

Gymnastics Saskatchewan

in partnership with

Taïso Gymnastics Club

presents the

2023 PROVINCIAL CHAMPIONSHIPS



MAY 12-14, 2023



Competition Categories

The 2023 Provincial Championships will crown champions in Provincial and National level for 4 Gymnastics Disciplines:

- Women's Artistic Gymnastics
- Men's Artistic Gymnastics
- Trampoline and Tumbling Gymnastics
- Rhythmic Gymnastics

Competition Venue

The Event will be held in the Saskatoon Fieldhouse at 2020 College Drive

Registration Fees

\$150/athlete for Provincial Championships
\$75/coach

Registration Process and Deadline

Registration opens April 1st and closes April 29th, 2023.

Registration for WAG & MAG ATHLETES will be done through SportzSoft, please follow the link below to register:

<https://www.sportzsoft.com/meet/meetWeb.dll/MeetLogin?Id=456CDF0258678C82984AB92CC43C6F64>

Music MUST be uploaded through this link as well. MP3 will be the only accepted format.

Registration for TG ATHLETES will be done through SportzSoft, please follow the link below to register:

<https://www.sportzsoft.com/meet/meetWeb.dll/MeetLogin?Id=783A872C30699F7A49BC2CB3B45F8B09>

DD sheets for TRAMPOLINE ONLY to be emailed to crussell@gymsask.com by MAY 5th.

Registration for RG will ONLY be accepted through KSIS, please follow the link below to register:

https://www.rgform.eu/event.php?id_prop=4875

If you have any problems, please email djuarez@gymsask.com. **Music MUST be uploaded through this link as well. No other forms of music will be accepted.**

Payment options:

1. E-transfer to info@gymsask.com
2. Cheque payable to Gymnastics Saskatchewan, mailed to 300-1734 Elphinstone St, Regina S4T 1K1
3. Credit card called in to Gym Sask at 306-780-9229 (processing fee of 2.4% applies)

Athlete waivers should be downloaded to google drive:

https://drive.google.com/drive/folders/1h2l-42wN3R-Z_IQZyHy2Od7LZwIHsZWv?usp=share_link

A late registration fee of \$25/athlete will be applied after April 29th.

Refunds will be issued for medical reasons only upon receipt of a doctor's certificate by **May 10TH, 2023, less a \$25 administrative fee.**

Coach Certification

Coaches must be certified in their respective discipline in accordance with the level(s) of athletes they are coaching. Please refer to page 14 & 15 of the Coaches Technical Manual [HERE](#). Exemption requests must be sent to Gymnastics Saskatchewan prior to registration.

Hospitality

A hospitality room will be provided for coaches and judges at the venue near the front entrance. Mealtimes will be based on the competition schedule. If coaches or judges are gluten sensitive or vegetarian, please email *Debbie Buchan at office.taizo@gmail.com*, by Friday April 14. Complex dietary needs/preference will be the responsibility of the individual.

Equipment

All equipment will be supplied by our official equipment supplier Spieth Anderson.

Host Hotels

Rooms for the event have been blocked at:

Delta Hotels Saskatoon Downtown
405 20th St East
Saskatoon
306-665-3322

[Book your group rate for Gymnastics Saskatchewan Provincial Championships](#)

Rooms must be booked by April 11, 2023

Inquiries

Taizo
Debbie Buchan
office.taizo@gmail.com
(306) 664-7050

Gymnastics Saskatchewan
Cheryl Russell
crussell@gymsask.com
(306) 780-9229

Coaches & Judges

The Gym Sask Board and Staff would like to thank you for all that you have contributed to our sport and to our athletes this year.

Gym Sask will be hosting a social on Saturday May 13th at the Delta Saskatoon Downtown.

More information to follow.

GYMNASTICS SASKATCHEWAN PROVINCIAL CHAMPIONSHIPS 2023

Saskatoon Field House

DRAFT Schedule – SUBJECT TO CHANGE

Last update March 10, 2023

Session	WAG	MAG	TG	RG
FRIDAY, MAY 12 TH				
Morning	Xcel Gold			
Afternoon	Xcel Gold 2 sessions		Level 1-3 Prelims & Synchro	
Evening	Xcel Platinum and Xcel Diamond		Open Gym L4 - Senior	
SATURDAY, MAY 13 TH				
Morning	CCP Level 6 & 7	P2 & P3	L1-L3 Finals	Warm Up
11:45AM WELCOME CEREMONIES – ALL DISCIPLINES – ALL ATHELTES WELCOME TO ATTEND				
Afternoon	CCP Level 8-10 & HP	P4, P5, Junior, Open Senior	Level 4 – SR Prelims	RGI Levels 2 and Up (2 routines each) RGG – All Levels
Evening	CCP Level 4 & 5		L4 – SR Synchro	
GYM SASK SOCIAL				
SUNDAY, MAY 14 th				
Morning	CCP Level 3 2 Sessions	P1	Level 4-SR Finals	RGI Levels 3 & Up (1-2 Routines)

PARTICIPANT WAIVER FORM

Club: _____

Name of Athlete: _____

Date of Birth (d/m/y): _____ Age (as of Dec 31, 2023): _____

Home phone: _____ Cell Phone: _____

Emergency Contact during event: _____ Phone: _____

In consideration of your acceptance of my entry, intending to be legally bound do hereby, for myself, my heirs, executors and administrators waive and release and forever discharge any and all rights and claims for damage which I may have or may hereafter accrue to me against **Gymnastics Saskatchewan** and/or **Taiso Gymnastics Club**, the organizers or their respective officers, agents, representatives and/or assigns for any and all damages which may be sustained and suffered by me in connection with my association with or entry in the above athletic meet or which may arise out of my travelling to or participating in and returning from said athletic meet.

Signature of Participant: _____

Date: _____

Signature of Parent / Guardian: _____

Date: _____

PLEASE UPLOAD THIS REGISTRATION FORM TO TAISO

https://drive.google.com/drive/folders/1h2l-42wN3R-Z_IQZyHy2Od7LZwlHsZWv?usp=share_link