

2023 GYM SASK PROVINCIAL CHAMPIONSHIPS - SASKATOON FIELDHOUSE

FRIDAY MAY 12TH

	WAG	MAG	TG	RG	
	Xcel Gold #1 Jan 2007-June 2010 (21)				
9:00AM	Warm Up				
9:15AM	March In				
10:00AM	Competition 9:15-11:00AM				
10:30AM					
11:00AM					
11:15AM	Awards				
	WAG		TG		
	Xcel Gold #2 Jul 2010 - Aug 2011		Level 1-3 Prelims		
11:00AM	Warm Up		Run & Stretch 11:00-11:20		11:00AM
11:15AM	March In		Tumbling 11:20-12:50		11:15AM
11:30AM	Competition 11:15AM - 1:00PM				11:30AM
12:15PM					12:15PM
12:30PM					12:30PM
1:00PM				1:00PM	
1:15PM	Awards			1:15PM	
	WAG		TG		
	Xcel Gold #3 Sep 2011 - Sep				
1:15PM	Warm Up		Level 1-3 Prelims		1:15PM
1:30PM	March In		Trampoline & DMT 1:30 - 4:00		1:30PM
1:45PM	Competition 1:30-3:15PM				1:45PM
2:00PM					2:00PM
2:30PM					2:30PM
2:45PM				2:45PM	
3:15PM			3:15PM		
3:30PM	Awards			3:30PM	
				4:00PM	
	WAG				
	Xcel Gold #4 Oct 2012 - Dec				
3:30PM	Warm Up				3:30PM
3:45PM	March In		TG		3:45PM
4:00PM	Competition 3:45 - 5:30PM				4:00PM
4:15PM			Synchro 4:15-5:15		4:15PM
5:15PM					5:15PM
5:30PM			Synchro Awards		5:30PM
5:45PM	Awards				5:45PM
	WAG				
	Xcel Platinum 2008 & Older (4), 2009 & Younger (23), Diamond				
5:45PM	Warm Up		Open Training L4 - SR 6:30-9:00		6:30PM
6:00PM	March In				6:45PM
7:45PM	Competition 6:00-7:45PM				9:00PM
8:00PM	Awards			9:10PM	

SATURDAY MAY 13TH						
	WAG	MAG	TG	RG		
	Level 6 2011 & Younger (10), 2010 & Older (8), L7 (11)	P2 (10) & P3 (8)	LEVEL 1-3 FINALS			
8:00AM	Warm Up	Warm Up - General 20 min	Run & Stretch - 20 mins	Training Gym opens at 8AM	8:00AM	
8:20AM	March In	March In	March in		8:15AM	
8:30AM	Competition 8:20-10:50AM	Competition 8:20-11:30AM	Finals 8:20-11:45		Rotation 1: Timed Warm Up 9:45-9:59	8:30AM
9:15AM						9:15AM
9:30AM				9:30AM		
9:45AM				9:45AM		
10:00AM				10:00AM		
10:30AM	Awards			Rotation 1: National Stream, LVC's, LV5 Group 10:00-11:05	10:30AM	
10:35AM					10:35AM	
10:50AM					10:50AM	
11:00AM				Rotation 2 Timed Warm Up 11:05-11:15	11:05AM	
11:15AM				Rotation 2: Special O 11:15-11:25	11:15AM	
11:30AM					11:30AM	
		Awards to follow welcome ceremonies	Awrds to follow welcome ceremonies	Awrds to follow welcome ceremonies		
11:45AM	WELCOME CEREMONIES - ALL DISCIPLINES - ALL ATHLETES WELCOME TO ATTEND				11:45AM	

SATURDAY MAY 13TH					
	WAG	MAG	TG	RG	
	Level 8(11), 9 (2), 10 (7) HP (2)	P4 (3), P5 (1), JR (1), SR (3), OPEN (5)	L4+ Prelims		
12:15PM	Warm Up 12:15-12:35	Warm Up 12:15-12:35		Rotation 3 Timed Warm Up 12:11-12:20	12:15PM
12:30PM	Competition 12:35 - 3:00PM	Competition 12:35 - 3:35PM	Run & Stretch 20 mins	Rotation 3:LVB's 12:20-13:32	12:30PM
12:35PM			12:35PM		
12:50PM			12:50PM		
1:00PM			1:00PM		
1:30PM			1:30PM		
1:40PM			Rotation 4 Timed Warm Up 13:36-13:45	1:40PM	
1:45PM			1:45PM		
2:00PM			Rotation 4: LV A's 13:45-14:45	2:00PM	
2:15PM			2:15PM		
2:35PM			2:35PM		
2:45PM	Awards	2:45PM			
2:50PM		3:00PM			
3:00PM		3:10PM			
3:10PM	Awards	Awards			
	WAG				
	L4 2012 & Younger (13), 2011 & Older (12), L5 (3)				
3:30PM	Warm Up				3:30PM
3:45PM	March In				3:45PM
3:50PM	Competition 3:45-5:45PM		Trampoline/Synchro 4:00-6:00		3:50PM
4:00PM					4:00PM
4:20PM					4:20PM
4:30PM					4:30PM
5:00PM					5:00PM
5:45PM					5:50PM
6:00PM	Awards				6:00PM
6:15PM	6:00pm - 7:00PM WAG Judges forum				6:15PM
7:00PM					7:00PM
SOCIAL FOR COACHES AND OFFICIALS 7:00PM DELTA HOTEL DaVINCI ROOM					

SUNDAY MAY 14th

	WAG	MAG	TG	RG		
	L3 Jan 2009-Jul 2012 (19)	P1 (17)	LEVEL 4 - SENIOR FINALS			
8:00AM	Warm Up	Warm Up	Run & stretch - 20mins	Training Gym Opens at 8AM	8:00AM	
8:15AM	March In	March In			8:15AM	
8:30AM	Competition 8:15-9:45AM	Competition 8:15 - 10:45AM	Finals 8:20-12:00		8:30AM	
9:30AM				Rotation 5 Timed Warm Up 9:56-10:00	9:45AM	
9:45AM				Rotation 5: National & LVC's 10:00-10:27	10:00AM	
10:00AM					Awards	10:15AM
	WAG				10:30AM	
	L3 Aug 2012 - Sep 2013 (20)				Rotation 6 Timed Warm Up 10:54-11:00	11:00AM
10:00AM	Warm Up				Rotation 6: National, 5A, LVB's 11:00-11:32	10:45AM
10:15AM	March In	Awards				11:00AM
10:30AM	Competition 10:15 - 11:45 AM				Awards	11:30AM
10:45AM						11:45AM
11:00AM						12:00PM
11:15AM						
11:45AM						
12:00PM	Awards					
	WAG		Awards			
	L3 Oct 2013 - Dec 2014 (19)					
12:00PM	Warm Up					
12:15PM	March In					
1:45PM	Competition 12:15 - 1:45 PM					
2:00PM	Awards					