



GYMNASTICS SASKATCHEWAN
300-1734 Elphinstone Street
Regina, SK S4T 1K1 Tel. 306.780.9229
www.gymsask.com

WOMEN'S TECHNICAL ASSEMBLY MINUTES

SATURDAY NOVEMBER 4, 2023

1:00PM – DELTA HOTELS SASKATOON DOWNTOWN, SASKATOON, SK

1. Welcome and Vote Registration

- a. Leigh, Jessica, Chris, Amanda, Prestyn, Toni, Dana, Millie, Elana
- b. Dana accepted agenda, and Leigh second

2. Acceptance of 2022 Technical Assembly Minutes

- a. Motion to Accept: Leigh
- b. Second: Dana
 - i. For next year, re-distribute minutes before meeting

3. Sask Inter-club Manual & Technical Regulations 2023-2024 updates

- a. First draft of tech regs has been updated, many things to be updated after Gym Can sends out their program updates.
- b. YOUTH/ASPIRE
 - i. Draft to be sent out to WTC and Toni. Waiting on final document from GymCan
 - ii. Check again about the Youth category for westerns, does each province have numbers as well
 - iii. Are the level 8 numbers are staying the same for athletes if have youth
- c. CCP
 - i. Level 8 year is incorrect in the tech regs, will update and distribute out to clubs
- d. XCEL
 - i. People asked about Sapphire, should that be implemented? Send request to clubs to see if clubs are needing it
- e. Does GymCan have any updates on the CPP document? Is this updated? CPP or HP being combined. Where are these. Megan to follow up with GymCan
- f. In the equipment chat on page 37: Update tramp board - add level 4 and add that there is a .5 deduction for level

4. Judging Update – Toni

- a. Xcel and CCP code changed.
- b. 3 years now that don't need to take courses, just new judges or those that need to take new courses.
- c. Look at what can do for virtual option. Start with more optional level course. Ontario may have started this. Will reach out and see if could share.

5. Competitive Program Review

- a. Calendar of events review for 2023-2024 season
 - i. Everyone good
- b. Sask First
 - i. Last year was great, had a good year

- ii. Trial last week in Saskatoon
 - iii. Training camp right now Lorie Henderson here
 - iv. Gymnix in March
 - v. Training camp in summer
 - vi. Discussion on how to get more people involved in program.
 - 1. Suggestion of Level 8 going to ID Camp to be assessed, would know earlier if not Level 9 for Westerns. Opportunity to work with newer.
 - 2. Have a pre-meeting with coaches and parents so they understand what Sask 1st is and are aware of how it is all going.
 - vii. Look at training camp training camp before Westerns/Canadians for those athletes going.
 - viii. Look at training camp for Provincial Team.
- c. Provincials
 - i. Hosted in Saskatoon by Marian
 - 1. Going as expected, logos look nice, first meetings going well
- d. Summit (Provincial) Team Update
 - i. Adding Level 8 potentially, but not sending these Level 8's to Westerns
 - ii. Looking at 5 per team
 - iii. Adding in registration fee to register/a trail fee
 - iv. Perhaps do a training camp at the same time as westerns one.
 - v. Looking at clothing package and having a suit for this team. Having a training trainer suggested.
 - Possible competitors for this team: Alberta is doing Summit last weekend in May 23-26. Garden City in Victoria, weekend after Provincials. Kelowna, same weekend as Summit, May 21-June 2.
- e. Westerns
 - i. Trials at Gym Adventure.
 - ii. Westerns is in BC Langly
 - iii. Level 8 and youth looking into from Gym Can
- f. Canadians
 - i. In QC all 4 disciplines and all 4 disciples

6. New Business

- a. Team Clothing shirts and suits are being finalized.
- b. General Questions: Older Xcel Bronze and Silver are interclub so can't compete out of province.
 - i. Jessican made Motion: To allow Provincial age level Xcel bronze and Xcel silver to compete out
 - Second: Leigh – Carried
 - 1. Clarification – As per Operations Policy, anyone who is 8 and above allowed to compete outside Province.

7. Committee Election – 1 position elected Fall 2023 (Prestyn's position)

- a. Only one nomination of Prestyn
- b. Prestyn's role is successful by acclimation.

8. Adjournment

- a. 2:58pm