

2024 TRAMPOLINE GYMNASTICS WESTERN CANADA CUP

May 24-26, 2024

DIRECTIVE #1 – January 2024



**REGINA SPORTPLEX
FIELDHOUSE**
1717 Elphinstone Street,
Regina, SK



GYMNASTICS SASKATCHEWAN

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OFFICIAL HOST

Gymnastics Saskatchewan

DIRECTIVES

Directive #1 – January 2024
Directive #2 – March 2024
Full registration package
Directive #3 – April 2024

SOCIAL MEDIA:

Follow Gym Sask on Facebook & Instagram @gymsask
Hashtag for the event: #WCCRegina2024

EVENT INFORMATION

COMPETITION DATE

MAY 24-26, 2024.

VENUE

REGINA SPORTPLEX - FIELDHOUSE
1717 Elphinstone Street,
Regina, SK

INVITED MEMBERS

All members who met the eligibility requirements according to the WCC protocol document.

ELIGIBILITY

Athletes who are in good standing with their Provincial/Territorial Federation/Association are eligible to register.

COACHES

All registered coaches must be certified NCCP 2/TG Comp 1 Trampoline to coach Trampoline or Double Mini Trampoline. Coaches registered to coach Tumbling must be certified NCCP 2/Comp 1 in either Trampoline or Artistic Gymnastics. If an exemption is required please contact your provincial organization.

REGISTRATION and DEADLINES

REGISTRATION	DATE	TO
REGISTRATION DEADLINE		
Sportzsoft Registration	April 19, 2024	
100% payment of athletes and coaches fees	April 19, 2024	GYM SASK
Late Registration (athletes & coaches) with penalty	April 27, 2024	
Refund Deadline (with medical certificate and admin fee)	May 20, 2024	crussell@gymsask.com
PSO and/or Club Statutory Declaration (for medical and waiver forms)	May 17, 2024	crussell@gymsask.com
NO ENTRIES WILL BE ACCEPTED AFTER APRIL 27, 2024		

Refunds will only be issued, provided a medical certificate and the request for refund forms are submitted to Gymnastics Saskatchewan before 4:30 p.m. May 17, 2024. Medical certificates must be received within 14 days of the conclusion of the competition. Refunds will be issued less a \$10 administration fee.

**REGISTRATION FEES
and
PAYMENT**

Registration Fee		Payable to:
Athletes – April 19	\$150 per athlete	GYM SASK
Coaches – April 19	\$ 60 per coach	GYM SASK
Athletes – April 20-27 with \$20 penalty	\$170 per athlete	GYM SASK
Coaches – April 20-27 with \$20 penalty	\$80 per coach	GYM SASK
Managers	N/C	
Judges	N/C	

Checklist:

1. All registrations must be entered into Sportzsoft by the final deadline of April 27th.
2. 100% of all Registration fees are to be received at the Gym Sask office **NO LATER THAN April 28th**.

Please make payment via one club/provincial cheque payable to: **Gymnastics Saskatchewan.**

Mail payment to:

Gymnastics Saskatchewan

#300 – 1734 Elphinstone Street
Regina, SK S4T 1K1

- Payment may be made by Visa, Mastercard (2.4% fee charged) or E-transfer to info@gymsask.com
- Full payment must be received by **April 19th** to be considered on time. Athletes will NOT be considered registered until ALL fees have been paid.
- Fees received after **April 19th** will be subject to the applicable late fees.

**ADDITIONAL
DOCUMENTATION**

Each PSO and/or Club must submit their **Statutory Declaration** (for Risk Waivers and Medical Forms) to the Host Organizing committee by **May 17th, 2024**.

HOST HOTEL

DoubleTree by Hilton & Conference Centre

1975 Broad Street, Regina SK
306-525-6767

[DoubleTree by Hilton Regina Hotel and Conference Centre](#)

Book your group rate for Western Cup TG - [Click this link to book](#)

Booking Name: 2024 Western Cup
 Room Availability: Thursday May 23 – Sunday May 26
 Booking Deadline: APRIL 23, 2024 (subject to availability)
 Rates include: Internet, local calls, fitness centre, Hot Breakfast
 Parking: Parking \$17/day covered

2 Queens	2-Queens	\$149 (+ tax)
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MEALS	<p>There is no meal plan for this event. A number of restaurants are available within walking distance of the host hotel. There is a concession in the venue and a few restaurants within walking distance of the competition venue.</p> <p><u>A hospitality room will be provided for coaches and judges.</u></p>
EVENT TRANSPORTATION	<p>All Provincial teams and clubs are responsible for their own transportation.</p> <p>Driving Distances: Regina International to Delta Hotels Regina 6 km</p> <p>Delta Hotels Regina to Regina Sportplex Fieldhouse 3 km</p>
MEDICAL	<p>The Saskatchewan Sport Science and Medicine Council will provide medical services on site. Club managers and/or head coaches may be asked to produce digital or hard copy medical waivers to access medical care for minors on-site.</p>

PRELIMINARY SCHEDULE	Thursday, May 23	Arrival of Delegates	All Day
	Friday, May 24	Morning	Coaches / Judges Meeting Opening Ceremonies Preliminary Competition
		Afternoon	Preliminary Competition
	Saturday, May 25	All Day	Preliminary Competition Finals Competition
	Sunday, May 26	All Day	Finals Competition Team Final Departure of All Delegates

TECHNICAL INFORMATION

EVENTS	<p>Trampoline: L1 12U / L1 13+ / L2 13U / L2 14+ / L3 14U / L3 15+ / L4 15U / L4 16+</p> <p>Double Mini: L1 12U / L1 13+ / L2 13U / L2 14+ / L3 14U / L3 15+ / L4 15U / L4 16+</p> <p>Tumbling: L1 12U / L1 13+ / L2 13U / L2 14+ / L3 14U / L3 15+ / L4 15U / L4 16+</p> <p>Synchro: L1 / L2 / L3 / L4</p> <p>Following the registration deadline, all the categories will be reviewed to determine that the numbers in each age group are well suited for a good competitive experience. Some age groups may be re-aligned OR amalgamated in order to achieve this goal.</p> <p>Groups in excess of 30 athletes will be split by the median age.</p>
COMPETITION FORMAT	As per the <u>MOST CURRENT</u> GymCan Canadian Competition Rules
EQUIPMENT	<p>2 – full sets of Trampoline</p> <p>1 – DMT</p> <p>1 – Tumbling</p>
CHANGES / CORRECTIONS	<p>Please forward all changes/corrections/withdrawals to: Cheryl Russell (crussell@gymsask.com) Deadline: 1-4 days after verification – no fine 5+ days after verification - \$10/change</p>
DD SHEETS	<p>DD sheets will be required for TRA ONLY. Master copies of the Excel sheets can be found at the link below:</p> <p>https://gymcan.org/disciplines/trampoline/technical-information/technical-documents</p> <p>Please submit via EMAIL to: Cheryl Russell (crussell@gymsask.com) by Wed, May 15th</p> <p>The Organizing Committee is most grateful for your kind cooperation.</p>
SCORING	The Sportzsoft program will be used.
TIES	In both the Preliminary and Final round, there will be no ties. Athletes will automatically be ranked according to GCG Regulations.
AWARDS and PROTOCOL	<p><u>Individual</u></p> <p>Medals: 1st to 3rd</p> <p>Ribbons: 4th to 10th</p> <p><u>Individual All Around</u> 1st – 6th (NOTE: L1 and L2 athletes will NOT be eligible for the All-Around Award)</p> <p><u>Team Awards</u></p>

	Trampoline 1 st – 3 rd Double Mini 1 st – 3 rd Tumbling 1 st – 3 rd Team All Around 1 st (Grand Aggregate Trophy)
ATTIRE (Competition Floor)	All competitors and coaches must dress in competition attire.
COMPETITION ATTIRE (Athletes)	All GymCan rules apply for proper attire for specific and general warm-up and competition. Athletes may wear either male or female TEAM uniform.
JUDGES	Each province is asked to send their highest certified or experienced judges whenever possible. If a province is unable to meet their quota they are to contact the LOC who will determine if they are able to meet the requirements with judges from the host province. Failure to provide sufficient judges, or have those judges named not show up, shall result in a \$500 fine per missing judge which will be levied against the province. Allocation for the 2024 event will be sent to the PSO and/or their respective judging chairs.