Begins with group practices/dress rehearsals will be scheduled in the morning before the show at 2pm.

Eligibility:

Provincial Gymnaestrada is a gymnastics-for-all, performance-based event that is open to all general gymnastics performance gymnasts. It is recommended that gymnasts participating have a minimum of 2 years of experience.

Routines are encouraged to be mass/collaborative in nature, however groups as small as 5 are eligible to participate in the gala. Individual registrations are welcome for the workshop portion.

Registration: Registration fee: \$80 per group of 5 or more. Individual registration fees are \$30.

Intent to participate is due by March 15th, 2023 by online submission [here](#). Definitive registration forms will be circulated shortly afterwards and will be due by April 29th, 2023.

Extra Notes:

There will be no equipment provided for this event.