	FRIDAY MAY 10TH							
	WAG	MAG	TG	RG				
	Xcel Gold October 2010-Aug 2011							
8:30	Warm Up 08:30				8:30			
8:45	warm op co.so				8:45			
9:00AM					9:00AM			
9:15AM	Competition 8:45 AM-10:15 AM				9:15AM			
10:00AM	0.437111 10.137111				10:00AM			
10:15 AM					10:15 AM			
	Awards. 10:30							
	Xcel Gold Sept 2011-May 2012							
10:30AM	Warm Up				10:30AM			
10:45					10:45			
11:00AM					11:00AM			
11:15AM	Competition 10:45-12:15							
11:30AM								
12:15PM					12:15PM			
			L4+ Prelims					
12:30PM	Awards. 12:30 PM				12:30PM			
			General Warm Up 12:30PM-1:30PM					
12:45PM	Xcel Gold 2007-Sept 2010				12:45PM			
1:00PM	Warm Up				1:00PM			
1:15PM					1:15PM			
1:30PM			Tumbling 1:30PM-1:56PM		1:30PM			
1:45PM	Competition 1:15PM-2:45 PM				1:45PM			
2:00PM					2:00PM			
2:30PM					2:30PM			
2:45PM 3:00	Awards 3:00 PM				2:45PM 15:00			
3.00			DMT 1:56PM-3:37PM		13.00			
	Xcel April 2013-2014 Xcel June 2012 - March 2013							
3:00	Warm Up				3:00			
3:15PM	waiiii Op				3:15PM			
3:30PM					3:30PM			
3:45PM					15:45			
			Trampoline 3:37PM-4:45PM					
	Competition 3:15 - 5:30							
3:45PM					3:45PM			
4:00PM					4:00PM			
4:15PM					4:15PM			
4:30PM					4:30PM			
5:00PM			Synchro 4:45PM-4:51PM		5:00PM			
5:15PM					5:15PM			
5:30PM					5:30PM			
5:45PM	Awards. 5:45 PM				5:45PM			
	CCD 4.9. F							
	CCP 4 & 5				E-4EDN4			
6:00PM	Warm Up				5:45PM 6:00PM			
6:00PM	<u> </u>				6:00PM 6:15PM			
7:45PM	Competition 6:15PM-8:00 PM				7:45PM			
8:15PM	Awards. 8:15 PM				8:15PM			
			SATURDAY MAY 11TH					
	WAG	MAG	TG	RG				
0.55	Xcel Platinum	P2 & P3	LEVEL 4+ Finals		0.55			
8:00AM	Manage Ha	Warm Up - General 20 min	General Warm Up -		8:00AM			
8:15AM 8:20AM	Warm Up	March In	8:00AM-8:20AM		8:15 AM 8:20 AM			
8:20AM 8:30AM		ividicii iil	Tumbling 8:20AM-8:47AM		8:20 AM 8:30AM			
9:15AM	Competition 8:30AM-11:35AM	Competition 8:20AM-11:30AM	DMT 8:47AM-9:53AM		9:15AM			
9:30AM					9:30AM			
9:45AM					9:45AM			
10:00AM					10:00AM			
10:30AM			Trampoline 0:52444 10:27444		10:30AM			
10:35AM		0.ZUAIVI-11.3UAIVI	Trampoline 9:53AM-10:37AM		10:35AM			
10:50AM			AWARDS 10:45-11:30	Training Gym Opens at 10:00AM	10:50AM			
11:00AM					11:05AM			
11:15AM					11:15AM			
11:30AM					11:30AM			

11:45AM	WELCOME CEREMONIES - ALL DISCIPLINES - ALL ATHLETES WELCOME TO ATTEND				
12:00PM	AWARDS	AWARDS		TIMED WARM UP 12:00PM-12:15PM	12:00PM
	WAG	MAG	TG	RG	
	Level 8, 9, 10, HP, Xcel Diamond	P4, JR, SR, OPEN	10		
12:15PM	Warm Up 12:10PM-12:30PM	Warm Up 12:15PM-12:35PM	L1-3 Prelims	Rotation 1: Provincial & National Groups 12:15PM-12:30PM	12:15PM
12:30PM	Waitii Op 12.10FW-12.30FW	Walli Op 12.13FW-12.33FW	Run & Stretch 20 mins	TIMED WARM UP 12:30PM-12:45PM	12:30PM
12:35PM			12:00PM-12:20PM		12:35PM
12:45PM				-	12:45PM
12:50PM 1:00PM				Rotation 2: 2A, 3A, 4A, 5A 12:45PM-1:40PM	12:50PM 1:00PM
1:30PM					1:30PM
1:40PM			Tumbling 12:20PM 2:20PM	TIMED WARM UP 1:40PM-1:55PM	1:40PM
1:45PM		Competition 12:35PM -	Tumbling 12:20PM-2:20PM	THILD WARRING OF 1.40FIVI-1.55FIVI	1:45PM
1:55 PM		3:35PM			1:55 PM
2:00PM					2:00PM
2:15PM 2:35PM					2:15PM 2:35PM
2:45PM	Competition 12:30PM - 4:30PM			Rotation 3: 2B, 3B, 4B, 5B, 6B, Masters 1:55PM-3:15PM	2:45PM
2:50PM					2:50PM
3:00PM					3:00PM
3:10PM		AWARDS 3:40pm			3:10PM
3:15 PM				TIMED WARM UP 3:15PM-3:30PM	3:15 PM
3:30PM			DMT & TRA 2:20PM-4:48PM		3:30PM
3:45PM 3:50PM				Rotation 4: 3C, 4C, Novice, Junior, Senior 3:30PM-4:30PM	3:45PM 3:50PM
4:00PM				notation in so, no novice, same, semen sison in inservi-	4:00PM
4:20PM					4:20PM
4:30PM					4:30PM
4:45PM	Awards. 4:45 PM			Special O Warm Up on Competition Carpet 4:30PM-5:00PM	4:45PM
5.00014	CCP 6 & 7		Synchro 4:50PM-5:15PM		F.00DM
5:00PM 5:15PM	Warm Up		Synchro Awards 5:30	Rotation 5: Special O LV C, LV1, Mens LV1 5:00PM-5:50PM	5:00PM 5:15PM
5:45PM			Synchro Awards 3.30	Notation 3. Special O EV C, EV1, Mens EV1 3.001 W-3.301 W	5:50PM
6:00PM				AWARDS. 6:00 PM	6:00PM
6:15 PM	Competition 5:15PM - 7:10PM				6:15PM
6:30 PM					6:30 PM
7:00PM					7:00PM
7:10 PM 7:15 PM					7:10 PM 7:15 PM
7:30PM	Awards. 7:30 PM				7:30PM
	SOCIAL FOR COA	CHES AND OFFICIALS 7:00PM	HIGH UP ABOVE B ROOM STAYBRIDG	E SUITES SASKATOON - UNIVERISTY	
	WAG	MAG	SUNDAY MAY 12th TG	RG	
	CCP3 2014-2015	P1	LEVEL 1-3 FINALS	NG	
8:00AM	Warm Up	Warm Up			8:00AM
8:15AM		March In	Run & stretch - 20mins		8:15AM
8:30AM					8:30AM
8:45 AM			Tumbling 8:20AM-8:59AM	Training Gym Opens at 8:00AM	8:45 AM
9:00 AM	Competiton 8:15AM-9:45AM				9:00 AM 9:15 AM
9:15 AM 9:30 AM		Competition 8:15AM -			9:15 AM 9:30 AM
9:45AM		10:45AM	Trampoline 9:00AM-10:05AM		9:45AM
10:00AM	Awards. 10:00 AM			TIMED WARM UP 10:00AM-10:15AM	10:00AM
	CCP3 2011-2013			THREE WARNING OF 10.00AIVI-10.15AIVI	
10:15AM	WARMUP			D-1-15-1 C-2D 4D 71 72 72 72 72	10:15AM
10:30AM				Rotation 6: 3B, 4B, 5A, 5B, 6B 10:15AM-10:50AM	10:30AM
10:45AM 10:50AM			DMT 10:05AM-11:20AM		10:45AM 10:50AM
10:50AM					10:50AM
11:00AM	Competition 10:30AM - 11:45 PM	AWARDS. 11:00 AM		TIMED WARM UP 10:55AM-11:10AM	11:00AM
11:10AM					11:10AM
11:30AM			AWARDS. 11:30 AM	Rotation 7: 3C, 4C, Novice, Junior, Senior 11:10AM-12:02PM	11:30AM
					11:45AM
11:45AM	AM/ADDA 40.05 T. I				12:00PM
12:00PM	AWARDS. 12:00 PM			ΔWΔRDS 12-00 DM	
12:00PM 12:15 PM	AWARDS. 12:00 PM			AWARDS 12:00 PM	12:15 PM
12:00PM	AWARDS. 12:00 PM			AWARDS 12:00 PM	
12:00PM 12:15 PM 12:30 PM	AWARDS. 12:00 PM			AWARDS 12:00 PM	12:15 PM 12:30 PM