



Gymtastiks Stick It Invitational 2024

Date: April 27th – 28th, 2024

Location: 324 MacDonald St. W (Vanier Collegiate)
Moose Jaw, SK, S6H 2V4

Entry Fees:	\$130.00	Women's Artistic CCP 3-5, Xcel Bronze, Xcel Silver, Xcel Gold & Xcel Platinum
	\$105.00	Women's Artistic InterClub 1-4 & InterClub Xcel Bronze & Silver
	\$65.00	Recreational

Tentative Schedule:

Saturday morning – Xcel Gold & Xcel Platinum

Saturday mid-morning- CCP 4-5 & CCP 3 & Interclub CCP 3-4

Saturday afternoon – Xcel Silver (2015 & up) & Interclub Silver (2016-2017)

Saturday Late afternoon – Xcel Bronze & Interclub Bronze (2016 & 2017)

Sunday morning - Interclub CCP 2

Sunday Mid-morning – Interclub CCP 1

Sunday late morning – Recreational

NOTE: Schedule is tentative and is subject to change based on registrations.

Schedule will be finalized once all registrations are in.

Sportzsoft Link:

<https://www.sportzsoft.com/meet/meetWeb.dll/MeetLogin?Id=1D5CE1CBE8819E224E543700FF5A2CC6>

Please ensure that the following is uploaded to Sportzsoft:

1. All athletes and club coaches
2. Assumption of Risk waivers
3. All Xcel music

Deadline: Registration and payment must be received by **Friday March 22nd, 2024**. Registrations received after **Monday March 25th, 2024** will be subject to a **\$40.00** late fee per athlete. Athletes will be considered registered when payment has been received. **Refunds:** Refunds for medical reasons will be provided with receipt of a signed physician's note on or before **Friday April 12th, 2024** minus a **\$25 administration fee**.

Please make one cheque payable to Gymtastiks of Moose Jaw and mail to:

**24 Chester Road
Unit #2, Moose Jaw,
SK. S6J 1M2**

E-transfer is also an option – office@gymtastiks.com – no password needed.

Spectators: we will have bleachers for viewing.

Judges: As per Gymnastics Saskatchewan's WJC Regulations.
Club Judging Coordinator is Lacey Smith.

Equipment: As per WAG Technical Regulations.
All equipment is either Spieth or AAI and fully adjustable.
Tramp board AAI (stiff) & mini tramp available.
Clubs are welcome to bring their own beat boards.

Music: Our club will provide music for Levels 1-5. Music for Xcel will only be accepted in MP3 format. Please ensure music is uploaded to Sportzsoft by **Friday April 12th, 2024**.

Awards:

CCP 3-5 & Xcel: Event and All-Around 1st to 3rd medals and 4th to 8th place ribbons.

InterClub 1-3 & Xcel Silver/Bronze (2015 & 2016): 1st to 3rd ribbons for each event and 1st to 3rd medals for all-around, based on score ranges. Recreational will receive gold medals.

*Please note that we may combine some age groups based on registrations.

Inquires: Jamie Olmstead Admin (306) 692-2303 office@gymtastiks.com

Hotels:

Quality Inn & Suites

323 Diefenbaker Dr.
Moose Jaw, SK.
(306) 972.7829

Best Western Plus Moose Jaw

350 Diefenbaker Dr.
Moose Jaw, SK
(306) 972-3334

Ramada by Wyndham Moose Jaw

379 Diefenbaker Dr.
Moose Jaw, SK
(306) 693-3050

Holiday Inn Express & Suites Moose Jaw and IHG Hotel (Only has King beds)

195 Diefenbaker Dr.
Moose Jaw, SK.
(306)-983-2005

****All these hotels are 7 minutes from the facility.**